

MAY

RENEWAL

THE FLOWERGAMES



The Flowergames

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Modified
AI generated
prompts to make
writing fun

Writingdates



Disclaimer:

The Flowergames is designed to be a tool for creative self-expression and exploration. It is not intended to be a substitute for professional mental health or therapeutic advice. If you are struggling with significant emotional or psychological difficulties, please seek guidance from a qualified professional. While the journal prompts and exercises are designed to inspire and encourage creativity, they may not be suitable for everyone. Use your own discretion and adjust the activities as needed to fit your individual needs and comfort level.

The author and publisher of this workbook are not responsible for any outcomes or experiences that may arise from using this journal.

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

**Write about a ritual that symbolizes
renewal for the character.**



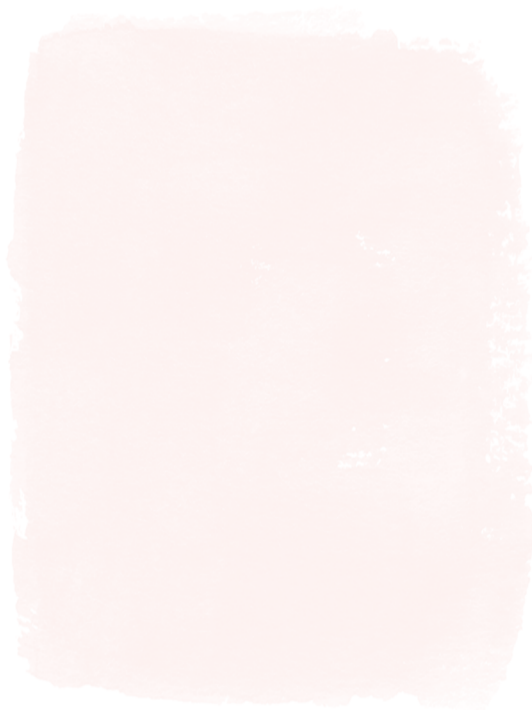
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

**How does nature's cycle of rebirth inspire
you to embrace change in your own life**

S e l f - c a r e



I d e a



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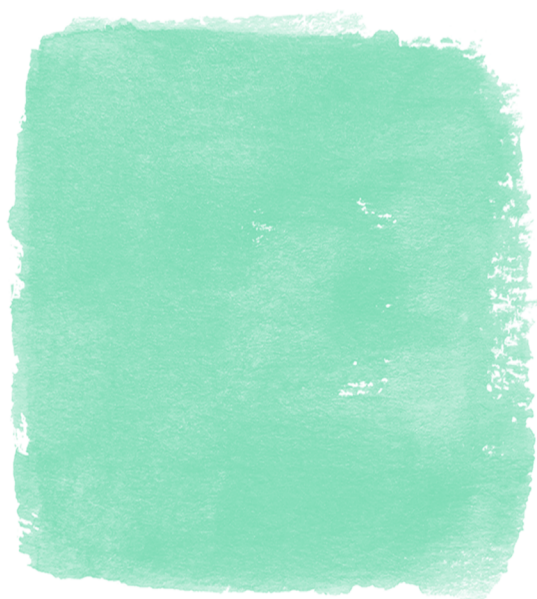
A retired coach finds renewal in mentoring the next generation of athletes.



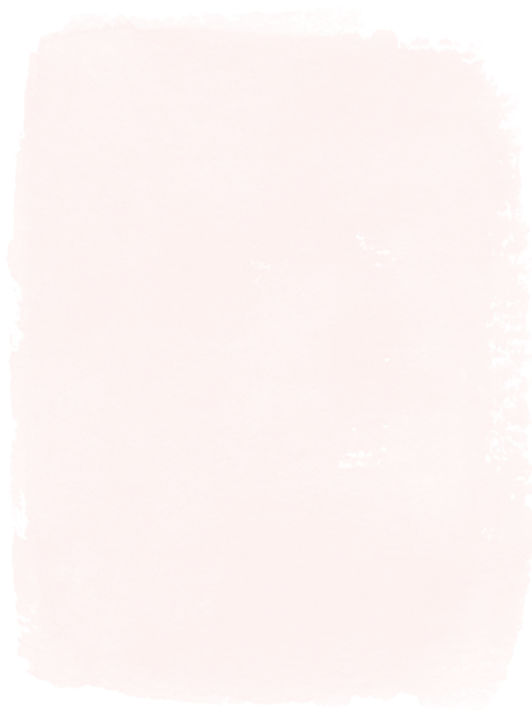
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

**D e s c r i b e a t i m e w h e n y o u s o u g h t o u t a n e w
a d v e n t u r e t o b r i n g a s e n s e o f r e n e w a l i n t o
y o u r l i f e .**

S e l f - c a r e



I d e a



A secret recipe book brings renewal to the
local culinary scene.



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