

# Coach Britany Ann – My Handpicked Featured “Go-to” Experts! *Business & Lifestyle*



Ignite Your Biz  
with  
Britany Ann



Connect with me via-  
480-695-1203

## Janis Thornton I'm an Expert in Golf & Fitness

I LOVE golf! After working in sickcare for 25 years (10 years in cardiac rehab and 15 years in pharmaceutical sales), I decided to get back to what I have a true passion for! That's HEALTHCARE!



[Get to know me \(Interview\)](#)



Connect with me via-  
youareabletravel@gmail.com,  
623-640-4322

## Dr. Jamila Williams I'm an Expert in Unforgettable Travel Experiences

Building upon 30 years of helping others empower themselves, teaching them to develop their self-esteem and self-worth while showing women how to enjoy life, Dr. Jamila Williams seeks to shift women's mindset on their self-value & to make money by helping women realize the opportunity a Home-Based Travel Business offers.



[Get to know me \(Interview\)](#)



## Stephanie Marie I'm an Expert in Restored to Wellness Durham

It was 2016 when I found myself in a 25 year marriage that no longer allowed me to be my authentic self. In 2017 I earned my Holistic Wellness Practitioner certification, I now had the tools to really support women going through what ever change (or needed change) to get back their clarity, confidence & wellbeing. Welcome to Restored to Wellness!



Connect with me via-  
Complimentary Wellness call  
>>>>>>>>>>

[Get to know me \(Interview\)](#)

# Business & Lifestyle



## **Diane M. Noto** I'm an Expert in Debt Solution Strategist

I have been an educator for over 35 years, with a Bachelor of Science Degree and a Masters Degree. I have been married for 34 years. A year and a half ago my husband and I moved from Pennsylvania to the beaches in Delaware. After retiring 5 years ago I turned my focus from school age students to educating adults on how to keep more of their hard earned money. I partnered with a team of financial professionals with more than 20 years of experience in banking, the credit world, tax advising, bookkeeping and the federal reserve.

Connect with me via-  
[dianenoto@yahoo.com](mailto:dianenoto@yahoo.com)



[Get to know me \(Interview\)](#)



## **Rebecca Camarena** I'm an Expert in Book Coaching

Rebecca Camarena is an author and publishing consultant. As a book coach, she challenges and guides authors, coaches, speakers and entrepreneurs to share their expertise and life experiences through finding their own unique voice. Her signature style of accountability, achievable and actionable aspects focuses on writing and publishing their book with ease.

Connect with me via-  
[rebecca@rebeccacamarena.com](mailto:rebecca@rebeccacamarena.com)



[Get to know me \(Interview\)](#)



## **Karin DiCarlo - McBride** I'm an Expert in Lifewave

Originally from Pennsylvania, I now reside in Arizona with my wonderful husband. I'm a mom to two rescue pups and love the arts, especially live music. As a cancer survivor, my journey taught me self-love and faith. I focus on holistic healing and helping others begin their own healing journeys.

Connect with me via-  
Phone 602-618-6518



[Get to know me \(Interview\)](#)

## Business continued



### Mary Kominska I'm an Expert in Your Personal Best

I live in Mesa, Arizona with my husband Scott and our dog Titus. I was born in Chicago. I have also lived in Kokomo, Indiana. I have been an Avon Representative and Leader for 18 years, Certified Master Mindset Coach for 3 years, and created a course called TEA (Thoughts guide our Emotions and influence our Actions) My passion is empowering others to heal from the inside out!!

Connect with me via-  
[bestandbeautifulyou@gmail.com](mailto:bestandbeautifulyou@gmail.com)



[Get to know me \(Interview\)](#)



### Henry Mickens I'm an Expert in IT Network Services

With 18+ years of tech experience, Henry is your go-to expert for network solutions. A proactive problem-solver and visionary leader, he ensures small businesses run smoothly. Our comprehensive assessment provides tools and insights to safeguard your digital ecosystem. Let Henry and our team secure your network's future. Grab your free assessment today.

Connect with me via-  
Text 480-343-7027



[Get to know me \(Interview\)](#)



### LaWanda Lemcke I'm an Expert in Professional Cleaning & Organizing

Any Hour Cleaning and Organizing have combined old school values with new methods of cleaning. We are offering green, steam and traditional methods of cleaning to residential, commercial and Airbnb properties. There are other services that we offer to Simplify your life such as window washing, personal laundry and floor care.

Connect with me via-  
[lawanda@anyhourcleaningandorganizing.com](mailto:lawanda@anyhourcleaningandorganizing.com)



[Get to know me \(Interview\)](#)



# Business & Lifestyle



**Sabrina Yoshitomi**

**I'm an Expert in Melaleuca**

With over 20 years of experience, I empower individuals to enhance their health and finances through Melaleuca products. Whether you're a parent managing a busy household, a professional seeking balance, or simply looking for quality wellness solutions, I can assist you in achieving a healthier and more prosperous lifestyle.

