CENTER NAME:_





	0	MONDAY 2		WEDNESDAY	4 THURSDAY	5 FRIDAY
	Grains / Meat / Alt	(W) Cereal, Rice Crispies	WG Waffle	English Muffin w/ Jelly	(W) Muffin, Corn	Yogurt , Flavored
Breakfast	· ·	Fresh Fruit, Banana	Fresh Fruit, Apple Slices	Fresh Fruit, Canteloupe	Fresh Fruit, Oranges	Fresh Fruit, Honeydew Melon
	MIIk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk
4 Lunch	Meat / Alt	Sloppy Joe w/ PB Sausage	Beef Taco w/ Veggie Sausage	Honey Mustard Chick'n Wrap	Chick'n & Grav	Chick'n Alfredo Flatbread
	Grain	WG Dinner Roll	WG Tortilla Wrap	WG Tortilla Wrap	Brown Rice	WG Flatbread
& Supper	Veg	Green Beans	Tomato Salsa / Lettuce	Tossed Salad w/ Dressing	Cauliflower Medley	Brocolli
	Fruit	Pears	(C) Mandarin Oranges	(C) Fruit Cocktail	(C) Pineapple	Peaches
	Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Snack	Grain	Granola Bites	(W) Sweet Potato Cracker	(W) Graham Crackers	(W) Original Animal Cracker	WG Cracker, Chrurro
	Fruit	100% Fruit Punch	100% Fruit Punch	100% Fruit Punch	100% Fruit Punch	100% Fruit Punch
	Grains / Meat / Alt	MONDAY 9 (W) Cereal, Rice Crispies	TUESDAY 10 WG Pancakes	WEDNESDAY Bagel w/ Cream Cheese	11 THURSDAY (W) Muffin, Banana	12 FRIDAY WG Cinnamon French Toast
Breakfast	Veg/ Fruit	Fresh Fruit, Banana	Fresh Fruit, Apple Slices	Fresh Fruit, Canteloupe	Fresh Fruit, Oranges	Fresh Fruit, Honeydew Melon
Dieakiast	Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk
	Meat / Alt					BBQ Chick'n Flatbread
1 Lunch & Supper		Spaghetti w/ Veggie Sausage WG Pasta	Chick'n Sandwich WG Roll	Veggie & Hummus Wraps	Veggie Casserole	WG Flatbread Pizza
	Grain	Green Beans		WG Tortilla Wrap Tossed Salad w/ Dressing	WG Pasta	
	Veg		Tomato Salsa / Lettuce	9	Cauliflower Medley	Brocolli Peaches
	Fruit	Pears	(C) Mandarin Oranges	(C) Fruit Cocktail	(C) Pineapple	
Snack	Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
	Grain	(D) String Cheese & Crackers	(W) Cinnamon Apple Crackers	(W)Cheese Crackers	WG Maple Cracker	WG Cracker, Vanilla
	Fruit 1	100% Fruit Punch 5 MONDAY 10	100% Fruit Punch 6 TUESDAY 17	100% Fruit Punch WEDNESDAY	100% Fruit Punch THURSDAY	100% Fruit Punch 19 FRIDAY
	Grains / Meat / Alt	(W) Cereal, Corn Flakes	WG Waffle	English Muffin w/ Jelly	(W) Muffin, Corn	Yogurt , Flavored
Breakfast	Veg/ Fruit	Fresh Fruit, Banana	Fresh Fruit, Apple Slices	Fresh Fruit, Canteloupe	Fresh Fruit, Oranges	Fresh Fruit, Honeydew Melon
	MIIk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk
	Meat / Alt	BBQ Veggie Meatball	Dairy Free Mac & Cheese	Veggie Burger	Sweet & Sour Chick'n	DF Cheese Flatbread Pizza
2 Lunch & Supper	Grain	WG Dinner Roll	WG Dinner Roll	WG Hamburger Bun	Brown Rice	WG Flatbread Pizza
	Veg	Green Beans	Glazed Carrots	Sweet Corn	Glazed Carrots	Brocolli
	Fruit	Pears	(C) Mandarin Oranges	(C) Fruit Cocktail	(C) Pineapple	Peaches
	Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
	Grain	Granola Bites	(W) Sweet Potato Cracker	(W) Graham Crackers	(W) Original Animal Cracker	WG Cracker, Chrurro
Snack	Fruit	100% Fruit Punch	100% Fruit Punch	100% Fruit Punch	100% Fruit Punch	100% Fruit Punch
	2	2 MONDAY 2	3 TUESDAY 24	WEDNESDAY	25 THURSDAY	26 FRIDAY
	Grains / Meat / Alt	(W) Cereal, Rice Crispies	WG Pancakes	Bagel w/ Cream Cheese	(W) Muffin, Blueberry	WG Cinnamon French Toast
Breakfast	Veg/ Fruit	Fresh Fruit, Banana	Fresh Fruit, Apple Slices	Fresh Fruit, Canteloupe	Fresh Fruit, Oranges	Fresh Fruit, Honeydew Melon
	MIIk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk
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Lunch	Meat / Alt	Spaghetti w/ Veggie Sausage	BBQ Chick'n Sandwich	Veggie & Hummus Wraps	Veggie Casserole	Veggie Flatbread Pizza
3 Lunch	Meat / Alt Grain	Spaghetti w/ Veggie Sausage WG Pasta	BBQ Chick'n Sandwich WG Roll			
3 Lunch &				Veggie & Hummus Wraps	Veggie Casserole	Veggie Flatbread Pizza
MI .	Grain	WG Pasta	WG Roll	Veggie & Hummus Wraps WG Tortilla Wrap	Veggie Casserole WG Pasta	Veggie Flatbread Pizza WG Flatbread Pizza
&	Grain Veg	WG Pasta Green Beans	WG Roll Colesiaw	Veggie & Hummus Wraps WG Tortilla Wrap Tossed Salad w/ Dressing	Veggie Casserole WG Pasta Glazed Carrots	Veggie Flatbread Pizza WG Flatbread Pizza Brocolli
