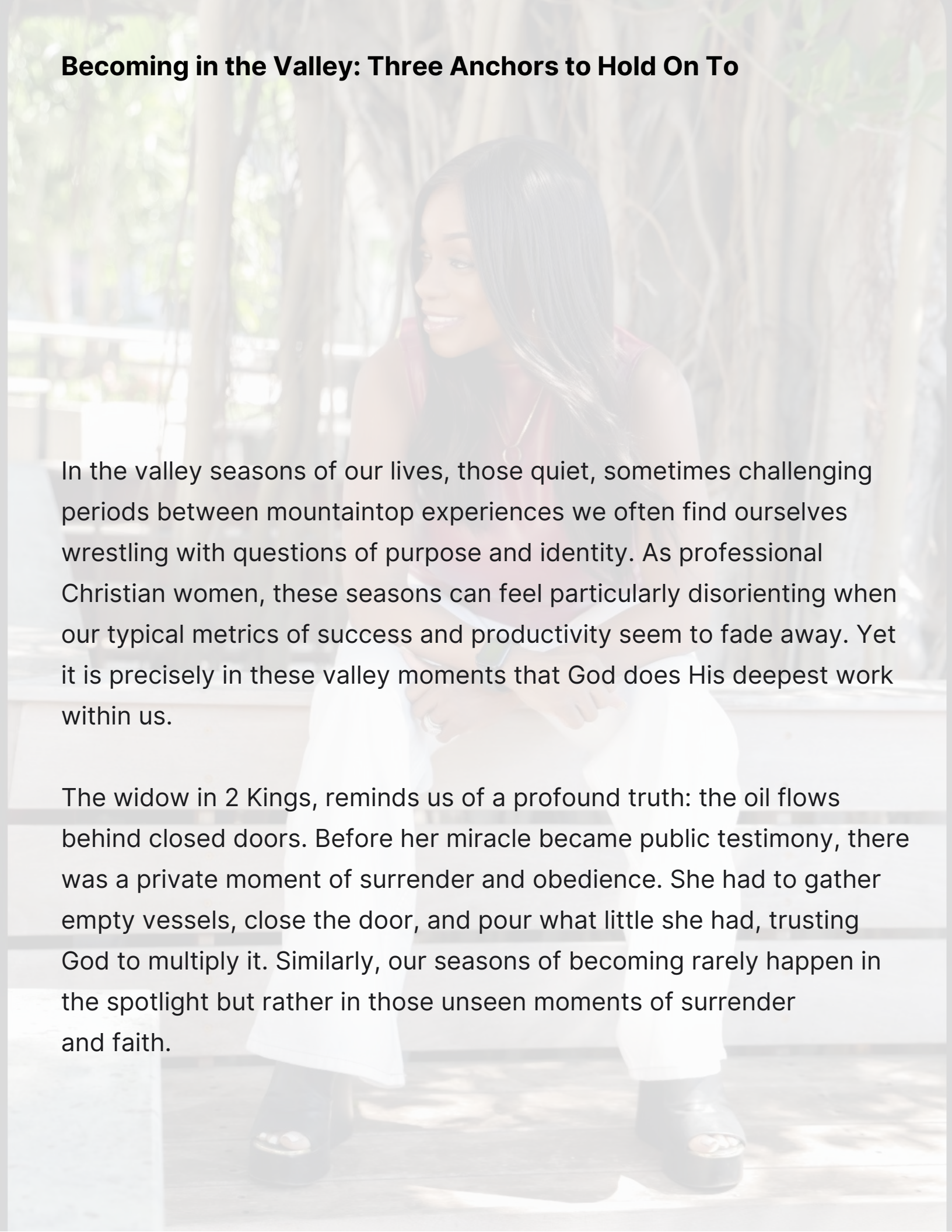


Becoming in the Valley Three Anchors to Hold On To

A resource from The Purpose Pursuit Collective

By: Aimee F. Nelson

Becoming in the Valley: Three Anchors to Hold On To



In the valley seasons of our lives, those quiet, sometimes challenging periods between mountaintop experiences we often find ourselves wrestling with questions of purpose and identity. As professional Christian women, these seasons can feel particularly disorienting when our typical metrics of success and productivity seem to fade away. Yet it is precisely in these valley moments that God does His deepest work within us.

The widow in 2 Kings, reminds us of a profound truth: the oil flows behind closed doors. Before her miracle became public testimony, there was a private moment of surrender and obedience. She had to gather empty vessels, close the door, and pour what little she had, trusting God to multiply it. Similarly, our seasons of becoming rarely happen in the spotlight but rather in those unseen moments of surrender and faith.

Becoming in the Valley: Three Anchors to Hold On To



Surrender is both posture and practice

Surrender isn't simply a one-time decision but a daily practice of opening our hands to release control. It means consciously choosing to trust God's timing and process, even when it doesn't align with our professional timelines or career goals. This posture of surrender creates space for God to work in ways our striving never could.



God develops in private what He uses in public

Like a seed germinating beneath the soil long before any visible growth appears, God is cultivating gifts, wisdom, and character within you that will eventually bear fruit. Embrace these hidden seasons of development, knowing that what feels like delay is often divine preparation for the calling He has placed on your life.



Purpose flows with rhythm, not balance

Rather than striving for perfect balance between your professional life and spiritual journey, seek to discern the sacred rhythm God is inviting you into. Some seasons call for intense focus in certain areas while others invite rest and reflection. Moving with this divine cadence allows you to steward your energy and gifts with wisdom.

Becoming in the Valley: Three Anchors to Hold On To

As you navigate this season of becoming, consider spending time with these journal prompts: Where am I resisting surrender in my professional or personal life? What season am I truly in right now, and how might God be working beneath the surface? What rhythm is God calling me into, and how can I align my daily practices with this divine cadence?

I will rise in rhythm. I will move with grace. I release what no longer serves the woman God is forming in me. I am becoming her, one surrender at a time.

Remember that your journey of becoming is not measured by outward achievements but by inward transformation. The valley is not a detour from your purpose, it is the very place where God prepares you for what lies ahead. Hold fast to these anchors, knowing that every moment of surrender is shaping you into the woman He has called you to be.