

# IN-OFFICE PATIENT TAKE-HOME FLYER INSTRUCTIONS

Please help us educate your patients about the post-visit enrollment process. Each patient should be given a copy of the following documents to take home. They should reference these and be prepared to get a call from their enrollment specialist at Vital Touch within 24-48 hours.

To be printed on FRONT

Dear Patient,

I'm excited to share some important news with you about how we can continue to support your health journey even when you're not in the office.

**Staying Connected to Better Health**  
Your well-being is our top priority. That's why I'm thrilled to introduce you to two new services: Remote Patient Monitoring (RPM) and Chronic Care Management (CCM).

**What is Remote Patient Monitoring (RPM)?**  
RPM allows us to keep a close eye on your health between visits. With the help of cutting-edge technology, we can monitor your vital health data regularly, ensuring that we catch any potential issues early on.

**What is Chronic Care Management (CCM)?**  
CCM is all about providing you with the support and guidance you need to manage your health effectively. Our team is here to create a personalized care plan just for you, with the goal of reducing hospital visits and unexpected complications.

**Your Health Matters**  
Your health journey is important to us, and we're here to support you every step of the way. Don't hesitate to reach out if you have any questions or concerns.

Warm regards,

*Dr. Signature*

**NEXT STEPS:**

1. **Look for a call** from one of our remote nurses. They will be working with our office to provide your monitoring services.
2. **Provide your consent** to participate in the program.
3. **They will facilitate shipment** of the prescribed device and get you set up.

This service is brought to you in association with **MediHab** and **Vital Touch**

844-123-1234

**{ YOUR LOGO HERE }**

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**Learn why we recommend RPM and CCM**

There are many proactive approaches aimed at improving your overall health and well-being. Two such methods are Remote Patient Monitoring (RPM) and Chronic Care Management (CCM). What are they and how will they benefit you?

**Remote Patient Monitoring (RPM):**  
RPM involves the use of digital devices to collect medical and health-related data from you in one location and transmit it to healthcare professionals in another location for assessment and recommendations. This can include vital signs such as blood pressure, heart rate, blood sugar levels, and more, all monitored from the comfort of your home.

**How RPM Can Benefit You:**

**"76% reduction in Hospital Readmissions"**

1. **Early Detection:** Continuous monitoring allows for early detection of any changes or abnormalities in your health. This enables prompt intervention by your doctor, potentially preventing serious complications or hospitalizations.
2. **Improved Management of Chronic Conditions:** For individuals with chronic conditions such as diabetes, hypertension, or heart disease, RPM provides valuable insights into their day-to-day health status. By closely monitoring key indicators, your doctor can adjust treatment plans as needed to optimize your health outcomes.
3. **Convenience:** With RPM, you can manage your health without frequent visits to the doctor's office. This saves you time and reduces the hassle of travel, especially if you have mobility issues or live in remote areas.

**Chronic Care Management (CCM):**  
CCM involves a proactive and coordinated approach to managing chronic conditions. It focuses on providing personalized care plans, regular follow-ups, and support services to help you better manage your health between doctor visits.

**How CCM Can Benefit You:**

1. **Comprehensive Care:** CCM offers a holistic approach to managing chronic conditions by addressing not only medical needs but also lifestyle factors, mental health, and social support. This ensures that all aspects of your health are taken into account.
2. **Regular Check-ins:** With CCM, you can expect regular check-ins from a dedicated care team, who will monitor your progress, address any concerns or questions you may have, and provide guidance on medication adherence, diet, exercise, and other self-care activities.
3. **Improved Health Outcomes:** By actively participating in CCM, you are more likely to experience improved health outcomes, reduced hospitalizations, and better overall quality of life. The ongoing support and guidance provided by your care team empower you to take control of your health and make informed decisions about your care.

**How You Can Benefit from Enrolling:**

By enrolling in RPM and CCM programs, you gain access to personalized, proactive, and continuous care tailored to your needs. These programs offer convenience, peace of mind, and improved outcomes. Plus, Medicare may cover the costs. Talk to your healthcare provider to learn more and enroll today. Let's work together to achieve your health goals and enhance your well-being.

Please make sure that each service-recommended patient has a copy of the Patient Take-Home flyer (above) and instruct the patient that they will be receiving a call from their Enrollment Specialist within 24-48 hours.

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A MESSAGE FROM  
DR [NAME]

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800-719-7187

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