## **VEGETARIAN MENU**

CENTER NAME:





		4 110117				
	Crains / Most / Alt	1 MONDAY 2		3 WEDNESDAY	4 THURSDAY	5 FRIDAY
Dun alafa at	Grains / Meat / Alt	(W) Cereal, Rice Crispies	WG Waffle	English Muffin w/ Jelly	(W) Muffin, Corn	Yogurt , Flavored
Breakfast	· ·	Fresh Fruit, Banana	Fresh Fruit, Apple Slices	Fresh Fruit, Canteloupe	Fresh Fruit, Oranges	Fresh Fruit, Honeydew Melon
	Mllk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk
	Meat / Alt	Sloppy Joe w/ PB Sausage	Beef Taco w/ Veggie Sausage	Honey Mustard Chick'n Wrap	Chick'n & Gravy	Chick'n Alfredo Flatbread
4 Lunch	Grain	WG Dinner Roll	WG Tortilla Wrap	WG Tortilla Wrap	Brown Rice	WG Flatbread
& Supper	Veg	Green Beans	Tomato Salsa / Lettuce	Tossed Salad w/ Dressing	Cauliflower Medley	Brocolli
опрро.	Fruit	Pears	(C) Mandarin Oranges	(C) Fruit Cocktail	(C) Pineapple	Peaches
	Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Snack	Grain	Granola Bites	(W) Sweet Potato Cracker	(W) Graham Crackers	(W) Original Animal Cracker	,
	Fruit	100% Fruit Punch	100% Fruit Punch	100% Fruit Punch	100% Fruit Punch	100% Fruit Punch
		8 MONDAY 9		10 WEDNESDAY	11 THURSDAY	12 FRIDAY
	Grains / Meat / Alt	(W) Cereal, Rice Crispies	WG Pancakes	Bagel w/ Cream Cheese	(W) Muffin, Banana	WG Cinnamon French Toast
Breakfast	· ·	Fresh Fruit, Banana	Fresh Fruit, Apple Slices	Fresh Fruit, Canteloupe	Fresh Fruit, Oranges	Fresh Fruit, Honeydew Melon
	Mllk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk
	Meat / Alt	Spaghetti w/ Veggie Sausage	Chick'n Sandwich	Veggie & Hummus Wraps	Veggie Casserole	BBQ Chick'n Flatbread
1 Lunch	Grain	WG Pasta	WG Roll	WG Tortilla Wrap	WG Pasta	WG Flatbread Pizza
& Supper	Veg	Green Beans	Tomato Salsa / Lettuce	Tossed Salad w/ Dressing	Cauliflower Medley	Brocolli
	Fruit	Pears	(C) Mandarin Oranges	(C) Fruit Cocktail	(C) Pineapple	Peaches
	Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Snack	Grain	(D) String Cheese & Crackers	(W) Cinnamon Apple Crackers	(W)Cheese Crackers	WG Maple Cracker	WG Cracker, Vanilla
	Fruit	100% Fruit Punch	100% Fruit Punch	100% Fruit Punch	100% Fruit Punch	100% Fruit Punch
	Grains / Meat / Alt	(W) Cereal, Corn Flakes	TUESDAY  WG Waffle	17 WEDNESDAY English Muffin w/ Jelly	18 THURSDAY (W) Muffin, Corn	19 FRIDAY Yogurt , Flavored
Breakfast		Fresh Fruit, Banana		Fresh Fruit, Canteloupe		_
DiedkidSt	· ·		Fresh Fruit, Apple Slices	•	Fresh Fruit, Oranges	Fresh Fruit, Honeydew Melon
	Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk	Whole Milk or 1 % Milk
Lunch & Supper	Meat / Alt	BBQ Veggie Meatball	Dairy Free Mac & Cheese	Veggie Burger	Sweet & Sour Chick'n	DF Cheese Flatbread Pizza
	Grain	WG Dinner Roll Green Beans	WG Dinner Roll	WG Hamburger Bun	Brown Rice	WG Flatbread Pizza
	Veg	Green Beans	Glazed Carrots	Sweet Corn	Glazed Carrots	Brocolli
Supper	F.m. sid			(C) Emit Coalstail	(C) Dincomb	Danahaa
Supper	Fruit	Pears	(C) Mandarin Oranges	(C) Fruit Cocktail	(C) Pineapple	Peaches
Supper	Milk	Pears 1% or Whole Milk	(C) Mandarin Oranges 1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Supper	Milk Grain	Pears 1% or Whole Milk Granola Bites	(C) Mandarin Oranges 1% or Whole Milk (W) Sweet Potato Cracker	1% or Whole Milk (W) Graham Crackers	1% or Whole Milk (W) Original Animal Cracker	1% or Whole Milk WG Cracker, Cinnamon Chrurro
	Milk Grain Fruit	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch	(C) Mandarin Oranges 1% or Whole Milk (W) Sweet Potato Cracker 100% Fruit Punch	1% or Whole Milk (W) Graham Crackers 100% Fruit Punch	1% or Whole Milk (W) Original Animal Cracker 100% Fruit Punch	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch
