

What to expect when you come to the clinic:

As you read in our last few emails, we will be making many changes to our procedures as well as our space. Things will look different - for the foreseeable future. We take our "do no harm" commitment very seriously, and hope you will too.

If you have booked a treatment, you will receive this again prior to the session and be asked to sign off that you read it. For those who have not yet scheduled, you will at least know what you are in for!

BEFORE:

- Please take your temperature at home before coming to the clinic. If you have a temp of 99.5 or higher, you will not be allowed in to the clinic.
- While asymptomology is a real issue with COVID, please stay home if you present any symptoms at all
- Come wearing a mask and expect to keep it on at all times
- No gloves please – let us be the ones to wear them
- Limit materials you bring into your appointment, only necessary items
- Do not bring in purses or bags, nor wear extra jewelry or accessories. Only bring your phone in if you really need to.
- Limit touching surfaces when in the clinic
- Please come alone to your treatment, unless you require assistance or have permission to come with your partner/family member
- If you arrive early, you'll wait in your car until a few minutes prior to your treatment. There is no sitting in the waiting room.
- We will take your temperature at the door, then ask you to go wash your hands, then head straight to your treatment room

DURING:

- Our check-in prior to needles will be brief. If there is something extensive you wish you discuss, please let us know ahead of time.
- You will be asked to keep your mask on for the entire duration of your treatment so pick the right mask for you
- Please wear comfortable clothing, and keep on undergarments if possible to minimize use of towels. If you are chilly, we have them.
- As hard as it will be, we will try to keep our chatting to a minimum, so we may get treatment in place, give you ample resting time and begin our distancing again.

AFTER:

- In an effort to limit contact at the desk, we will take payments by running cards on file
 - If you prefer to write checks, please bring your own pen or fill them out ahead of time.
 - To schedule your next appointment, we can send you options via text or email. You can also opt to schedule online.
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- At any point, we may have to close due to county or state recommendation. We will notify patients as soon as possible.
 - We are required to close for 2 weeks if someone has reported a positive case of COVID 19 who has been in.

DATE: _____

Sign: _____