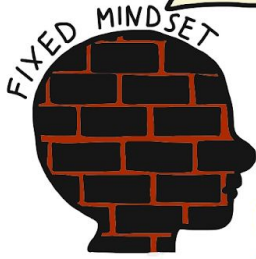


## 10 Growth Mindset Statements



What can I say to myself?



INSTEAD OF:

TRY THINKING:

I'm not good at this.

① What am I missing?

I'm awesome at this.

② I'm on the right track.

I give up.

③ I'll use some of the strategies we've learned.

This is too hard.

④ This may take some time and effort.

I can't make this any better.

⑤ I can always improve so I'll keep trying.

I just can't do Math.

⑥ I'm going to train my brain in Math.

I made a mistake.

⑦ Mistakes help me to learn better.

She's so smart. I will never be that smart.

⑧ I'm going to figure out how she does it.

It's good enough.

⑨ Is it really my best work?

Plan "A" didn't work.

⑩ Good thing the alphabet has 25 more letters!

(Original source unknown)

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