	Milk Grain Fruit 2	Pears  1% or Whole Milk  Granola Bites  100% Fruit Punch  2 MONDAY 23	(C) Mandarin Oranges  1% or Whole Milk  (W) Sweet Potato Cracker  100% Fruit Punch  TUESDAY	1% or Whole Milk (W) Graham Crackers 100% Fruit Punch WEDNESDAY	1% or Whole Milk (W) Original Animal Cracker 100% Fruit Punch 25 THURSDAY	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch 26 FRIDAY
Snack	Milk Grain Fruit 2 Grains / Meat / Alt	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 2 MONDAY 23 (W) Cereal, Rice Crispies	(C) Mandarin Oranges 1% or Whole Milk (W) Sweet Potato Cracker 100% Fruit Punch TUESDAY WG Pancakes	1% or Whole Milk (W) Graham Crackers 100% Fruit Punch WEDNESDAY Bagel w/ Cream Cheese	1% or Whole Milk (W) Original Animal Cracker 100% Fruit Punch  THURSDAY (W) Muffin, Blueberry	1% or Whole Milk  WG Cracker, Cinnamon Chrurro 100% Fruit Punch  FRIDAY  WG Cinnamon French Toast
	Milk Grain Fruit 2 Grains / Meat / Alt Veg/ Fruit	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 2 MONDAY 23 (W) Cereal, Rice Crispies Fresh Fruit, Banana	(C) Mandarin Oranges 1% or Whole Milk (W) Sweet Potato Cracker 100% Fruit Punch  TUESDAY WG Pancakes Fresh Fruit, Apple Slices	1% or Whole Milk (W) Graham Crackers 100% Fruit Punch WEDNESDAY Bagel w/ Cream Cheese Fresh Fruit, Canteloupe	1% or Whole Milk (W) Original Animal Cracker 100% Fruit Punch 25 THURSDAY (W) Muffin, Blueberry Fresh Fruit, Oranges	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch  FRIDAY WG Cinnamon French Toast Fresh Fruit, Honeydew Melon
Snack	Milk Grain Fruit 2 Grains / Meat / Alt Veg/ Fruit Mllk	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 2 MONDAY 2: (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk	(C) Mandarin Oranges  1% or Whole Milk  (W) Sweet Potato Cracker  100% Fruit Punch  TUESDAY  WG Pancakes  Fresh Fruit, Apple Slices  Whole Milk or 1 % Milk	1% or Whole Milk  (W) Graham Crackers  100% Fruit Punch  24 WEDNESDAY  Bagel w/ Cream Cheese Fresh Fruit, Canteloupe Whole Milk or 1 % Milk	1% or Whole Milk (W) Original Animal Cracker 100% Fruit Punch 25 THURSDAY (W) Muffin, Blueberry Fresh Fruit, Oranges Whole Milk or 1 % Milk	1% or Whole Milk  WG Cracker, Cinnamon Chrurro 100% Fruit Punch  26 FRIDAY  WG Cinnamon French Toast Fresh Fruit, Honeydew Melon Whole Milk or 1 % Milk
Snack Breakfast	Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit Milk Meat / Alt	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 22 MONDAY 23 (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Spaghetti w/ Veggie Sausage	(C) Mandarin Oranges  1% or Whole Milk  (W) Sweet Potato Cracker  100% Fruit Punch  TUESDAY  WG Pancakes  Fresh Fruit, Apple Slices  Whole Milk or 1 % Milk  BBQ Chick'n Sandwich	1% or Whole Milk  (W) Graham Crackers  100% Fruit Punch  WEDNESDAY  Bagel w/ Cream Cheese Fresh Fruit, Canteloupe Whole Milk or 1 % Milk  Veggie & Hummus Wraps	1% or Whole Milk (W) Original Animal Cracker 100% Fruit Punch 25 THURSDAY (W) Muffin, Blueberry Fresh Fruit, Oranges Whole Milk or 1 % Milk Veggie Casserole	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch 26 FRIDAY WG Cinnamon French Toast Fresh Fruit, Honeydew Melon Whole Milk or 1 % Milk Veggie Flatbread Pizza
