

AQUATIC THERAPY

What is Aquatic Therapy?

Physical therapy that occurs in the pool, providing a low-impact environment, reduces strain on muscles and joints while promoting faster recovery.



Who is Aquatic Therapy For?

KIDS WHO...

- Fatigue easily
- Are pre-walkers and/ or pre-jumpers
- Demonstrate hypotonia and/ or hypertonia
- Lack body awareness
- Have torticollis

Why is it Beneficial?

- Highly motivating
- More repetitions that require less energy
- Improves body awareness
- Less risk of injury when falling
- Engages all of the senses



Interested? Call or Text 480-269-0173