



WEEKLY ACTIVITY GUIDE

JANUARY 9, 2025 – JANUARY 15, 2026

Please refer to the Seasonal Coastal Treasures Guide for special events and activities.

DAILY ACTIVITIES

24 hours	Wellness Center – Open 24 hours daily with your room key and staffed 6 am - 3 pm. Meet all your fitness and wellness needs in our state-of-the-art fitness room, private on-demand studio, and dedicated motion studio with fitness, yoga, and meditation classes. One Wellness Class for two guests is included in the daily resort fee. Private classes and personal training are also available. The weekly fitness schedule is available at both the Front Desk and the Wellness Center.
8 am – 5 pm	Bike Amelia Island – Explore miles of scenic bike paths from the resort, including a ride down Amelia Island Parkway to Florida's tallest sand dune in historic American Beach—the state's first African American beach community. Two bikes for two hours each day is included in your Resort Fee. Pick bikes up at the pool towel stand.
8 am	Nature Walk (Meet in the Nature Center) Embark on a one-hour guided walk led by the resort Naturalist to explore the natural environment and identify plant and animal species surrounding the resort.
9 am – 5 pm	Photography Concierge* Schedule a complimentary 45-minute photo session by calling 239.449.6125. Mention this guest guide to receive a \$50 credit which can be applied toward individual prints only.
9:30 am	Birding at Spoonbill Pond** (Meet in the Nature Center) Take a look through binoculars with our Resort Naturalist to identify resident and migratory bird species on Talbot Island. Reserve via RealTime Reservations.
9:30 am	Fort Clinch Excursion** (Meet in the Nature Center) Explore an unfinished Pre-Civil War Era Fort and travel back through time to 1864 with living history and reenactments. Reserve via RealTime Reservations.
11 am – 3 pm	Craft Crew* (Nature Center) Children are invited to create memorable treasures to remind them of their stay in Amelia Island. With the purchase of a craft card, each child may create up to five unique crafts. Craft cards are available for purchase in the Nature Center.
4 pm	Shell and Shark Tooth Hunt (Center Beach Towel Stand) Join our recreation team on the beach to search for coastal treasures including seashells, fossilized shark teeth, and small driftwood pieces.
5:30 pm	First Call* (The Lobby Bar) Gather in The Lobby Bar as mixologists present an infused, small exclusive batch of bourbon. Available for purchase.
5:45 pm	Unlocking Amelia's Treasure (The Lobby) Join us as we unlock Amelia's Treasure Chest to reveal a trove of treats.
6 pm – 9 pm	Pirate Tuck-in** Share a private bedtime story with a buccaneer bearing treats and treasure. Milk and cookies are delivered to your room by a pirate and princess, who read a pirate tale and surprise your child with a keepsake treasure chest of goodies. Reserve via Realtime Reservations.
8 pm – 9:30 pm	Ocean Overlook Chiminea** (The Lobby) At a private chiminea overlooking the dunes to the Atlantic, enjoy the sound of the waves and your own private fire. Delight in a s'mores experience fireside! Book via RealTime Reservations.

The Ritz-Carlton, Amelia Island, Mouratoglou Tennis Center:

The world-renowned Mouratoglou Tennis Center is now open at The Ritz-Carlton, Amelia Island, offering lessons based on the techniques of coaching legend Patrick Mouratoglou. Small classes with personalized training accelerate learning for junior leagues and all adult levels.

Cardio Tennis: January 12 | 2 pm – 3 pm (Meet at the Tennis Courts) High-energy tennis workout for adults, led by Mouratoglou-certified coaches. Complimentary.

