

Terms and Conditions

1. Introduction

- These Terms and Conditions govern the use of services provided by Eleni Velonaki. By accessing or utilizing our services, you agree to be bound by these terms.

2. Satisfaction Guarantee

- We offer a 100% Satisfaction Guarantee. If you are not completely satisfied with your purchase, we provide a 30-day money-back guarantee. Requests for refunds must be made within 30 days of your initial purchase. Please send your request at info@eleniyourcoach.com.

3. Disclaimers

- The coaching services and materials offered by Eleni Velonaki are designed for educational and informational purposes only. Our coaching is not a substitute for licensed psychological advice, diagnosis, or treatment. Always seek the advice of your physician or qualified health provider with any questions you may have regarding a medical condition.

4. Intellectual Property Rights

- All content, materials, and intellectual property provided on our website are owned by Eleni Velonaki or our licensors. Unauthorized use, reproduction, or distribution of our content is prohibited and may violate intellectual property laws.

5. Use of the Site

- You agree to use our site responsibly and comply with applicable laws and regulations. Any use of our site for unlawful or harmful activities is strictly prohibited.

6. Program Offerings:

1. From Burnout to Dream Life Course:

- Participants receive lifetime access to all course materials, including the following modules:
 - Module 1: Understanding Burnout
 - Module 2: Self-Care Essentials
 - Module 3: Mastering Time Management
 - Module 4: Nutrition & Wellness for Busy Moms
 - Module 5: Stress Management Techniques
 - Module 6: Healthy Family Dynamics
 - Module 7: Developing a Positive Mindset
 - Module 8: Goal Setting and Achieving Your Dreams
 - Module 9: The Importance of Daily Routines
- Includes one complimentary 1:1 coaching call, lasting 45 minutes, conducted online.

2. 6-Weeks Self-Care Coaching Program:

- Enrollees gain complete access to the 'From Burnout to Dream Life' course as outlined above.

- Features an initial goal-setting session plus weekly follow-up sessions, each lasting 45 minutes, conducted online to review progress and refine strategies.
- Email guidance to maintain focus and motivation toward personal goals.
- Membership in the Thriving Together community for support and engagement.

3. 12-Weeks Self-Care Coaching Program:

- Provides all benefits included in the 6-weeks program.
- Offers extended weekly coaching sessions, each lasting 45 minutes, conducted online, and additional community engagement opportunities for sustained development and goal refinement.
- 3 months -long program commitment aimed to support long-term growth and personal development.

These program offerings are subject to the terms outlined above. Each purchase confirms adherence to these terms, including the structure and duration of provided services. For any questions or clarifications, please contact info@eleniyourcoach.com.

7. Payment Terms

- Accepted Payment Methods:

We accept payments via credit cards, Iris for Greek customers, and direct bank transfers, all processed in Euros.

- Pricing Information:

All applicable prices are listed on our website and are inclusive of taxes unless stated otherwise.

- Billing and Payment Process:

Payments are processed at the time of purchase. For programs offering installment plans, payments follow the outlined schedule provided at purchase.

- Currency:

All transactions are processed in Euros.

- Payment Plans:

Select programs offer payment plans. Terms including the schedule and amounts are clearly stated with the product details.

- Refund Policy:

- Refunds are available within 30 days of purchase, subject to our refund policy. Requests for refunds should be directed to info@eleniyourcoach.com.

- Cancellation Policy:

Customers may cancel services within 1 hour of purchase for a full refund. To initiate a cancellation, please contact us immediately at info@eleniyourcoach.com with your order details.

- Changes to Payment Terms:

We reserve the right to change payment terms at any time, ensuring customers are informed of such changes.

- Payment Inquiries:

For questions about billing or payments, please contact us at info@eleniyourcoach.com.

8. Use of Testimonials:

- By providing text or video testimonials, clients agree that Eleni Velonaki has the right to use these materials for marketing and promotional purposes, including but not limited to our website, social media platforms, and newsletters. We ensure that all testimonials will be used respectfully and represent the authentic experiences of our clients.

- Program Offers in Exchange for Testimonials:

Eleni Velonaki may offer select programs for free or at a discounted rate in exchange for a video testimonial of at least 60 seconds. By agreeing to this exchange, clients consent to provide honest and genuine feedback based on their experiences with the program.

The testimonial provided may be used for marketing and promotional purposes, including but not limited to our website, social media platforms, and newsletters. Eleni Velonaki will respect the authenticity and accuracy of each testimonial.

Participants opting for this offer are required to submit their video testimonial within 7 days of completing the program.

9. Community Participation - Thriving Together

- Community Purpose:

Thriving Together is designed to be a supportive and empowering space for moms to connect, share insights, and grow together. By participating, you agree to contribute positively and respectfully.

- User Conduct:

Members must treat others with respect and kindness. Discrimination, harassment, or any form of disrespectful behavior will not be tolerated and may result in removal from the community.

Promotional content, unsolicited advertisements, or spam is prohibited in the community forum.

- Content Sharing:

By sharing content in the community, you grant Eleni Velonaki the right to use, display, and distribute your contributions within the community platform. Shared content must adhere to community guidelines and must not infringe on intellectual property rights of third parties.

- Privacy and Confidentiality:

Members are encouraged to respect the privacy and confidentiality of other members. Personal information shared within the community should not be disclosed outside of it.

- Modifications and Termination:

Eleni Velonaki reserves the right to modify or terminate community access at any time for any reason, including but not limited to violations of these terms.

- Disclaimer:

The community and its content are provided for informational purposes only and are not a substitute for professional medical or psychological advice.

- Feedback:

Your feedback on the community and its operation is appreciated and may be used to improve the services offered.

10. Privacy Policy

- We are committed to protecting your privacy. Please review our Privacy Policy for details regarding the collection and use of personal information.

11. Modification of Terms

- We reserve the right to modify these terms at any time. Changes will be posted on our site, and continued use of the site constitutes acceptance of these modifications.

12. Governing Law

- These terms are governed by the laws of Greece, and any disputes will be subject to the exclusive jurisdiction of the courts in Greece.

13. Contact Information

- For inquiries regarding these terms, please contact us at info@eleniyourcoach.com.

14. Acceptance

- By utilizing our services, you acknowledge and accept these Terms and Conditions.

15. Angel Reiki Session Details and Pricing

- Session Cost: Each Angel Reiki session is priced at €50.
- Session Duration and Structure: A session lasts for 50 minutes, which includes:
 - 15 minutes at the beginning to discuss your intentions for the session.
 - 20 minutes of Reiki healing.
 - 15 minutes at the end to talk about the insights from the healing and recommendations for further actions.

Disclaimer

The services provided through Angel Reiki sessions are intended for general wellness and spiritual purposes only. I am not a licensed health professional, psychologist, or therapist. Angel Reiki should not be used as a replacement for medical or psychological treatment. For any health or psychological concerns, clients are advised to consult with a qualified healthcare provider.