

## TERMS & CONDITIONS

**Last Updated:** March 14, 2025

Welcome to **Vital Stillness** ("Company," "we," "us," or "our"). By accessing or using our website ([www.vitalstillness.com](http://www.vitalstillness.com)) and services, including but not limited to **assessments, consulting, coaching, and digital content** (collectively, "Services"), you agree to be bound by these Terms & Conditions ("Terms"). If you do not agree to these Terms, please do not use our Services.

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### 1. Acceptance of Terms

By accessing our website or purchasing any Services, you confirm that you are at least **18 years old** and legally capable of entering into a contract.

### 2. Intellectual Property Rights

All content, including but not limited to text, graphics, logos, videos, and course materials, is the **intellectual property of Vital Stillness** and protected under **U.S. and international copyright laws**. You may not copy, reproduce, or distribute any content without explicit written permission.

### 3. Use of Services

You agree to use our Services for **personal and non-commercial purposes** only. Any misuse, including unauthorized resale, redistribution, or modification of our materials, may result in **legal action**.

### 4. Payments & Refunds

- **Payment Processing:** We use **Stripe** for secure transactions. By purchasing through our website, you authorize us to charge your selected payment method.
- **No Refunds:** Due to the digital nature of our courses, consulting, and assessments, **all sales are final and non-refundable** unless stated otherwise in a specific offer.
- **Subscription Services:** If applicable, subscription fees will be billed automatically. You may cancel at any time per the cancellation policy outlined at checkout.

### 5. Disclaimers & Limitation of Liability

- **No Guarantees:** While we strive to provide high-quality content, we do not guarantee specific results from our Services.

- **Not Medical or Legal Advice:** Our assessments, coaching, and consulting are for **informational purposes only** and do not constitute medical, legal, or psychological advice.
- **Limitation of Liability:** To the fullest extent permitted by law, **we are not responsible for any indirect, incidental, or consequential damages** arising from the use of our Services.

## 6. User Conduct

You agree **not to engage in any activity** that:

- Violates any laws or regulations
- Harms our website, brand, or other users
- Attempts to hack, scrape, or exploit our content

## 7. Privacy & Data Protection

By using our Services, you acknowledge that you have read our **Privacy Policy**, which outlines how we collect and use personal information.

## 8. Governing Law & Dispute Resolution

These Terms shall be governed by and construed in accordance with the laws of the **State of Texas, USA**. Any disputes shall be resolved through **binding arbitration** in Texas, unless otherwise required by law.

## 9. Updates to These Terms

We may update these Terms at any time. Continued use of our Services after changes are posted constitutes acceptance of the revised Terms.

## 10. Contact Us

For any questions regarding these Terms, contact us at: [info@vitalstillness.com](mailto:info@vitalstillness.com)