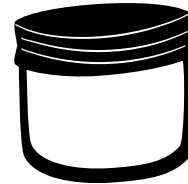


Natural Deodorant

Ingredients:

- 3 tbs of coconut oil
- 3 tbs of corn flour
- 0.5-1 tbs of bicarbonate of soda
- Optional, 1 drop of essential oil (lavender, tea tree or lemon)
- A glass jar or a tin with a secure lid



Method:

Add all the ingredients to the jar and mix to combine well. Add essential oils and mix again.

Store at room temperature. The mixture may harden in cold temperature.

Tips:

Apply a small amount of deodorant with your fingers. Be mindful of greasy stains on your clothes, particularly on silky material.

If you feel any discomfort, stop using and reduce the quantity of bicarbonate in your mix.

If you have sensitive skin, use 0.5 tbs or less of bicarb.



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