

# Professional Coaching Program for Doctors – 6-months or 12-months

**Grow clarity, confidence and impact in your role with support from a professional coach.**

*Exclusive to AMA members*

**6-month 1:1 coaching program | 12 CPD Hours | 6x 1hr sessions via Zoom | \$2035 (incl GST)**

**12-month 1:1 coaching program | 20 CPD Hours | 10x 1hr sessions via Zoom | \$3245 (incl GST)**

## Overview

This one-on-one coaching program is designed to support doctors at any career stage who want to build confidence, sharpen performance and feel more effective and fulfilled in their roles.

Whether you're stepping into a new role, preparing for a change, or working through challenges in your current position, professional coaching helps you set clear goals, navigate complexity and strengthen your leadership and communication.

Delivered over six or 12 months, this program is also a valuable resource for doctors seeking to reduce burnout, improve resilience, and gain a greater sense of clarity and purpose in their professional life. Coaching sessions are tailored, confidential, and focused on helping you thrive in your role.

## What to expect

The Professional Coaching Program for Doctors is a personalised one-on-one experience, delivered via Zoom, with each session lasting one hour. You'll work with an accredited executive coach who has extensive experience supporting doctors across all career stages.

After booking, you'll schedule your first session and receive pre-work to help clarify your role-related goals and priorities. Future sessions are arranged directly with your coach and can be paced flexibly to suit your clinical workload and other commitments.

Each session is tailored to your current role, challenges or goals. You'll leave each conversation with practical next steps and, where relevant, supporting tools or resources. Your coach is also available via phone or email for additional support between sessions.

Whether you're aiming to grow in your current role or gain clarity around your next steps, the program is designed to help you move forward with confidence, clarity and purpose.

### **Why should I attend this session?**

Medicine is rewarding, but it comes with complexity. Doctors are often required to lead, adapt and perform within fast-moving and demanding environments. Professional coaching provides structured, confidential support to help you navigate these challenges with greater clarity and confidence.

Whether you're facing complex team dynamics, adjusting to a new role, managing change or planning your next career move, this program gives you the time and space to think strategically and take action. You'll work with an experienced coach too:

- Clarify professional challenges and uncover practical solutions
- Understand organisational dynamics and lead more effectively within your system
- Set realistic goals and stay accountable to meaningful progress
- Strengthen reflective thinking to support better decision-making
- Build leadership capability and foster high-performing teams
- Sharpen your professional brand and leadership presence
- Sustain excellence while making space for personal growth and wellbeing

Professional coaching helps you unlock your best performance in your current role, and as your career evolves.

### **Who should attend this session?**

This program is designed for doctors with increased responsibility in their roles – whether that's leading teams, mentoring junior staff, overseeing departments, or shaping clinical strategy. It's particularly relevant for:

- Senior registrar and newly appointed consultants
- Senior medical staff and VMOs
- Specialists in private practice
- Academics and clinician-researchers

- Heads of unit or department
- CMOs and executives

That said, you don't need to be in a formal leadership role to benefit. Professional coaching is also valuable for doctors seeking greater impact, improved role satisfaction, or new ways to grow within the medical field – or beyond it.

### **Program outcomes**

Upon completion of the Professional Coaching Program for Doctors, participants can expect to:

- Clarify challenges and opportunities in their roles, using structured reflection to gain insight and direction
- Strengthen understanding of organisational systems, team dynamics and workplace culture to navigate complexity with greater confidence
- Set and achieve meaningful professional goals, supported by practical strategies and tailored action plans
- Enhance reflective thinking and decision-making, building insight and perspective to guide career and leadership choices
- Develop leadership capability to build high-performing teams, lead change and support others effectively
- Improve communication and professional influence, shaping a reputation aligned with their values and aspirations
- Support career growth and fulfilment, with increased confidence in their role, impact and future direction

*You must be a member of a state or territory AMA to take part.*