Connect with me via-  
Phone 206-200-3349



**Get to know me (Interview)**



**Dana Keeton**

**I'm an Expert in Certified Pre-Arrangement Advisor**

I have served in the Funeral Industry for 25+ years working at-need and pre-need in Funeral Homes and Cemeteries for Dignity Memorial. 5 years ago I switched over to our Pre-need cremation division; The Neptune Society. I enjoy educating families and individuals on planning their final wishes can be Simple, Dignified Tributes and Affordable Prices, giving them and their loved ones Peace of Mind.

Connect with me via-  
Phone or text-  
623-341-4152



**Get to know me (Interview)**



**Linda Leibl** **I'm an Expert in The Fountain of Youth**

Midwest-born with a Fashion Merchandising degree, I built two thriving Arizona skincare studios since 1985. As a makeup artist and age-reversal researcher, I craft organic, results-driven protocols, empowering women to uncover hidden toxins, reclaim health, restore youth, and embrace a chemical-free lifestyle—whether step-by-step or with rapid transformation.

Connect with me via-  
Phone - 480-254-0302



**Get to know me (Interview)**

# Business & Lifestyle



## **Teresa Lisum** I'm an Expert in Empowering Women

**I empower women to unlock their inner strength, own their voice, and lead with confidence. Through intuitive coaching and transformational strategies, I help women activate their superpowers, overcome self-doubt, and step fully into their purpose. My mission is to guide women into becoming the boldest version of themselves**

Connect with me via-Email-  
[teresa@teresalisum.us](mailto:teresa@teresalisum.us)



**Get to know me (Interview)**



## **Dr. Doreen Downing** I'm an Expert in Find Your Voice, Change Your Life

**Dr. Doreen Downing is a Transformation Psychologist, Fearless Speaking Mentor, Author, and Host of the Find Your Voice, Change Your Life podcast. She empowers highly sensitive women who struggle with speaking anxiety to transform fear into a magnetic presence so they can express what matters most in life, work, and love.**

Connect with me via-  
Email-  
[drdoreendowning4@gmail.com](mailto:drdoreendowning4@gmail.com)



**Get to know me (Interview)**



## **Sylvia Rios** I'm an Expert in Real Estate

**I'm a local realtor in Maricopa, East Valley and the Greater Phoenix area who loves helping people through big transitions - whether you're buying your first home or selling your last. I believe in honest guidance, clear communication and keeping things simple. My goal is always the same: Making Dreams a Reality.**

Connect with me via-  
Phone 480--828-4993



**Get to know me (Interview)**

# Business & Lifestyle



## **Sally Gimon** I'm an Expert in Save US Taxes Legally

I am a real estate investor who found out April 4, 2020 she owed \$94,000 in capital gains, it was the start of COVID and 3 properties didn't pay me. I researched how the Rockefeller's save taxes legally and now teach others.



Connect with me via-  
Text 623-693-1382

Get to know me (Interview)



## **Suzanne Söderberg** I'm an Expert in Home Mortgage Financing

With over 25 years as a loan originator, I've helped individuals and families navigate life's biggest financial decisions. I take pride in making the process clear and comfortable, offering guidance tailored to each client's unique goals. My experience means trusted advice, smooth closings, and lasting relationships built on care and results.



Connect with me via-Call or text  
602-206-3439 or email-  
suzanne@suzannesoderberg.com

Get to know me (Interview)



## **Athena Emert Gray** I'm an Expert in Thought-provoking clarity

I've lived what it means to lose your voice under everything you were supposed to be. Now I build tools that help women find their own voice again. It's not coaching. It's not advice. It's a process that reflects you back to yourself—clearly.



Connect with me via-Call or text  
503-806-0900

Get to know me (Interview)



# Business & Lifestyle



## **Judy O'Higgins** I'm an Expert in Client Appreciation - Retention

I am an expert in client retention and loyalty. I teach entrepreneurs how to keep their customers for life and get more referrals through the power of gratitude and appreciation, using a simple system to help them thank, celebrate and stay in personal touch with their clients for long-term success.

Connect with me via- Phone-  
928-202-2557 Email-  
judy@judyohiggins.com



Get to know me (Interview)



## **Robin Humphreys** I'm an Expert in Embodied healing, Empowerment, Psychoeducation

Robin Humphreys guides you to transform anxiety, burnout, and disconnection into calm, confidence, and self-trust. Through holistic experiences blending energy healing, movement, breath, and creative expression, she creates powerful spaces for healing and inner alignment. Robin's work invites deep connection—with self, others, and the wisdom within.

Connect with me via-  
EmailrobinLhumphreys@gmail  
.com



Get to know me (Interview)



## **Donna Fisher** I'm an Expert in exceptional cleaning for homes and offices.

With over 25 years in Phoenix, Doctor Steamers is proud to serve our neighbors—many now friends! We combine certified training, ongoing education, and hands-on expertise to deliver exceptional cleaning. Our mission: provide outstanding results and a truly enjoyable experience from the moment you schedule to the final fresh finish.

