

# THE FEARLESS & WORTHY WOMAN™ MASTERMIND

**Your bold, no-fluff path to reclaiming your worth, take real action, and finally become the woman you know deep down you're meant to be.**

If you've landed here, chances are you're done with playing small.  
You're tired of the self-doubt, the fear, and the constant second-guessing that keeps you stuck.

You're craving more than just another mindset shift or affirmation.  
You want a plan. A community. Real change that lasts.

And that's exactly what this is.

This isn't another fluffy coaching container that gives you more information and leaves you spinning.

This is where you build a rock-solid foundation of self-worth, take bold, aligned action, and learn how to show up for your life like you've already become her.

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## THIS IS FOR THE WOMAN WHO...

- Is ready to stop questioning her value and start owning her brilliance
- Feels like she's been stuck in her head for too long and wants real traction
- Knows she was made for more but keeps getting caught in fear, perfectionism, or overthinking
- Wants to make decisions with confidence, not confusion
- Is tired of trying to do it all alone

You're not broken.

You don't need to be fixed.

You just need a framework that shows you how to get out of your own way and back into your power.

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## WHAT YOU'LL WALK AWAY WITH

A 90-day experience built for the woman who's been carrying it all but still feels like she's not doing enough. This isn't about fixing you — it's about finally learning how to show up for yourself like you matter.

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### INNER COMPASS ACTIVATION

This is where you stop pretending you're fine and start getting honest about how disconnected you've really felt.

You'll get quiet enough to hear your own voice again, instead of the inner critic that's been calling the shots.

- Learn how to stop tying your worth to how much you do or how well you perform
  - Rewire the beliefs that keep you stuck in self-doubt and second-guessing
  - Break the cycle of perfectionism and start owning progress as enough
  - Start building confidence from who you are — not what you accomplish
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### EMPOWERED ACTION PLAN

This is for the woman who keeps making plans but struggles to follow through — not because she's lazy, but because fear keeps talking her out of it.

We take the big vision you've been holding back and break it into doable, real-life steps.

- Learn how to set boundaries that don't make you feel guilty afterward
- Take small, bold actions — even when your hands are shaking
- Build habits that support your peace and purpose, not just your productivity
- Finally stop spinning your wheels and start making visible progress

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## ✨ UNSHAKEABLE YOU METHOD

This is where you learn how to stay with yourself when things get hard. Because they will.

And you'll no longer spiral, shut down, or slip back into old patterns every time life throws a curveball.

- Build tools that help you navigate emotional lows without falling apart
- Strengthen your self-trust so you stop outsourcing your confidence to other people
- Learn how to bounce back after setbacks instead of starting from zero
- Celebrate your growth without waiting to be “done” or “perfect”
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## WHAT'S INCLUDED:

### ✓ 12 Group Coaching Calls

Weekly sessions to coach through fear, resistance, and those “what now?” moments

### ✓ 12 Fearless & Worthy Woman™ Modules

Core lessons that walk you through our 3-pillar framework and help you implement it in real life

### ✓ Messenger Support

Access for check-ins, wins, and moments where you need a push or a pep talk

### ✓ 12 Momentum Insights

Powerful weekly mindset drops that keep your focus sharp and your belief strong

### ✓ Private Facebook Support Group (90 Days)

This is your space to share, grow, connect, and be reminded you're not doing this alone

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## What's the Investment?

This isn't just another program.

It's a decision to stop fading into the background of your own life.

It's for the woman who's been holding it all together for everyone else while quietly wondering,  
**"When is it going to be my turn?"**

Maybe you've spent years putting yourself last.

Maybe you've signed up for courses or coaching that left you more overwhelmed than empowered.

Maybe you're afraid to invest because deep down you're wondering...

**"What if this is just another thing I don't follow through on?"**

I want you to know this isn't about willpower.

And it's not because you're broken or lazy or "not ready enough."

You've been showing up for everyone else.

This is where you start showing up for *you*.

You don't need to be convinced.

You're here because something in you knows there's more waiting.

More peace. More clarity. More confidence.

And maybe you're a little scared to say yes.

That's okay.

Courage and fear often sit in the same room.

But here's what I want you to hear clearly:

There is nothing wrong with you.

You don't need a new version of yourself.

You just need a space that helps you finally believe in the one you already are.

This isn't about doing it perfectly.

It's about not doing it alone anymore.

And that's exactly what this space is for.

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## **Here's the deal:**

A **\$6,000** investment in yourself for the full 90-day experience.

If you're ready to go all in now and save, you can:

- **Pay in full: \$5,000** (save \$1000)

If you need more breathing room, you've got options:

- **Option 1:** 2 monthly payments of \$3,000
  - **Option 2:** 3 monthly payments of \$2,000
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So if your mind is racing with “Can I really do this?” or “What if I fail?”  
Take a breath. That fear is loud, but it doesn’t get the final say.

This is your invitation to show yourself what’s possible when you stop doubting your worth and start showing up like she’s already in you. Because she is.

[Message me the word “fearless” and I’ll get you started.](#)

No pressure. Just a real conversation, when you're ready.

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## THIS IS NOT FOR YOU IF...

✗ You’re still looking for a quick fix or a magic button

This isn’t about surface-level changes or temporary highs. If you’re not ready to go deep, this isn’t your room.

✗ You want someone to do the work for you

I’ll walk beside you, but I can’t carry your transformation. You have to be willing to show up for yourself even when it’s hard.

✗ You’re not open to looking inward

If you're not ready to reflect, challenge your beliefs, or let go of what's no longer serving you, the tools won't land.

✗ You need constant hand-holding or validation

This space is supportive, but it’s also about building your own self-trust. I'm not here to tell you what to do. I'm here to help you trust yourself to decide.


✗ You’re okay with staying stuck

If comfort feels safer than growth right now, that’s okay. But this mastermind is about making bold moves, not staying in the same cycle.


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## IF YOU'RE FEELING THE NUDGE...

If you've read this far, something in you already knows this is what you've been needing. You don't have to figure it all out today. You just have to reach out.

 **Message me the word "fearless" and we'll talk it through — no pressure, just a real conversation to see if this is your next right step.**

 [Click here to message me on Facebook](#)

 Prefer email? You can also reach me at:  
[alexandria.daugherty@thefearlessworthywoman.com](mailto:alexandria.daugherty@thefearlessworthywoman.com)

Just write **"fearless"** in the subject line so I know where you're coming from.

I'll meet you where you are. You don't have to do this alone anymore.