



Secure Attachment Qualities

STRONG RELATIONSHIPS THAT DRIVE TEACHING + LEARNING ARE BUILT WHEN WE FOCUS ON THE FOLLOWING BEHAVIORS:

- ☒ Consistent and predictable
- ☒ Emotionally available to others
- ☒ Warm and accepting of others
- ☒ Aware of others' feelings, needs, and perspectives
- ☒ Communicate with empathy and compassionate understanding
- ☒ Respect others' autonomy
- ☒ Aware of own feelings, needs, and perspectives and can communicate their feelings and needs openly and directly
- ☒ Model good boundaries
- ☒ Respond to their own emotional needs so we can tend to the needs of others in a healthy way
- ☒ Support others in transitioning from states of distress to calm
- ☒ Repair relationships when ruptures occur

FUEL YOUR SCHOOL WITH THE POWER OF RELATIONSHIPS