Snack  Breakfast	Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit Mllk Meat / Alt Grain	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 2 MONDAY 23 (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Spaghetti w/ Veggie Sausage WG Pasta	(C) Mandarin Oranges  1% or Whole Milk  (W) Sweet Potato Cracker  100% Fruit Punch  TUESDAY  WG Pancakes  Fresh Fruit, Apple Slices  Whole Milk or 1 % Milk  BBQ Chick'n Sandwich  WG Roll	1% or Whole Milk (W) Graham Crackers 100% Fruit Punch  WEDNESDAY  Bagel w/ Cream Cheese Fresh Fruit, Canteloupe Whole Milk or 1 % Milk  Veggie & Hummus Wraps WG Tortilla Wrap	1% or Whole Milk (W) Original Animal Cracker 100% Fruit Punch 25 THURSDAY (W) Muffin, Blueberry Fresh Fruit, Oranges Whole Milk or 1 % Milk Veggie Casserole WG Pasta	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch  26 FRIDAY WG Cinnamon French Toast Fresh Fruit, Honeydew Melon Whole Milk or 1 % Milk Veggie Flatbread Pizza WG Flatbread Pizza
Snack Breakfast	Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit Milk Meat / Alt Grain Veg	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 2 MONDAY 23 (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Spaghetti w/ Veggie Sausage WG Pasta Green Beans	(C) Mandarin Oranges 1% or Whole Milk (W) Sweet Potato Cracker 100% Fruit Punch  TUESDAY WG Pancakes Fresh Fruit, Apple Slices Whole Milk or 1 % Milk BBQ Chick'n Sandwich WG Roll Coleslaw	1% or Whole Milk (W) Graham Crackers 100% Fruit Punch WEDNESDAY Bagel w/ Cream Cheese Fresh Fruit, Canteloupe Whole Milk or 1 % Milk Veggie & Hummus Wraps WG Tortilla Wrap Tossed Salad w/ Dressing	1% or Whole Milk (W) Original Animal Cracker 100% Fruit Punch 25 THURSDAY (W) Muffin, Blueberry Fresh Fruit, Oranges Whole Milk or 1 % Milk Veggie Casserole WG Pasta Glazed Carrots	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch 26 FRIDAY WG Cinnamon French Toast Fresh Fruit, Honeydew Melon Whole Milk or 1 % Milk Veggie Flatbread Pizza WG Flatbread Pizza Brocolli
Snack  Breakfast  Lunch	Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit MIlk Meat / Alt Grain Veg Fruit	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 2 MONDAY 23 (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Spaghetti w/ Veggie Sausage WG Pasta Green Beans Pears	(C) Mandarin Oranges  1% or Whole Milk  (W) Sweet Potato Cracker  100% Fruit Punch  TUESDAY  WG Pancakes  Fresh Fruit, Apple Slices  Whole Milk or 1 % Milk  BBQ Chick'n Sandwich  WG Roll  Coleslaw  (C) Mandarin Oranges	1% or Whole Milk  (W) Graham Crackers  100% Fruit Punch  24 WEDNESDAY  Bagel w/ Cream Cheese Fresh Fruit, Canteloupe Whole Milk or 1 % Milk  Veggie & Hummus Wraps  WG Tortilla Wrap  Tossed Salad w/ Dressing  (C) Fruit Cocktail	1% or Whole Milk  (W) Original Animal Cracker 100% Fruit Punch  25 THURSDAY  (W) Muffin, Blueberry Fresh Fruit, Oranges Whole Milk or 1 % Milk  Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch 26 FRIDAY WG Cinnamon French Toast Fresh Fruit, Honeydew Melon Whole Milk or 1 % Milk Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches
