



The Wealth Breakthrough **Blueprint**

Proven strategies, tools, and insights from world-class experts to help you build lasting wealth.



Actionable
strategies



Guided
exercises



Free
downloadable
resources

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The Wealth Breakthrough **Blueprint**



Welcome to the Wealth Breakthrough Blueprint!

Unlock expert insights, powerful tools, and practical exercises from the world's top wealth mentors.

Inside, you'll get:

- ✓ Strategies from Brian Tracy, Robert Kiyosaki, Sharon Lechter, and more
- ✓ Guided exercises to set goals, shift your money mindset, and take bold action
- ✓ Direct links & QR codes for free resources to dive deeper
- ✓ Space to reflect, plan, and start building wealth today

This isn't just a bonus — it's your launchpad to a stronger financial future.

BRIAN TRACY

Clarity and Goals – The Power of Written Objectives

“People with clear, written goals accomplish far more in a shorter period of time than people without them could ever imagine.” These words encapsulate the transformative power of setting specific objectives, particularly in the realm of financial planning. Written goals serve as a roadmap, guiding individuals towards their aspirations with precision and purpose. Let’s explore how to set clear, measurable financial goals that align with the SMART criteria.

Clear goals activate your focus and drive. They serve as a compass, directing your actions and decisions. Most successful individuals, including many who have amassed wealth, started with clear intentions—and crucially, they followed through. By setting SMART goals, you not only enhance your ability to achieve them but also cultivate a mindset of discipline and persistence. Whether it’s saving for a rainy day or investing in a future asset, written objectives are your blueprint to success. Remember, as Brian Tracy suggests, clarity in your goals leads to clarity in your achievements.

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Setting financial goals is essential for personal growth and achieving economic stability. Here, we'll illustrate how to set both short-term and long-term financial goals using the SMART framework.



Short-term Goal: Save \$1,000 in 3 Months

Specific: I want to save \$1,000 to build an emergency fund.

Measurable: I will track my progress by saving approximately \$334 each month.

Achievable: By reducing discretionary spending and allocating \$100 from each paycheck, I can realistically achieve this.

Relevant: Having an emergency fund is crucial for unexpected expenses, aligning with my financial stability goals.

Time-bound: I will achieve this goal within 3 months.

Long-term Goal: Buy a Rental Property in 5 Years

Specific: I aim to purchase a rental property to generate passive income.

Measurable: I will save \$20,000 for a down payment, putting aside \$333 monthly.

Achievable: By maintaining a budget and increasing my income through side projects, this goal is realistic.

Relevant: This goal supports my plan to build long-term wealth and secure financial independence.

Time-bound: I will achieve this goal within the next 5 years.

Make sure each goal is SMART:

Specific – what exactly you want to achieve

Measurable – how you'll track it

Achievable – realistic for you

Relevant – aligned with your life

Time-bound – has a clear deadline

SET CLEAR, MEASURABLE FINANCIAL GOALS

Short-term Goal

Long-term Goal

Maximum Achievement Goal Planner

Created by **Brian Tracy**, this 31-day planner helps you set clear, actionable goals and stay focused with daily exercises. A powerful tool to build discipline, direction, and lasting success.

Scan the QR code to download your free copy.



ROBERT KIYOSAKI

This quote captures the essence of Robert Kiyosaki's philosophy on wealth: it's not about income, it's about financial intelligence and long-term strategy. Unlike traditional thinking, Kiyosaki urges us to move beyond earning to truly understanding how money works—for us and beyond us.

In this section, we'll dive into some foundational principles inspired by Kiyosaki's teachings—from understanding assets vs. liabilities to rethinking how you generate income. The goal is to help you shift your mindset from that of a consumer to an investor and builder of wealth.

Through guided exercises, you'll reflect on your current financial situation, evaluate your income streams, and begin mapping out your own path toward financial freedom. You'll explore what qualifies as a true asset in your life—and how to start acquiring more of them.

Whether you're a complete beginner or already on your financial journey, this framework will help you focus on smart money habits, wealth preservation, and ultimately wealth multiplication.

As Kiyosaki teaches: the rich don't work for money—they make money work for them.

"It's not how much money you make. It's how much money you keep, how hard it works for you, and how many generations you keep it for."



EXERCISE: SHIFT FROM EARNER TO INVESTOR

INSPIRED BY ROBERT KIYOSAKI'S WEALTH PRINCIPLES

Step 1: Map Your Income & Expenses

Understanding the difference between assets and liabilities is key to financial freedom. Use this table to categorize your current income and expenses.

