

# Catechumen Curriculum — 90 Minutes

## Living the Good News in a Changing World

Based on *Called to Be Catholic* by Joe Paprocki

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**Audience:** Catechumens and Candidates (Youth & Adults)

**Stage:** Inquiry / Catechumenate

**Duration:** 90 Minutes

### 0–10 Minutes — Welcome & Opening Prayer

- Bible enthroned and candle lit
- Sign of the Cross
- Invocation of the Holy Spirit

#### Scripture Proclamation:

*“Seek first the kingdom of God and his righteousness.”*  
— Matthew 6:33

*Sacred Silence (30 seconds)*

#### Opening Question (optional):

What worries people most in today’s world?

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### 10–25 Minutes — Proclamation of the Theme

#### Catechetical Teaching

- The world is constantly changing (technology, culture, economics)
- The Gospel does not change
- Catholics are called to respond with faith and moral conscience

#### Key Insight:

Change itself is not evil, but it must be guided by God’s truth.

#### Book Connection:

- Chapter 1 — *Called by Name*
  - Chapter 2 — *Belonging to the Church*
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### 25–45 Minutes — Scripture & Catechesis

#### Scripture Proclamation:

Matthew 6:24–34 (selected verses)

## *Liturgical Pause*

### **Guided Reflection Questions**

- What does Jesus say about worry?
- What does it mean to trust God?
- How does this teaching challenge modern society?

### **Teaching Points**

- Trust in God over material success
  - Respect for human dignity
  - Faith shapes daily decisions
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## **45–65 Minutes — Small Group Activity**

### **Instructions:**

Form groups of 3–5 participants.

**Assignment (Book Required):** Using *Called to Be Catholic*, discuss:

1. What does it mean to belong to the Church?
2. How should Catholics respond to change?
3. What responsibility do Catholics have toward society?

### **Sharing:**

One brief response per group.

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## **65–80 Minutes — Life Application: Faith in Action**

### **Scenario (Read Aloud):**

*A person wants success and money but ignores honesty, family, and faith.*

### **Discussion Questions**

- What does society encourage?
- What does Jesus teach?
- What does the Church ask of us?

### **Book Connection:**

- Chapter 3 — *Learning the Language of Faith*
  - Chapter 4 — *Celebrating as a Catholic*
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## **80–88 Minutes — Personal Written Reflection**

Choose **one** prompt and write privately:

- One way I can put God first this week is...
- Being Catholic in today's world means...
- One change God may be asking of me is...

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## **88–90 Minutes — Marian Moment & Closing Prayer**

### **Marian Reflection**

Mary lived in a time of uncertainty. She trusted God completely and teaches us how to say “yes” to God even when the future is unclear.

### **Prayer:**

Hail Mary (slow and reverent)

### **Dismissal Blessing**