Snack  Breakfast  Lunch	Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit MIlk Meat / Alt Grain Veg Fruit Milk Milk Meat / Milk	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 2 MONDAY 23 (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Spaghetti w/ Veggie Sausage WG Pasta Green Beans Pears 1% or Whole Milk	(C) Mandarin Oranges 1% or Whole Milk (W) Sweet Potato Cracker 100% Fruit Punch  TUESDAY WG Pancakes Fresh Fruit, Apple Slices Whole Milk or 1 % Milk BBQ Chick'n Sandwich WG Roll Coleslaw (C) Mandarin Oranges 1% or Whole Milk	1% or Whole Milk  (W) Graham Crackers  100% Fruit Punch  24 WEDNESDAY  Bagel w/ Cream Cheese Fresh Fruit, Canteloupe Whole Milk or 1 % Milk  Veggie & Hummus Wraps  WG Tortilla Wrap  Tossed Salad w/ Dressing  ( C) Fruit Cocktail  1% or Whole Milk	1% or Whole Milk  (W) Original Animal Cracker 100% Fruit Punch  25 THURSDAY  (W) Muffin, Blueberry Fresh Fruit, Oranges Whole Milk or 1 % Milk  Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple 1% or Whole Milk	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch  26 FRIDAY WG Cinnamon French Toast Fresh Fruit, Honeydew Melon Whole Milk or 1 % Milk Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches 1% or Whole Milk
Snack  Breakfast  Lunch	Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit Milk Meat / Alt Grain Veg Fruit Milk Grain Grain	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 22 MONDAY 23 (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Spaghetti w/ Veggie Sausage WG Pasta Green Beans Pears 1% or Whole Milk (D) String Cheese & Crackers	(C) Mandarin Oranges  1% or Whole Milk  (W) Sweet Potato Cracker  100% Fruit Punch  TUESDAY  WG Pancakes  Fresh Fruit, Apple Slices  Whole Milk or 1 % Milk  BBQ Chick'n Sandwich  WG Roll  Coleslaw  (C) Mandarin Oranges  1% or Whole Milk  (W) Cinnamon Apple Crackers	1% or Whole Milk  (W) Graham Crackers 100% Fruit Punch  24 WEDNESDAY  Bagel w/ Cream Cheese Fresh Fruit, Canteloupe Whole Milk or 1 % Milk  Veggie & Hummus Wraps WG Tortilla Wrap  Tossed Salad w/ Dressing (C) Fruit Cocktail 1% or Whole Milk  (W)Cheese Crackers	1% or Whole Milk  (W) Original Animal Cracker 100% Fruit Punch  25 THURSDAY  (W) Muffin, Blueberry Fresh Fruit, Oranges Whole Milk or 1 % Milk  Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple 1% or Whole Milk  WG Maple Cracker	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch  26 FRIDAY WG Cinnamon French Toast Fresh Fruit, Honeydew Melon Whole Milk or 1 % Milk Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches 1% or Whole Milk WG Cracker, Vanilla
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Snack  Breakfast  Lunch & Supper	Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit Milk Meat / Alt Grain Veg Fruit Milk Grain Fruit Milk Grain Fruit	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 2 MONDAY 23 (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Spaghetti w/ Veggie Sausage WG Pasta Green Beans Pears 1% or Whole Milk (D) String Cheese & Crackers 100% Fruit Punch	(C) Mandarin Oranges  1% or Whole Milk  (W) Sweet Potato Cracker  100% Fruit Punch  TUESDAY  WG Pancakes  Fresh Fruit, Apple Slices  Whole Milk or 1 % Milk  BBQ Chick'n Sandwich  WG Roll  Coleslaw  (C) Mandarin Oranges  1% or Whole Milk  (W) Cinnamon Apple Crackers  100% Fruit Punch  TUESDAY	1% or Whole Milk  (W) Graham Crackers 100% Fruit Punch  24 WEDNESDAY  Bagel w/ Cream Cheese Fresh Fruit, Canteloupe Whole Milk or 1 % Milk  Veggie & Hummus Wraps WG Tortilla Wrap  Tossed Salad w/ Dressing (C) Fruit Cocktail 1% or Whole Milk  (W)Cheese Crackers	1% or Whole Milk  (W) Original Animal Cracker 100% Fruit Punch  25 THURSDAY  (W) Muffin, Blueberry Fresh Fruit, Oranges Whole Milk or 1 % Milk  Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple 1% or Whole Milk  WG Maple Cracker	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch  26 FRIDAY WG Cinnamon French Toast Fresh Fruit, Honeydew Melon Whole Milk or 1 % Milk Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches 1% or Whole Milk WG Cracker, Vanilla