& Supper	Grain Veg Fruit	WG Pasta Green Beans Pears	WG Roll Coleslaw (C) Mandarin Oranges	Veggie & Hummus Wraps WG Tortilla Wrap Tossed Salad w/ Dressing (C) Fruit Cocktail	Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple	Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches
&	Grain Veg Fruit Milk Grain Fruit	WG Pasta Green Beans Pears 1% or Whole Milk (D) String Cheese & Crackers 100% Fruit Punch	WG Roll Coleslaw (C) Mandarin Oranges 1% or Whole Milk (W) Cinnamon Apple Crackers 100% Fruit Punch	Veggie & Hummus Wraps WG Tortilla Wrap Tossed Salad w/ Dressing (C) Fruit Cocktail 1% or Whole Milk	Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple 1% or Whole Milk	Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches 1% or Whole Milk
& Supper	Grain Veg Fruit Milk Grain Fruit	WG Pasta Green Beans Pears 1% or Whole Milk (D) String Cheese & Crackers 100% Fruit Punch 9 MONDAY 36	WG Roll Coleslaw (C) Mandarin Oranges 1% or Whole Milk (W) Cinnamon Apple Crackers 100% Fruit Punch TUESDAY	Veggie & Hummus Wraps WG Tortilla Wrap Tossed Salad w/ Dressing (C) Fruit Cocktail 1% or Whole Milk (W)Cheese Crackers	Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple 1% or Whole Milk WG Maple Cracker	Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches 1% or Whole Milk WG Cracker, Vanilla
& Supper	Grain Veg Fruit Milk Grain Fruit 2 Grains / Meat / Alt	WG Pasta Green Beans Pears 1% or Whole Milk (D) String Cheese & Crackers 100% Fruit Punch MONDAY (W) Cereal, Rice Crispies	WG Roll Coleslaw (C) Mandarin Oranges 1% or Whole Milk (W) Cinnamon Apple Crackers 100% Fruit Punch TUESDAY WG Waffle	Veggie & Hummus Wraps WG Tortilla Wrap Tossed Salad w/ Dressing (C) Fruit Cocktail 1% or Whole Milk (W)Cheese Crackers	Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple 1% or Whole Milk WG Maple Cracker	Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches 1% or Whole Milk WG Cracker, Vanilla
& Supper	Grain Veg Fruit Milk Grain Fruit 2 Grains / Meat / Alt Veg/ Fruit	WG Pasta Green Beans Pears 1% or Whole Milk (D) String Cheese & Crackers 100% Fruit Punch 9 MONDAY 30 (W) Cereal, Rice Crispies Fresh Fruit, Banana	WG Roll Coleslaw (C) Mandarin Oranges 1% or Whole Milk (W) Cinnamon Apple Crackers 100% Fruit Punch TUESDAY WG Waffle Fresh Fruit, Apple Slices	Veggie & Hummus Wraps WG Tortilla Wrap Tossed Salad w/ Dressing (C) Fruit Cocktail 1% or Whole Milk (W)Cheese Crackers	Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple 1% or Whole Milk WG Maple Cracker	Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches 1% or Whole Milk WG Cracker, Vanilla
& Supper	Grain Veg Fruit Milk Grain Fruit 2 Grains / Meat / Alt Veg/ Fruit Milk	WG Pasta Green Beans Pears 1% or Whole Milk (D) String Cheese & Crackers 100% Fruit Punch MONDAY (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk	WG Roll Coleslaw (C) Mandarin Oranges 1% or Whole Milk (W) Cinnamon Apple Crackers 100% Fruit Punch TUESDAY WG Waffle Fresh Fruit, Apple Slices Whole Milk or 1 % Milk	Veggie & Hummus Wraps WG Tortilla Wrap Tossed Salad w/ Dressing (C) Fruit Cocktail 1% or Whole Milk (W)Cheese Crackers	Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple 1% or Whole Milk WG Maple Cracker	Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches 1% or Whole Milk WG Cracker, Vanilla
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& Supper Snack Breakfast	Grain Veg Fruit Milk Grain Fruit 2 Grains / Meat / Alt Veg/ Fruit Milk Meat / Alt Grain	WG Pasta Green Beans Pears 1% or Whole Milk (D) String Cheese & Crackers 100% Fruit Punch MONDAY (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Sloppy Joe w/ PB Sausage WG Dinner Roll	WG Roll Coleslaw (C) Mandarin Oranges 1% or Whole Milk (W) Cinnamon Apple Crackers 100% Fruit Punch TUESDAY WG Waffle Fresh Fruit, Apple Slices Whole Milk or 1 % Milk Beef Taco w/ Veggie Sausage WG Tortilla Wrap	Veggie & Hummus Wraps WG Tortilla Wrap Tossed Salad w/ Dressing (C) Fruit Cocktail 1% or Whole Milk (W)Cheese Crackers	Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple 1% or Whole Milk WG Maple Cracker	Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches 1% or Whole Milk WG Cracker, Vanilla
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