Item	Income or Expense	Active or Passive	Asset or Liability	Monthly Amount
Salary	Income	Active	—	\$3,000
Rental Property Income	Income	Passive	Asset	\$500
Stock Dividends	Income	Passive	Asset	\$150
Car Loan	Expense	—	Liability	-\$400
Residence Mortgage	Expense	—	Liability	-\$1,000

Step 2: Spot Asset-Building Opportunities

List 2–3 new income-generating assets you could start building in the next 3–6 months. Think about things that make money without requiring constant work.

Examples:

- Invest in a dividend-paying ETF
- Start a small digital product business
- Buy a used vending machine and place it in a local business
- Rent out a room or space on Airbnb

Step 3: Your First Action Plan (Next 30–90 Days)

Now write down 2–3 concrete steps you will take toward acquiring or building your first new asset.

Examples:

- Set aside \$200/month to invest
- Complete an online course on real estate investing
- Research platforms for selling digital products

Rich Dad's Conspiracy of the Rich: The 8 New Rules of Money

Explore Robert Kiyosaki's insights into the modern financial system and learn how to take control of your financial future. This eBook delves into the changes in money and investing, offering strategies to build and preserve wealth.



JOHN ASSARAF

John Assaraf is known for bridging cutting-edge neuroscience with practical tools to achieve financial and personal success.

As a bestselling author and mindset expert, he teaches how to break through internal blocks, rewire your brain, and align your beliefs with your goals.

Your mind is your most powerful asset.

The stories you tell yourself—about money, success, and your own worth—shape your outcomes more than anything external.

John's teachings focus on unlocking the subconscious patterns that hold us back so we can set, believe in, and actually achieve our biggest financial goals.

In this section, you'll explore exercises based on John's techniques that help you reprogram your mindset, align your inner beliefs with your outer goals, and tap into the neural pathways that support lasting wealth creation.

"What you believe about yourself, your money, and your potential will determine the level of success you achieve."



Exercise: Rewire Your Mind for Financial Success

What it is:

This exercise is inspired by John Assaraf's Innercise® method—mental workouts designed to strengthen your belief systems and retrain your subconscious mind for abundance. You'll identify limiting money beliefs and consciously replace them with empowering alternatives.

Why it works:

Most people operate from unconscious programs formed in childhood. If you've ever said "I'm just not good with money" or "People like me never get rich," those beliefs are quietly shaping your financial behavior.

Neuroscience shows that when you repeatedly think and visualize new beliefs, your brain physically rewires itself to adopt those patterns as your new normal.

- **Identify a Limiting Belief**

Think of a recurring negative thought you have around money.

It might sound like:

- "There's never enough."
- "Wealthy people are greedy."
- "I'll never earn more than I do now."

- **Write it Down**

- Capture the belief clearly. Awareness is the first step toward change.

- **Challenge the Belief**

- Ask yourself: Is this absolutely true? Where did I learn it? Has someone else in my situation proven otherwise?

- **Rewrite It**

Replace it with an empowering belief that supports wealth-building.

For example:

- "Money flows to me through my creativity and service."
- "I deserve financial freedom."
- "I am becoming a better money manager every day."

- **Visualize Success**

- Close your eyes and vividly imagine a version of yourself living with this new belief. Picture your body language, bank balance, conversations, and decisions. Feel the success.

Rewire Your Money Mindset

Take a few quiet minutes to complete this mental upgrade.
Let the words come freely—there are no wrong answers here, only breakthroughs waiting to happen.

1. My current limiting belief about money is:

Example: "I'm not smart enough to be wealthy."

2. This belief has held me back by:

Example: "I avoid investing and miss opportunities to grow."

3. A new, empowering belief I choose instead is:

Example: "I am capable of learning and growing my wealth."

4. When I imagine living with this belief, I feel and see:

Example: "I feel proud, confident, and excited. I see myself investing wisely, learning fast, and growing my savings steadily."

SHARON LECHTER

Sharon Lechter, co-author of Rich Dad Poor Dad and a leader in financial literacy, teaches that true wealth begins with clarity—clarity about your strengths, your purpose, and your path. In this section, you'll explore her Personal Success Equation, a simple yet profound formula for achieving financial success by aligning your passion, talents, and action with the right associations and belief in yourself.

Whether you're just beginning your wealth journey or leveling up, defining your personal success equation will help you understand what drives you—and what might be holding you back.

*“Don't let money control you. Let money help you live your dreams.”
— Sharon Lechter*



Exercise: Define Your Personal Success Equation

Based on Sharon Lechter's formula:

Success = (P + T) x A x A x F

(Passion + Talent) x Association x Action x Faith

How to do it:

1. **Passion** – What are you passionate about? What problem do you love to solve?
2. **Talent** – What are your natural or developed strengths?
3. **Association** – Who are you connected with? Who supports or inspires you?
4. **Action** – What consistent action are you taking toward your goals?
5. **Faith** – Do you believe in yourself and your mission?