Snack  Breakfast  Lunch & Supper  Snack	Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit Milk Meat / Alt Grain Veg Fruit Milk Grain Fruit Milk Grain Fruit	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 2 MONDAY 23 (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Spaghetti w/ Veggie Sausage WG Pasta Green Beans Pears 1% or Whole Milk (D) String Cheese & Crackers 100% Fruit Punch 29 MONDAY 30 (W) Cereal, Rice Crispies	(C) Mandarin Oranges  1% or Whole Milk  (W) Sweet Potato Cracker  100% Fruit Punch  TUESDAY  WG Pancakes  Fresh Fruit, Apple Slices  Whole Milk or 1 % Milk  BBQ Chick'n Sandwich  WG Roll  Coleslaw  (C) Mandarin Oranges  1% or Whole Milk  (W) Cinnamon Apple Crackers  100% Fruit Punch  TUESDAY  WG Waffle	1% or Whole Milk  (W) Graham Crackers 100% Fruit Punch  24 WEDNESDAY  Bagel w/ Cream Cheese Fresh Fruit, Canteloupe Whole Milk or 1 % Milk  Veggie & Hummus Wraps WG Tortilla Wrap  Tossed Salad w/ Dressing (C) Fruit Cocktail 1% or Whole Milk  (W)Cheese Crackers	1% or Whole Milk  (W) Original Animal Cracker 100% Fruit Punch  25 THURSDAY  (W) Muffin, Blueberry Fresh Fruit, Oranges Whole Milk or 1 % Milk  Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple 1% or Whole Milk  WG Maple Cracker	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch  26 FRIDAY WG Cinnamon French Toast Fresh Fruit, Honeydew Melon Whole Milk or 1 % Milk Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches 1% or Whole Milk WG Cracker, Vanilla
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Snack  Breakfast  Lunch & Supper  Snack	Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit Milk Meat / Alt Grain Veg Fruit Milk Grain Fruit Milk Grain Fruit Veg/ Fruit Milk Meat / Alt Milk Meat / Alt Milk Meat / Alt	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 2 MONDAY 23 (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Spaghetti w/ Veggie Sausage WG Pasta Green Beans Pears 1% or Whole Milk (D) String Cheese & Crackers 100% Fruit Punch 9 MONDAY 30 (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk	(C) Mandarin Oranges 1% or Whole Milk (W) Sweet Potato Cracker 100% Fruit Punch  TUESDAY  WG Pancakes Fresh Fruit, Apple Slices Whole Milk or 1 % Milk  BBQ Chick'n Sandwich  WG Roll  Coleslaw (C) Mandarin Oranges 1% or Whole Milk (W) Cinnamon Apple Crackers 100% Fruit Punch  TUESDAY  WG Waffle Fresh Fruit, Canteloupe Whole Milk or 1 % Milk	1% or Whole Milk  (W) Graham Crackers 100% Fruit Punch  24 WEDNESDAY  Bagel w/ Cream Cheese Fresh Fruit, Canteloupe Whole Milk or 1 % Milk  Veggie & Hummus Wraps WG Tortilla Wrap  Tossed Salad w/ Dressing (C) Fruit Cocktail 1% or Whole Milk  (W)Cheese Crackers	1% or Whole Milk  (W) Original Animal Cracker 100% Fruit Punch  25 THURSDAY  (W) Muffin, Blueberry Fresh Fruit, Oranges Whole Milk or 1 % Milk  Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple 1% or Whole Milk  WG Maple Cracker	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch  26 FRIDAY WG Cinnamon French Toast Fresh Fruit, Honeydew Melon Whole Milk or 1 % Milk Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches 1% or Whole Milk WG Cracker, Vanilla
