

CENTER NAME : _____



		1	MONDAY	2	TUESDAY	3	WEDNESDAY	4	THURSDAY	5	FRIDAY
Breakfast		Grains / Meat / Alt	(W) Cereal, Cheerio		WG Waffle		English Muffin w/ Jelly		(W) Muffin, Corn		Yogurt , Flavored
		Veg/ Fruit	Fresh Fruit, Banana		Fresh Fruit , Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit , Oranges		Fresh Fruit, Honeydew Melon
		Milk	Whole Milk or 1 % Milk		Whole Milk or 1 % Milk		Whole Milk or 1 % Milk		Whole Milk or 1 % Milk		Whole Milk or 1 % Milk
Lunch & Supper		Meat / Alt	Sloppy Joe (Ground Beef)		Beef Taco (Ground Beef)		Honey Mustard Chicken Wrap		Turkey & Gravy		Chicken Alfredo Flatbread
		Grain	WG Dinner Roll		WG Tortilla Wrap		WG Tortilla Wrap		Brown Rice		WG Flatbread Pizza
		Veg	Green Beans		Tomato Salsa / Lettuce		Tossed Salad w/ Dressing		Cauliflower Medley		Broccoli
		Fruit	Pears		(C) Mandarin Oranges		(C) Fruit Cocktail		(C) Pineapple		Peaches
		Milk	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk
Snack		Grain	Granola Bites		(W) Sweet Potato Cracker		(W) Graham Crackers		(W) Original Animal Cracker		WG Cracker,Churro
		Fruit	100% Fruit Punch		100% Fruit Punch		100% Fruit Punch		100% Fruit Punch		100% Fruit Punch
		8	MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY
Breakfast		Grains / Meat / Alt	(W) Cereal, Corn Flakes		WG Pancakes		Bagel w/ Cream Cheese		(W) Muffin, Banana		WG Cinnamon French Toast
		Veg/ Fruit	Fresh Fruit, Banana		Fresh Fruit , Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon
		Milk	Whole Milk or 1 % Milk		Whole Milk or 1 % Milk		Whole Milk or 1 % Milk		Whole Milk or 1 % Milk		Whole Milk or 1 % Milk
Lunch & Supper		Meat / Alt	Spaghetti w/ Ground Beef		Chicken Sandwich		Turkey Ham & Cheese		Chicken Casserole		BBQ Chicken Flatbread
		Grain	WG Pasta		WG Hamburger Bun		WG Tortilla Wrap		WG Pasta		WG Flatbread Pizza
		Veg	Green Beans		Sweet Potato Tots		Tossed Salad w/ Dressing		Cauliflower Medley		Broccoli
		Fruit	Pears		Mandarin Oranges		(C) Fruit Cocktail		(C) Pineapple		Peaches
		Milk	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk
Snack		Grain	(D) String Cheese & Crackers		(W) Cinnamon Apple Crackers		(W)Cheese Crackers		WG Maple Cracker		WG Cracker, Vanilla
		Fruit	100% Fruit Punch		100% Fruit Punch		100% Fruit Punch		100% Fruit Punch		100% Fruit Punch
		15	MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY
Breakfast		Grains / Meat / Alt	(W) Cereal, Honey Bunches		WG Waffle		English Muffin w/ Jelly		(W) Muffin, Corn		Yogurt , Flavored
		Veg/ Fruit	Fresh Fruit, Banana		Fresh Fruit , Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon
		Milk	Whole Milk or 1 % Milk		Whole Milk or 1 % Milk		Whole Milk or 1 % Milk		Whole Milk or 1 % Milk		Whole Milk or 1 % Milk
Lunch & Supper		Meat / Alt	Meatball Sub Sandwich		Mac & Cheese		Turkey Burger		Sweet & Sour Chicken		Turkeyroni Flatbread Pizza
		Grain	WG Roll		WG Pasta		WG Bun		Brown Rice		WG Flatbread Pizza
		Veg	Green Beans		Glazed Carrots		Sweet Corn		Cauliflower Medley		Broccoli
		Fruit	Pears		(C) Mandarin Oranges		(C) Fruit Cocktail		(C) Pineapple		Peaches
		Milk	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk
Snack		Grain	Granola Bites		(W) Sweet Potato Cracker		(W) Graham Crackers		(W) Original Animal Cracker		WG Cracker,Churro
		Fruit	100% Fruit Punch		100% Fruit Punch		100% Fruit Punch		100% Fruit Punch		100% Fruit Punch
		22	MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY
Breakfast		Grains / Meat / Alt	(W) Cereal, Rice Krispies		WG Pancakes		Bagel w/ Cream Cheese		(W) Muffin, Blueberry		WG Cinnamon French Toast
		Veg/ Fruit	Fresh Fruit, Banana		Fresh Fruit , Apple Slices		Fresh Fruit, Canteloupe		Fresh Fruit, Oranges		Fresh Fruit, Honeydew Melon
		Milk	Whole Milk or 1 % Milk		Whole Milk or 1 % Milk		Whole Milk or 1 % Milk		Whole Milk or 1 % Milk		Whole Milk or 1 % Milk
Lunch & Supper		Meat / Alt	Spaghetti w/ Ground Beef		Pulled BBQ Chicken Sandwich		Turkey Ham & Cheese		Chicken Casserole		Veggie Flatbread Pizza
		Grain	WG Pasta		Wh Roll		WG Tortilla Wrap		WG Pasta		WG Flatbread Pizza
		Veg	Green Beans		Coleslaw		Tossed Salad w/ Dressing		Cauliflower Medley		Broccoli
		Fruit	Pears		Mandarin Oranges		(C) Fruit Cocktail		(C) Pineapple		Peaches
		Milk	1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk		1% or Whole Milk
Snack		Grain	(D) String Cheese & Crackers		(W) Cinnamon Apple Crackers		(W) Cheese Crackers		WG Maple Cracker		WG Cracker, Vanilla
		Fruit	100% Fruit Punch		100% Fruit Punch		100% Fruit Punch		100% Fruit Punch		100% Fruit Punch
		29	MONDAY	30	TUESDAY						
Breakfast		Grains / Meat / Alt	(W) Cereal, Cheerio		WG Waffle						
		Veg/ Fruit	Fresh Fruit, Banana		Fresh Fruit , Apple Slices						
		Milk	Whole Milk or 1 % Milk		Whole Milk or 1 % Milk						
Lunch & Supper		Meat / Alt	Sloppy Joe		Beef Taco (Ground Beef)						
		Grain	WG Dinner Roll		WG Tortilla Wrap						
		Veg	Green Beans		Tomato Salsa / Lettuce						
		Fruit	Pears		(C) Mandarin Oranges						
		Milk	1% or Whole Milk		1% or Whole Milk						
Snack		Grain	Granola Bites		(W) Sweet Potato Cracker						
		Fruit	100% Fruit Punch		100% Fruit Punch						