Gluten Free Options at New Indian Curry House

Naturally Gluten Free Options

Appetizers

Avoid: Most either made with wheat or deep fried.

Soups

Tamater Dhania Shorba Mulligatawny Shorba **Avoid:** Cream Soups

Salad & Raitha

Mix Vegetable Raitha Cucumber Salad Plain Yoghurt

Avoid: Boondi Raitha Tandoori Murgh Salad Bahe-e Bahar Salad

Kebabs from Tandoor

Avoid: All are cooked in the same tandoor oven with the naan.

Chicken

Chicken Tikka Masala
Butter Chicken
Chicken Masala
Kadai Chicken
Chicken Saag
Chicken Kashmiri
Kori Kundapuri
Chicken Do Pyazza
Chicken Korma
Chicken Vindaloo
Egg Curry Masala
Avoid: Chili Chicken Dry

Seafood

Prawn Vindaloo
Prawn Mirch Masala
Kadai Prawn
Goan Prawn Curry
Fish Curry
Fish Masala
Fish Head Curry
Dum Methi Machli
Kadai Fish
Machli Kashmiri
Avoid: Chili Garlic Fish,
Chili Garlic Prawns

Mutton

Mama Mia Mutton Kashmiri Rogan Josh Mutton Vindaloo Saag Gosht Keema Muttar Mutton Jalfriezi Lamb Korma Lamb Chops Masala Avoid: Sukha Mutton

Rice

Plain Basmati Rice
Pulao
Prawn Biryani
Lam Dum Biryani
Hyderbadi Chicken Biryani
Gulazar Vegetable Biryani
Avoid: All Fried Rice

Vegetables

Paneer Makhani Palak Paneer Mattar Paneer Paneer Aloo Muttar Kadai Paneer Paneer Korma Bombay Aloo Masala Jeera Aloo Aloo Muttar Sabzi Navrathan Aloo Gobi Bain Bartha Muli Juli Sabzi Mushroom Corn Bhaji Punjabi Channa Masala Dal Makhani Khaas Dal Tadka Avoid: Chilli Paneer. Shahi Malai Kofta, Baingan Bartha,

Desserts

Kulfi Rasmalai Avoid: Gulab Jamun, Fried Ice Cream

Bhindi Do Pyaza,

Baingan Patiyala

Drinks

Lassi Soda Wine

Dining at The New Indian Curry House



New Indian Curry House

805 Bukit Timah Road #01-03 Sixth Avenue Centre Singapore, 279883 +65 6463 6289

If you go:

Mention you need a strictly gluten-free meal upon arrival.

Bring **this** sheet and bilingual **Hindi alert card** for reference.

Please note: This list represent naturally gluten-free options specifically at the Indian Curry House on Bukit Timah Road. Please be aware that wheat is used in the kitchen. Best practices will be used by the chef to eliminate the risk of cross contamination. It is your responsibility to communicate clearly with staff and use your best judgement.