Success = (P + T) x A x A x F
(Passion + Talent) x Association x
Action x Faith

Why this is powerful:

This formula reveals both your current strengths and the gaps that may be limiting your results. By writing it down, you clarify your success drivers and gain insights into where you can grow—whether that means finding better mentors, strengthening belief in yourself, or taking more aligned action.



Exercise: Define Your Personal Success Equation

Passion – What are you passionate about? What problem do you love to solve?

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DR JOHN DEMARTINI

True financial freedom isn't just about money—it's about alignment.

According to Dr. John Demartini, one of the most respected human behavior specialists in the world, wealth and fulfillment come from living in alignment with your highest values.

When your goals are congruent with what you truly value, you're more likely to follow through, stay inspired, and overcome obstacles.

This section will help you uncover what really drives you, so you can set wealth goals that are authentic, achievable, and meaningful.

In the following exercise, you'll begin to explore your personal hierarchy of values—the core principles that shape your decisions, behavior, and destiny.

“When the voice and the vision on the inside become more profound and clear than the opinions on the outside, then you have mastered your life.”

– Dr. John Demartini



Exercise: Discover Your Highest Values



Look at how you actually spend your time, energy, and money—not how you wish you did. Your true values show up in your daily life. Use the questions below to identify what matters most to you right now:

- How do you fill your personal space? (What do you surround yourself with?)
- How do you spend your time when you're free to choose?
- What energizes and inspires you?
- What do you consistently spend money on?
- What do you talk about most passionately?
- What are your long-term goals that never go away?

List at least 5 patterns or themes that come up across these answers.

Why It's Important:

When your financial and life goals align with your highest values, you unlock intrinsic motivation. This means less struggle and more flow. You stop sabotaging yourself and start making lasting progress—because your goals feel meaningful and natural, not forced.

Example:

If you spend most of your free time reading investment books, follow finance influencers, and love budgeting, then wealth-building might be one of your highest values. But if you constantly prioritize travel and cultural experiences, then freedom or adventure could be at the top. Understanding this helps you build wealth your way—on your terms.

Discover Your Highest Values: Personal Reflection

Take a few quiet moments to answer the prompts below. Be honest and specific—there are no “wrong” answers. The more clearly you understand what drives you, the more aligned your wealth-building journey will become.

1. What do you surround yourself with? What are the objects, tools, or resources that fill your personal space?

2. How do you spend your free time?

When no one's telling you what to do, what do you choose to do?

3. What consistently energizes and inspires you?

4. Where do you spend your money most freely?

5. What topics do you talk about most passionately?

6. What long-term goals have stayed with you over time?

 My Top 3 Values (based on my answers):

KIM KIYOSAKI

TKim Kiyosaki, bestselling author of *Rich Woman* and co-founder of the Rich Dad Company, is a passionate advocate for women's financial education and independence. Her message is clear: financial freedom is not just for the few—it's for anyone who is willing to take charge of their financial life.

With a focus on empowering women, Kim encourages individuals to build wealth through financial literacy, investing, and entrepreneurship. This section will help you identify what financial independence means for you and how to start crafting a wealth path on your own terms.

"A man is not a financial plan."



Define Your Financial Independence Vision

To begin your journey to financial freedom by defining what financial independence means to you, and identifying clear, actionable steps to start moving in that direction

Clarity is power. By defining your vision and breaking it into small steps, you shift from wishing to building. This exercise mirrors the first actions many self-made wealth-builders—including Kim—take when reclaiming control over their financial futures.

Step 1: What Does Financial Independence Mean to You?

Describe your personal vision of financial freedom. This might include things like:

- Living without financial stress
- Having enough passive income to cover all your expenses
- Starting your own business
- Being able to travel, give, or invest without worry

Step 2: What are 3 steps you can take in the next 6 months to get closer to that vision?

Think practical, specific, and achievable. These could be financial habits, learning goals, or investment actions.

Rich Woman Resource Hub –
Explore **Kim**'s expert videos, articles, and
tools designed to help you build
confidence, skills, and independence in
your financial life.



Your Wealth Journey Starts Now

You've just unlocked insights and strategies from some of the world's leading minds in wealth, mindset, and financial freedom. But knowledge alone doesn't create results— **Action** does.

This toolkit has given you a starting point: clear goals, proven strategies, and powerful tools to guide your next steps. Now it's your turn to move forward—with clarity, courage, and commitment.

Remember, wealth isn't just about money. It's about freedom. It's about creating a life on your terms, for you and the generations that follow.

*"The best way to predict your future is to create it."
—Abraham Lincoln*

So take the leap. Revisit your goals. Recommit to your vision. Take small daily steps. Track your progress. Keep learning.

And most importantly—**believe in your ability to build the life you desire.**

The future is in your hands. Start now!



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