

Catechumen Curriculum — 90 Minutes

Living the Good News in a Changing World

Based on *Called to Be Catholic* by Joe Paprocki

Audience: Catechumens and Candidates (Youth & Adults)

Stage: Inquiry / Catechumenate

Duration: 90 Minutes

0–10 Minutes — Welcome & Opening Prayer

- Bible enthroned and candle lit
- Sign of the Cross
- Invocation of the Holy Spirit

Scripture Proclamation:

“Seek first the kingdom of God and his righteousness.”

— Matthew 6:33

Sacred Silence (30 seconds)

Opening Question (optional):

What worries people most in today's world?

10–25 Minutes — Proclamation of the Theme

Catechetical Teaching

- The world is constantly changing (technology, culture, economics)
- The Gospel does not change
- Catholics are called to respond with faith and moral conscience

Key Insight:

Change itself is not evil, but it must be guided by God's truth.

Book Connection:

- Chapter 1 — *Called by Name*
- Chapter 2 — *Belonging to the Church*

25–45 Minutes — Scripture & Catechesis

Scripture Proclamation:

Matthew 6:24–34 (selected verses)

Liturgical Pause

Guided Reflection Questions

- What does Jesus say about worry?
- What does it mean to trust God?
- How does this teaching challenge modern society?

Teaching Points

- Trust in God over material success
- Respect for human dignity
- Faith shapes daily decisions

45–65 Minutes — Small Group Activity

Instructions:

Form groups of 3–5 participants.

Assignment (Book Required): Using *Called to Be Catholic*, discuss:

1. What does it mean to belong to the Church?
2. How should Catholics respond to change?
3. What responsibility do Catholics have toward society?

Sharing:

One brief response per group.

65–80 Minutes — Life Application: Faith in Action

Scenario (Read Aloud):

A person wants success and money but ignores honesty, family, and faith.

Discussion Questions

- What does society encourage?
- What does Jesus teach?
- What does the Church ask of us?

Book Connection:

- Chapter 3 — *Learning the Language of Faith*
- Chapter 4 — *Celebrating as a Catholic*

80–88 Minutes — Personal Written Reflection

Choose **one** prompt and write privately:

- One way I can put God first this week is...
- Being Catholic in today's world means...
- One change God may be asking of me is...

88–90 Minutes — Marian Moment & Closing Prayer

Marian Reflection

Mary lived in a time of uncertainty. She trusted God completely and teaches us how to say “yes” to God even when the future is unclear.

Prayer:

Hail Mary (slow and reverent)

Dismissal Blessing