Snack  Breakfast  Lunch & Supper  Snack	Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit Milk Meat / Alt Grain Veg Fruit Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit Milk Meat / Alt Milk Meat / Alt	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 2 MONDAY 2: (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Spaghetti w/ Veggie Sausage WG Pasta Green Beans Pears 1% or Whole Milk (D) String Cheese & Crackers 100% Fruit Punch 9 MONDAY 30 (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Sloppy Joe w/ PB Sausage	(C) Mandarin Oranges 1% or Whole Milk (W) Sweet Potato Cracker 100% Fruit Punch  TUESDAY  WG Pancakes Fresh Fruit, Apple Slices Whole Milk or 1 % Milk  BBQ Chick'n Sandwich  WG Roll  Coleslaw (C) Mandarin Oranges 1% or Whole Milk (W) Cinnamon Apple Crackers 100% Fruit Punch  TUESDAY  WG Waffle Fresh Fruit, Canteloupe Whole Milk or 1 % Milk  Beef Taco w/ Veggie Sausage	1% or Whole Milk  (W) Graham Crackers 100% Fruit Punch  24 WEDNESDAY  Bagel w/ Cream Cheese Fresh Fruit, Canteloupe Whole Milk or 1 % Milk  Veggie & Hummus Wraps WG Tortilla Wrap  Tossed Salad w/ Dressing (C) Fruit Cocktail 1% or Whole Milk  (W)Cheese Crackers	1% or Whole Milk  (W) Original Animal Cracker 100% Fruit Punch  25 THURSDAY  (W) Muffin, Blueberry Fresh Fruit, Oranges Whole Milk or 1 % Milk  Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple 1% or Whole Milk  WG Maple Cracker	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch  26 FRIDAY WG Cinnamon French Toast Fresh Fruit, Honeydew Melon Whole Milk or 1 % Milk Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches 1% or Whole Milk WG Cracker, Vanilla
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Snack  Breakfast  Lunch & Supper  Snack  Breakfast	Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit Milk Meat / Alt Grain Veg Fruit Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit Milk Grain Fruit  2 Grains / Meat / Alt Veg/ Fruit Milk Meat / Alt Veg/ Fruit Milk Meat / Alt Grain Veg	Pears 1% or Whole Milk Granola Bites 100% Fruit Punch 2 MONDAY 23 (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Spaghetti w/ Veggie Sausage WG Pasta Green Beans Pears 1% or Whole Milk (D) String Cheese & Crackers 100% Fruit Punch 9 MONDAY 30 (W) Cereal, Rice Crispies Fresh Fruit, Banana Whole Milk or 1 % Milk Sloppy Joe w/ PB Sausage WG Dinner Roll Green Beans	(C) Mandarin Oranges  1% or Whole Milk  (W) Sweet Potato Cracker  100% Fruit Punch  TUESDAY  WG Pancakes  Fresh Fruit, Apple Slices  Whole Milk or 1 % Milk  BBQ Chick'n Sandwich  WG Roll  Coleslaw  (C) Mandarin Oranges  1% or Whole Milk  (W) Cinnamon Apple Crackers  100% Fruit Punch  TUESDAY  WG Waffle  Fresh Fruit, Canteloupe  Whole Milk or 1 % Milk  Beef Taco w/ Veggie Sausage  WG Tortilla Wrap  Tomato Salsa / Lettuce	1% or Whole Milk  (W) Graham Crackers 100% Fruit Punch  24 WEDNESDAY  Bagel w/ Cream Cheese Fresh Fruit, Canteloupe Whole Milk or 1 % Milk  Veggie & Hummus Wraps WG Tortilla Wrap  Tossed Salad w/ Dressing (C) Fruit Cocktail 1% or Whole Milk  (W)Cheese Crackers	1% or Whole Milk  (W) Original Animal Cracker 100% Fruit Punch  25 THURSDAY  (W) Muffin, Blueberry Fresh Fruit, Oranges Whole Milk or 1 % Milk  Veggie Casserole WG Pasta Glazed Carrots (C) Pineapple 1% or Whole Milk  WG Maple Cracker	1% or Whole Milk WG Cracker, Cinnamon Chrurro 100% Fruit Punch  26 FRIDAY WG Cinnamon French Toast Fresh Fruit, Honeydew Melon Whole Milk or 1 % Milk Veggie Flatbread Pizza WG Flatbread Pizza Brocolli Peaches 1% or Whole Milk WG Cracker, Vanilla
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