

MARCH

# ARRIVAL

THE FLOWER GAMES



# The Flowergames

Copyright 2025

Modified  
AI generated  
prompts to make  
writing fun

Writing dates



## Disclaimer:

The Flowergames is designed to be a tool for creative self-expression and exploration. It is not intended to be a substitute for professional mental health or therapeutic advice. If you are struggling with significant emotional or psychological difficulties, please seek guidance from a qualified professional. While the journal prompts and exercises are designed to inspire and encourage creativity, they may not be suitable for everyone. Use your own discretion and adjust the activities as needed to fit your individual needs and comfort level.

The author and publisher of this workbook are not responsible for any outcomes or experiences that may arise from using this journal.



**Describe the arrival of spring in a small town,  
focusing on the sights, sounds, and smells that  
signal the changing of the seasons**

---

---

---

---

---

---

---

---

---

---

---

---

S e l f - c a r e



Idea





1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

**Describe the moment when you had a sudden burst  
of inspiration**

---

---

---

---

---

---

---

---

---

---

---

---

*S e l f - c a r e*



**Idea**



**Describe the arrival of a celestial event, such as a comet streaking across the night sky**

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---



# NOTES