Contact Head Coach Rob Lehner: 904.624.4684 or robert.lehner@mouratoglou.com

FRIDAY, JANUARY 9

9 am - 4 pm	Ritz Kids Experience** (Ritz Kids Room) Spend the day in our new Ritz Kids room. For children ages 4-12, the program offers experiences based on four themes: water, land, environmental responsibility, and culture. Advance registration required. Book via RealTime Reservations.
1 pm	Take a Microscopic Look (Nature Center) Our Marine Biologist dissects and showcases detailed views of wildlife. Complimentary.
5:30 pm	Pirate Treasure Hunt (Lobby) Our Captain leads a treasure hunt inside the resort.
6 pm – 9 pm	Kids' Night Out ** (Ritz Kids Room) Children ages 4-12 get a break from mom and dad with supervised movies, games and more. Dinner is included. Advanced reservations are required. Book via RealTime Reservations or touch in-house extension 1087 for availability.
6 pm – 9 pm	Fire in the Dunes** The warm light of a private fire in the dunes with the sound of breaking waves sets an unforgettable mood. Includes s'mores and hot chocolate. Additional enhancements are available. Reserve on RealTime Reservations.
7 pm – 9 pm	Family Beach Bonfire (South Beach) Bring the family to relax around a bonfire against the dunes with s'mores. Complimentary.

SATURDAY, JANUARY 10

9 am - 4 pm	Ritz Kids Experience** (Ritz Kids Room) Spend the day in our new Ritz Kids room. For children ages 4-12, the program offers experiences based on four themes: water, land, environmental responsibility, and culture. Advance registration required. Book via RealTime Reservations.
6 pm – 9 pm	Kids' Night Out ** (Ritz Kids Room) Children ages 4-12 get a break from mom and dad with supervised movies, games and more. Dinner is included. Advanced reservations are required. Book via RealTime Reservations or touch in-house extension 1087 for availability.
6 pm – 9 pm	Fire in the Dunes** The warm light of a private fire in the dunes with the sound of breaking waves sets an unforgettable mood. Includes s'mores and hot chocolate. Reservations required. Additional enhancements are available. Reserve on RealTime Reservations.
7 pm – 9 pm	Family Beach Bonfire (South Beach) Bring the family to relax around a bonfire against the dunes with s'mores. Complimentary.

All activities are complimentary unless indicated. *A fee is associated with this activity.

Fee and advance registration required. * One Wellness Class for two guests is included in the daily resort fee.

Parental supervision may be requested for some activities. For more information or reservations, please touch extension 1087.

SUNDAY, JANUARY 11

- 9 am - 4 pm** **Ritz Kids Experience**** (Ritz Kids Room) Spend the day in our new Ritz Kids room. For children ages 4-12, the program offers experiences based on four themes: water, land, environmental responsibility, and culture. Advance registration required. Book via RealTime Reservations.
- 11 am** **American Beach Bike Tour**** (Meet at the Pool Stand) A guided bike tour to see historic American Beach and NaNa, Florida's tallest dune.
- 7 pm - 9 pm** **Family Beach Bonfire** (South Beach) Bring the family to relax around a bonfire against the dunes with s'mores. Complimentary.

MONDAY, JANUARY 12

- 11 am** **American Beach Bike Tour**** (Meet at the Pool Stand) A guided bike tour to see historic American Beach and NaNa, Florida's tallest dune.
- 2 pm** **Cardio Tennis** (Meet at the Tennis Courts) High-energy tennis workout for adults, led by Mouratoglou-certified coaches. Small class sizes accelerate learning and fun. Complimentary.
- 6 pm - 8 pm** **Canvas and Cork**** (Ritz Kids Room) Sip wine while painting, following our artist. Reserve on RealTime Reservations.
- 6 pm - 9 pm** **Fire in the Dunes***** The warm light of a private fire in the dunes with the sound of breaking waves sets an unforgettable mood. Includes s'mores and hot chocolate. Reservations required. Additional enhancements are available. Reserve on RealTime Reservations.

TUESDAY, JANUARY 13

- 6 pm - 8 pm** **Canvas and Cork**** (Ritz Kids Room) Sip wine while painting, following our artist. Reserve on RealTime Reservations.

WEDNESDAY, JANUARY 14

- 6 pm - 9 pm** **Fire in the Dunes***** The warm light of a private fire in the dunes with the sound of breaking waves sets an unforgettable mood. Includes s'mores and hot chocolate. Reservations required. Additional enhancements are available. Reserve on RealTime Reservations.

THURSDAY, JANUARY 15

- 9 am - 4 pm** **Ritz Kids Experience**** (Ritz Kids Room) Spend the day in our new Ritz Kids room. For children ages 4-12, the program offers experiences based on four themes: water, land, environmental responsibility, and culture. Advance registration required. Book via RealTime Reservations.

