



6-String Bass Warm Up

G Major Scales Linking 2 Patterns

Exercises by
Alex Atwood

Primary Scale Pattern

1

TAB: 17-19 16-17-19 16-18-19 18-16 19-17-16 19-17 19-18-16 19-17-16 19-17 16-17-19 16-18-19

2

TAB: 15-17 14-15-17 14-16-17 16-14 17-15-14 17-15 17-16-14 17-15-14 17-15 14-15-17 14-16-17

3

TAB: 10-12 9-10-12 9-11-12 11-9 12-10-9 12-10 12-11-9 12-10-9 12-10 9-10-12 9-11-12

4

TAB: 8-10 7-8-10 7-9-10 9-7 10-8-7 10-8 10-9-7 10-8-7 10-8 7-8-10 7-9-10

5

4-6-7 6-4 7-5-4 7-5 7-6-4 7-5-4 7-5 7-4-5-7 4-6-7

5-7 4-5-7 6-4 7-5-4 7-5 7-6-4 7-5-4 7-5 7-4-5-7 4-6-7

6

2-4-5 4-2 5-4-2 5-3-2 5-2-3-5 2-4-5

3-5 2-3-5 4-2 5-3-2 5-3 5-4-2 5-3-2 5-3 5-2-3-5 2-4-5

Alternate Scale Pattern

1

12-14-15 12-14 11-12 11 14-12 15-14-12 15 12-11 14-12-10 14-12 15 12-14 10-12-14 11-12

15 12-14-15 12-14 11-12 11 14-12 15-14-12 15 12-11 14-12-10 14-12 15 12-14 10-12-14 11-12

2

7-9-10 7-9 6-7 6 9-7 10-9-7 10 7-6 9-7 10-9-7 10 7-9-10 7-9 6-7

10 7-9-10 7-9 6-7 6 9-7 10-9-7 10 7-6 9-7 10-9-7 10 7-9-10 7-9 6-7

3

5-7-8 5-7 4-5 4 7-5 8-7-5 8 5-4 7-5 8-7-5 8 5-7-8 5-7 4-5

8 5-7-8 5-7 4-5 4 7-5 8-7-5 8 5-4 7-5 8-7-5 8 5-7-8 5-7 4-5

Combined Scale Patterns

1 Primary Alternate

The Primary scale pattern (first staff) starts on G2 and follows the sequence: G2 (1), A2 (4), B2 (1), C3 (2), D3 (4), E3 (1), F3 (3), G3 (4). The Alternate scale pattern (second staff) starts on G2 and follows the sequence: G2 (1), A2 (3), B2 (4), C3 (1), D3 (4), E3 (1), F3 (2), G3. The bass line (third staff) shows the fret numbers for the Primary pattern: 8-10, 7-8-10, 7-9-10, 7-9-10, 6-7, 7-6, 9-7, 10-9-7, 10, 9-7, 10-8-7, 10-8.

Alternate Primary

The Alternate scale pattern (first staff) starts on G2 and follows the sequence: G2 (2), A2 (1), B2 (4), C3 (1), D3 (4), E3 (3), F3 (1), G3 (4). The Primary scale pattern (second staff) starts on G2 and follows the sequence: G2 (3), A2 (1), B2 (4), C3 (2), D3 (1), E3 (4), F3 (1), G3. The bass line (third staff) shows the fret numbers for the Alternate pattern: 7-6, 9-7, 10-9-7, 10, 9-7, 10-8-7, 10-8, 8-10, 7-8-10, 7-9-10, 7-9-10, 7-9, 6-7.

2 Alternate Primary

The Alternate scale pattern (first staff) starts on G2 and follows the sequence: G2 (4), A2 (1), B2 (3), C3 (4), D3 (1), E3 (4), F3 (1), G3 (2). The Primary scale pattern (second staff) starts on G2 and follows the sequence: G2 (4), A2 (1), B2 (2), C3 (4), D3 (1), E3 (3), F3 (4), G3. The bass line (third staff) shows the fret numbers for the Alternate pattern: 5-7-8, 5-7, 4-5, 7, 4-5-7, 4-6-7, 7-6-4, 7-5-4, 7-5, 4, 7-5, 8-7-5, 8.

Primary Alternate

The Primary scale pattern (first staff) starts on G2 and follows the sequence: G2 (4), A2 (3), B2 (1), C3 (4), D3 (2), E3 (1), F3 (4), G3 (2). The Alternate scale pattern (second staff) starts on G2 and follows the sequence: G2 (1), A2 (4), B2 (1), C3 (4), D3 (3), E3 (1), F3 (4), G3. The bass line (third staff) shows the fret numbers for the Primary pattern: 7-6-4, 7-5-4, 7-5, 4, 7-5, 8-7-5, 8, 5-7-8, 5-7, 4-5, 7, 4-5-7, 4-6-7.