Connect with me via- Phone  
or Text- 602-471-2493



Get to know me (Interview)

# Business & Lifestyle



## **Jimmy Rios** I'm an Expert in Business Funding

Jimmy Rios is a serial entrepreneur, real estate investor, and financial strategist dedicated to empowering others through business credit, funding, and education. As founder of Rios Business Advisors and Next Level Credit, he helps entrepreneurs scale with confidence, clarity, and access to capital. His mission: turn vision into legacy.

Connect with me via-Email  
[info@riosbusinessadvisors.com](mailto:info@riosbusinessadvisors.com)



[Get to know me \(Interview\)](#)



## **Cathie Regan**

## **I'm an Expert in Personalize Yoga Therapy, Yoga and Meditation Classes**

Inspired in 2000 by teaching yoga at my children's school, I became a certified Hatha Yoga instructor and later earned a 500-hour Yoga Therapy Certification. Expanding into multiple yoga styles, I've taught seniors, retirement, and memory care communities since 2008, passionately guiding students toward healing, mindfulness, and joyful transformation.

Connect with me via-Email-  
[yogaphoenix22@gmail.com](mailto:yogaphoenix22@gmail.com)



[Get to know me \(Interview\)](#)



## **Kaylavon Middleton** I'm an Expert in Medicare Insurance

Kaylavon Middleton, the Medicare Boss Lady, is a Certified Medicare Insurance Planner® and award-winning strategist. She leads MediSolutions, a retirement fiduciary agency guiding seniors and employers through Medicare and retirement transitions. Ready to simplify the complex? Partner with Kaylavon today and make Boss Moves to take control of your future and your benefits.

Connect with me via-Text  
or Phone 623 806-4200



[Get to know me \(Interview\)](#)



# Business & Lifestyle



## **Roy Stevenson** I'm an Expert in Senior Wellness Advisor

As a Senior Wellness Advisor, Mr. Stevenson believes every senior has untapped potential to thrive at any stage of life. He provides personalized guidance, practical tools, and compassionate support to help seniors enhance their health, independence, and joy—empowering them to live fully, confidently, and with a renewed sense of purpose.

Connect with me via-Phone  
or text- 480-637-8231



Get to know me (Interview)



## **Kim Ammerman** I'm an Expert in Emotional Leadership Coach

Dr. Kimberly blends her Doctor of Pharmacy expertise with a lifelong bond to horses, offering holistic care that nurtures emotional healing, clarity, and purpose. Through mindset coaching, energy work, and equine-assisted activities, she guides adults and children toward resilience, peace, and self-discovery—online or in-person, individually or through leadership workshops.

Connect with me via-Email  
healingheartsw horses@gma  
il.com



Get to know me (Interview)



## **Micki Gámez** I'm an Expert in Life Insurance, Living Benefits, and Tax -Free Retirement

Micki Gamez is a former broadcaster turned entrepreneur, financial educator, and life insurance specialist. She helps families protect their income, plan for the unexpected, and create lasting security. Passionate about empowerment, Micki blends her energy, experience, and heart to inspire others to take control of their financial future.

Connect with me via-  
Phone or text 206-698-  
4642



Get to know me (Interview)

# Business & Lifestyle



## **Darlene Woodcock**    I'm an Expert in Juice Plus

After returning from a medical mission, I struggled with my health for weeks. Then I discovered an easy, affordable way to fuel my body with 30+ fruits and veggies daily. My energy, immunity, and recovery skyrocketed—giving me peace of mind, vibrant health, and the strength to keep serving worldwide.

Connect with me via-  
Phone or Text- 623-  
696-5047



Get to know me (Interview)



## **Rica Gaerlan**

## **I'm an Expert in Social Media Management & Making Brands Unforgettable**

With 4 years of experience as a social media manager, I've helped businesses across diverse industries grow their online presence and connect with their audiences. From strategy to content creation, I specialize in crafting impactful campaigns that drive engagement, build brand loyalty, and turn followers into customers.

Connect with me via-  
ricapgaerlan@gmail.com



Get to know me (Interview)



## **Brandt Markl**

## **I'm an Expert in Isagenix- Purpose, Healthspan, Wellness**

Brandt Markl, a certified drug dealer turned wellness and entrepreneurship expert, helps people extend their Healthspan and unlock their full potential. He teaches time-leveraged business building, inspiring confidence, freedom, and purpose—empowering others to maximize health, create lasting impact, and design a life of fulfillment, wealth, and meaning.

Connect with me via-  
Phone or Text- 602-505-  
6269



Get to know me (Interview)

## Meet Our Go-To Experts

**These exceptional experts are dedicated to helping entrepreneurs achieve their business and lifestyle goals. With a wealth of knowledge and experience in various fields, they provide the best guidance and support on your journey to success.**

**Take time and get connected!**