LUXE SHOPS – SPECIAL OFFER:

Five exclusive lifestyle shops all in one corridor with personal service to define your look. Purchase distinctive gifts including designer jewelry, vintage handbags and watches, Creed fragrance and signature scents. Dedicated stores include expanded Southern Tide, new Tommy Bahama, Lilly Pulitzer and Maison 1562. Find your perfect items for the season.

Special offer this week: Marriott Bonvoy members receive 10% off on all co-branded Ritz-Carlton, Amelia Island logo products.

AMELIA ISLAND BEACHES AND POOL HOURS:

Beach service is not available December – February. As part of our ongoing commitment to elevating the guest experience, our pool areas will be undergoing seasonal enhancements during the early months of 2026. Our main Resort Pool will be temporarily closed beginning the first week of January through mid-February 2026. During this time, all guests (adults and children) are warmly invited to enjoy the serene and heated Spa Pool, which will remain fully available. Once the main Resort Pool enhancements are complete, the Spa Pool will begin its own transformation from mid-February through mid-March 2026. One pool will always remain available for guests' enjoyment.

RESORT DINING

Restaurant hours are subject to change.

FIRST DROP ESPRESSO AND BREW BAR

Featuring premium roasted coffee, this counter-service option also offers fresh juices, handcrafted milkshakes, and smoothies, as well as carry-away selections and select small bites including breakfast and lunch sandwiches, salads, pastries, candy and snacks.

✦ Daily | 7 am – 5 pm ✦

COAST (The Amelia Breakfast Buffet offered Friday, Saturday, Sunday)

Enjoy indoor seating or terrace dining for breakfast, lunch, or dinner. Book dinner reservations on OpenTable. Lunch takeout is available.

✦ Daily | Breakfast 7 am – 11:30 am | Lunch 11:30 am – 3 pm | Dinner 5 pm – 9 pm ✦

COQUINA

Offering al-fresco dining, signature views, and a Spanish-influenced menu, experience Coquina for lunch and cocktails.

✦ Friday – Saturday | Restaurant and Bar open from 11 am – 5 pm ✦ *Weather Permitting* ✦

SALT – Salt and Salt Lounge presents the innovative cuisine of Chef Okan. The Lounge offers pre-dinner cocktails, a dedicated menu with plates to share, and after-dinner desserts with port and signature drinks. Try the Chef's Tasting Menu for dinner, an opportunity to explore culinary inspiration and favorite wine selections. Reservations via OpenTable.

✦ Friday – Saturday and Tuesday – Wednesday | 5 pm – 9 pm ✦ *Featuring Live Music* ✦

TIDEWATER GRILL

Featuring a menu of American grill classics, coastal favorites and a celebrated collection of regionally brewed beers.

✦ Friday and Monday – Thursday | 5 pm – 10 pm ✦ Saturday – Sunday | 12 pm – 10 pm ✦

THE LOBBY BAR (Sushi service concludes at 10 p.m. nightly)

The Lobby Bar features a curated list of small-batch spirits and classic cocktails presented by our mixologists, as well as freshly prepared sushi.

✦ Friday | 3 pm – 1 am ✦ Saturday | 12 pm – 1 am ✦ Sunday – Thursday | 12 pm – 12 am ✦

✦ Guitarist | Friday – Saturday | 4:30 pm – 8:30 pm ✦ Wednesday – Thursday | 4 pm – 8 pm ✦

✦ Live Entertainment | Friday – Saturday | 8:30 pm – 12:30 am ✦ Wednesday – Thursday | 8 pm – 12 am ✦

IN-ROOM DINING

Your favorites delivered for breakfast, lunch, and dinner. View menu and order with Mobile Dining link on RealTime Reservations.

✦ Daily | 6 am – 12 am ✦

HIGH TIDE PIZZA

Chef-inspired pizza with signature crust from our kitchen. Order through Mobile Dining. Available for pickup in Tidewater Grill.

✦ Daily | 5 pm – 10 pm ✦

*All activities are complimentary unless indicated. *A fee is associated with this activity.*

***Fee and advance registration required. *** One Wellness Class for two guests is included in the daily resort fee.*

Parental supervision may be requested for some activities. For more information or reservations, please touch extension 1087.

YOUR SOURCE FOR
RESERVATIONS
AND ACTIVITIES

