

Cookies Policy Example

1. Introduction

Our website uses cookies to enhance your experience and provide personalised content. By continuing to browse our site, you agree to our use of cookies.

2. What Are Cookies?

Cookies are small text files stored on your device that help us understand how you use our website, remember your preferences, and improve your browsing experience.

3. Types of Cookies We Use

1. **Essential Cookies:** These cookies are necessary for the website to function and cannot be switched off in our systems.
2. **Performance Cookies:** These cookies help us understand how visitors interact with our website by collecting and reporting information anonymously.
3. **Functional Cookies:** These cookies enable the website to provide enhanced functionality and personalisation.
4. **Targeting Cookies:** These cookies are used to deliver relevant advertising to you based on your interests.

4. Managing Cookies

You can manage your cookie preferences through your browser settings. Please note that disabling cookies may affect your experience on our website.

5. Changes to This Policy

We may update our Cookies Policy from time to time. Any changes will be posted on this page.

6. Contact Us

If you have any questions about our Cookies Policy, please contact us at info@counsellingwithlynda.co.uk.