

Body Contouring Treatments

Targeted areas: Arms, upper and lower abdomen, buttock lifting, legs and inner thigh shaping

- 1 Treatment (30 minutes): £100
- 2 Treatments (60 minutes): £200
- 3 Treatments (90 minutes): £300
- 4 Treatments (120 minutes): £400
- 5 Treatments (150 minutes): £500

Cavitation – Inch Loss

Best for overall inch loss, circumference reduction, body contouring, spot reduction and cellulite

- Single session (30 minutes): £75
- Course of 8 sessions: £525

Cryolipolysis – Fat Freezing

Best for stubborn pockets of fat (single treatment only)

- Medium Head (45 minutes): £200
- Large Head (60 minutes): £260

Radio Frequency – Skin Tightening & Fat Melting

- Single session (30 minutes): £75
- Course of 8 sessions: £525

Shockwave – Cellulite Reduction

- Single session (10 minutes): £60
- Course of 8 sessions: £420

Facial Treatments

- RF Eye Lift (30 minutes): £75 (Course of 8: £525)
- RF Skin Tightening (45 minutes): £100 (Course of 8: £700)

Signature Treatments

- Non-surgical Bum Lift (60 minutes): £150 (Course of 8: £1,050)
- Bingo Wings (45 minutes): £110 (Course of 8: £770)
- Thigh Gap (45 minutes): £110 (Course of 8: £770)

Structured Programme Pricing

- Body Sculpting Programme: £399
- Pain Relief & Movement Support Programme: £399
- Facial & Skin Rejuvenation Programme: £349
- ZHEN Coach 1:1 Coaching: Price on consultation

Supportive holistic treatments

Supportive holistic treatments are available alongside programmes. Pricing and suitability are discussed during consultation.

Notes:

- Prices current as of December 2025
- Courses of 8 sessions offer best value and optimal results
- Free consultation available to discuss goals and suitability