

James Greenshields

James is husband to Kirsty and father to Abigail and Penelope, who have been an integral part of his incredible personal and professional leadership journey. Seventeen years as an Army Officer saw James command frontline organisations in combat, as well as engage at the strategic level with the United Nations and other Coalition Forces in a diverse range of leadership positions.

When he returned from Iraq James faced an enemy he wasn't trained for; the inner demon of Post Traumatic Stress and Depression. His journey of inner healing and growth resulted in recovery, to the point he now refers to being hit by a roadside bomb as "the fourth best day of my life".

James' eclectic recovery process, which he calls his "Journey home", saw him take a deep dive into all forms of understanding of the human condition. He experienced North American Indian Medicine Circles, pilgrimaged to 3000 year old Indonesian Indigenous Kenyah Dayak burial caves, immersed himself in psychology, emotional literacy and spiritual learning. Learning everything from the science of the heart and brain through to the ancient mystery traditions' comprehension of the Universe. It was this broad grounding that ruggedised James' philosophy of life and teachings.

Upon leaving the military James gained qualifications as an Emotional Intelligence facilitator, trainer and coach. He has spoken to 1000's of participants of all ages, delivering presentations around Australia and in New Zealand, with his online presence touching over a million people worldwide.

James has worked with a diverse array of people and organisations. Some include the AFL, NRL, Qld Rugby



League, AbiGroup Construction, Dept of Defence and Dept of Veteran Affairs, State Water NSW, FBAA, Newcastle Wanderers Rugby Club, St John's Ambulance, Southern Cross Credit Union and Nudgee College.

In 2014 James, and his wife Kirsty, started the Emergent Leaders Foundation. This is the platform James uses to teach his personally developed Leadership methodology: Harmonic Leadership. He has mentored and trained AFL Captains, Sporting Champions, CEO's and military leadership teams in this revolutionary new approach.

Where James sees an issue effecting those he loves, he creates something to assist. Upon witnessing our youth struggling, he personally developed an 18 month Youth Rite of Passage program that ran for 10 years, contributing to the development of harmonious families around Australia. In 2016 ELF ran an Australia wide Men's Wellbeing initiative called #PutYourHandUp helping men understand real masculinity and build personal and family resilience.

His story has featured in ABC National News, Huffington Post, The Australian Good Weekend Magazine, The Courier Mail, 4BC Drive, 2UE, Take 5 Magazine, The Hinterland Times, and many more.



JAMES OFFERS

KEYNOTE

Topics Include:

- A Inspiration Required – try a Raw and Personal Story of Transcending Trauma
- Harmonic Leadership: The Next Evolutionary Step
- Moving Beyond Resilience: From Sustainability to Harmony
- Building The New World: Community Building for the Next Generation

WORKSHOPS

Online or In Person: Half or Full Day Workshops Covering Topics Such As:

- Harmonic Leadership
- Leading Oneself
- Beyond Resilience
- Personality Profiling
- Communication
- Group Dynamics
- Team Building

Contact James

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