

## Rolfing® Structural Integration Health Intake Form

| Name                              | Age                              | Weight                  | _ Height              |
|-----------------------------------|----------------------------------|-------------------------|-----------------------|
| Do you have or ever had any of    | the following conditions, illnes | ses or problems?        |                       |
| Heart condition                   | High blood pressure              | Hemophilia              | Diabetes              |
| Respiratory problems _            | Low blood pressure               | Convulsions             | Cancer                |
| Circulatory problems              | Digestive problems               | Other:                  |                       |
| Please describe any of the abov   | e, including approximate date    | s of illness and treatm | nent:                 |
| Are you currently under the care  | of a medical physician, chirop   | oractor or other therap | pist?                 |
| If yes, please describe:          |                                  |                         |                       |
| If not, please indicate approxima | te date of last physical:        |                         |                       |
| What medication(s) have you tal   | ken during the last six months   | ?                       |                       |
| Please describe, including appro  | eximate dates, sites of injuries | and treatments:         |                       |
| Past injuries                     |                                  |                         |                       |
| Past accidents                    |                                  |                         |                       |
| Past surgeries                    |                                  |                         |                       |
| Previous bodywork                 |                                  |                         |                       |
| What would you like to gain from  | Rolfing Structural Integration   | ?                       |                       |
| Where did you learn about Rolfir  |                                  |                         |                       |
| Questions prior to beginning:     |                                  |                         |                       |
| Please feel free to ask questions | s at any time during the proces  | ss. Client communicat   | ion is vital to the w |

Thank you for taking the time to fill out this questionnaire. It will remain confidential. We appreciate your continued participation in your own good health.