

Why Would My Toddler Need a Pediatric Physical Therapist?

In Home Services in Scottsdale, AZ + Surrounding Areas • Text or Call 480-269-0173



Difficulties with Sitting Still

- Seeking out movement instead of sitting, disrupting circle time
- Fidget when placed in a chair, unable to attend in academics
- Family is disconnected at mealtime, as child wanders around
- Prefer to lay down or lean against furniture, requiring you to pick them up or scold them to 'sit up straight'
- Uncomfortable in 'criss cross applesauce' position, resulting in complaining and distraction from task at hand

Fall Risk

- Find yourself holding your breath or 'on edge' when they are walking or running
- Must be accompanied to use stairs
- Seemingly trip on 'nothing' or 'just while standing still'
- Unable to protect their head by placing hands out when falling
- Stand on tiptoes, making it difficult stand still



Ball Play Difficulties

- Difficult to tell if a kick is purposeful or accidental
- Unable to focus on ball coming towards them
- Don't understand how to prepare hands prior to catching
- More interested in inspecting ball than throwing it
- Poor accuracy with aim
- Tendency to 'over shoot' with throw or kick

Unable to Run or Jump

- Have 'one speed' for fast walking/ running
- Run for several feet before intentionally falling down
- 'Jump' while sitting or kneeling rather than standing
- Unable to coordinate both feet together to jump
- Land on hands rather than feet when jumping
- Require your help to clear feet from ground to jump

