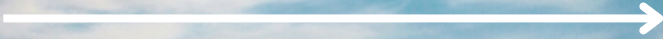


HOW TO CHOOSE A PSYCHEDELIC GUIDE

HOW DO YOU FIND THE RIGHT PERSON TO
SUPPORT YOU AND YOUR PARTNER??



THIS SPACE IS BECOMING VERY ACTIVE AND IS GROWING EVERY SINGLE DAY



WE ARE THRILLED! THE WORLD NEEDS THIS SUPPORT
AND WE GENUINELY BELIEVE THAT WE ARE LIVING IN
ONE OF THE MOST IMPORTANT TIMES IN HUMAN
HISTORY IN TERMS OF MENTAL AND EMOTIONAL HEALTH
AND WELL BEING...

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THIS IS
GOING TO
MAKE A
HUGE
DIFFERENCE

QUESTIONS TO ASK BEFORE HIRING YOUR GUIDE...



- What is their training? How did they come to be a Psychedelic Guide?
- What are their beliefs and opinions about the 3 categories of psychedelics, their uses and applications? (For example, there are guides who will ONLY use "Natural Plant Medicines")
- Do they adhere to the MAPS Code of Ethics for Psychedelic Practitioners? Do they know what that is?
- What precisely do they offer for "Integration?" We have met with people who guide and their integration is "I am available for phone calls after." In our view, that is NOT integration.
- What is their experience creating custom medicine stacks to address SPECIFIC issues and intentions for your journey?

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- What is their role as your guide? Are they with you the entire time? Do they take notes? Record the session? Or do they "get you started" and then look in on you occasionally? No right or wrong depending on context, experience and intention... YOU need to be clear
- What is the intake process like? Is there an intake form? Have they asked about health (not all medicines are appropriate if you are on specific medications). Where there any mental health questions vetting and filtering you to make sure that Intentional/therapeutic Psychedelic Journeys are appropriate for you?
- Do they provide post journey supplements to aid in recovery?
- Do they offer writing and outflow prompts to assist in extracting meaning from your experience?
- What is the source of their medicine? Is it tested? Is it pure? Is it SAFE?
- Are they skilled at supporting the focusing 'in on' and refining "Intention"?



- How do they describe themselves? Are they a Trip Sitter, Guide, Therapist or Shaman? Each are VERY different and both you and they should understand that!
- Is there a way for you to take a small step? Get educated...have an embodied experience...without jumping in the deep end?
- If you are not a fit, can they provide you/refer you to a guide more suited to your situation/health?
- Do they have some referrals/testimonials that you can contact to hear their experience?
- **MOST IMPORTANTLY...** Do you utterly and completely TRUST THEM with your life, your body and your spirit? You are in an 'altered state' and you not only need to FEEL safe, you have to actually BE safe.

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WHY US?? FOR YOUR COUPLES CONNECTION PSYCHEDELIC EXPERIENCE...



Choosing to improve your relationship using Psychedelics is, well, let's just say, waaaaay out of the box for most couples...

We get it...it took us quite awhile to make the decision as well...

Finding support from a 'certified' guide or at least an 'experienced' guide or who got us, our situation and our concerns was CHALLENGING.

IF you embark on this journey, it is imperative to choose the right Guide(s) for you.

So we thought that we should outline our combined history, experiences and foundation that we bring to the table to truly stand in support of each of your personal transformations and the reinvention of your relationship.

So far, the majority of couples we have worked with have known us in some capacity or been privately referred (Thank You by the Way!!)

We would love to broaden our reach to those who are not friends yet!

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WHO ARE WE?

We were high school sweethearts and started dating in 1984. Good Lord, 1984!!!

We have been in relationship for almost 40 years...not always intimate... we took breaks in our courtship to date other people and get clear about who and what we wanted...and in that time frame we remained friends and supported one another in many ways.

We have worked together as Entrepreneurs building multiple 7 figure businesses.

In our first company, Personal Best Seminars, we Facilitated and supported 40,000 people through powerful and deep transformational experiential programs.

We designed and delivered 3 spectacular Couples programs over the years to hundreds of couples:

- The Couples Weekend
- The Rocky Mountain Romantic Retreat
- The Power Between - A Reset for Couples

We are the parents of 2 amazing boys (17 and 13) both of whom were adopted through open adoption and we maintain relationships with both birth families.

WHO ARE WE?



We have, and are living, the sandwich generation taking care of our aging parents. We have buried 3 out of 4 of them while caring for our 2 sons.

Navigated depression (undiagnosed and untreated).

Faced great financial difficulty when the sale of our business fell through and we had to step in and clean up huge debt.

Experienced distance and the creation of parallel lives that simply grew and grew over a span of approx. 10 years.

Faced the truth of our relationship which was in crisis of we cannot go on this way...This clarity and crossroads was a result of Jay's first Medicine Journey

This crisis became the turning point and instigated our reinvention in the beginning of 2020.

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WHO ARE WE?

Knowing the POWER of Psychedelic Medicine for our own healing and relationship transformation (like NOTHING else available out there), we started our own process of therapy with one another for a period of two and a half years.

During this time, not only did we transform our relationship, but we transformed OURSELVES in all ways. Just some of which are listed below!

Physical - Together we lost over 60 lbs, started working out together as one of our daily intimacy and connection rituals

Commitment - We rewrote, updated, upgraded and exchanged our marriage vows on our 25th wedding Anniversary to commit to our next 25 years together

Communication - We shared/invested over 1000 hours of deep transparent conversation...from a space of true curiosity and a desire to understand ALL of the things that needed to be said...all that we knew...

Emotional - Created space for feelings and emotions in a way that we NEVER had before

Sensual/Sexual - we over 10 X ed our sexual frequency and 100xed our intensity, depth & satisfaction. While discovering and experiencing a VARIETY of new routes to orgasm for both of us...

Alignment - We have (and are currently) in the process of redesigning our entire businesses and life to be in alignment with US vs to simply make money or fulfill old outdated obligations...this will take some time but we really feel like we have cleared the deck of the old and have made way for the new in 2023!!

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WHO ARE WE?

Support: When REAL difficulties surfaced, as in old repressed traumatic memories surfacing, it threw us for a loop...what I am incredibly proud of is that we went and got support....fast...from an expert in the field...and BOTH of us put ALL of us on the line and on the table to heal...not easy, not smooth BUT we showed up for ourselves and each other and voted for US again!



Adventure - We have been RELIGIOUS and 100% committed to our "Adventure Nights" every 6 weeks where we simply show up for one another, pour into one another and focus 100% on one another...these Adventures are the mortar that cements US together.

Whew - There you have it!!

In August of 2022 we received our Guide Certification knowing what our calling was for this sacred work.

We started offering **The Connection Experience** to couples in October, 2022. In Jan 2023 we wound down the lower end/intro programs of our "old" core business JVology to focus on serving and supporting couples to transform themselves and their relationship using Psychedelics as one of the pathways.

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**There are more
questions based on the
answers to the above...**

**But this will give you a framework for
choosing who is right to work with so that
you can go into your Journey feeling
confident in your choice.**

**Outside of ALL OF THIS...Be sure to listen to your
intuition and trust your gut.**

**Book a call to discuss
your specific needs**

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