

PRIVACY POLICY

1. This privacy policy applies between you, the User of this Service/Website and “Janette Klitou”.

The owner and provider of this Service/Website is Janette Klitou, a sole trader.

Janette Klitou is a data controller, with ICO registration number ZB965782, and

Takes the privacy of your information very seriously.

This privacy policy applies to my use of all Data collected by me or provided by you in relation to use of my Service/Website.

2. In this Privacy Policy, the following definitions are used:

DEFINITIONS and INTERPRETATION:

Data: collectively all information that you submit to Janette Klitou via Website.

This definition incorporates, where applicable, the definitions provided in the UK GDPR.

UK GDPR: means Regulation [EU] 2016/679 General Data Protection Regulation as it forms part of the law of England and Wales, Scotland, and Northern Ireland by virtue of section 2 of the European Union [Withdrawal] Act 2018 and amended by Data Protection, Privacy and Electronic Communications [Amendments etc.] [EU Exit] Regulations 2019.

I/Me: Janette Klitou

User or You: any third party that accesses the Website and is not either employed by Janette Klitou and acting in the or course of their employment or [ii] engaged as a consultant or otherwise providing services to Janette Klitou and accessing the Website in connection with the provision of such services.

Website: the website at janetteklitou.com

3. In this privacy policy, unless the context requires a different interpretation:

-the singular includes the plural and vice versa

-references to sub-clauses, clauses, schedules, or appendices are to sub-clauses, clauses, schedules, or appendices of this privacy policy.

-a reference to a person includes firms, companies, government entities, trusts and partnerships.

-“including” is understood to mean “including without limitation”

-reference to any statutory provision includes any modification or amendment of it

-the headings and sub-headings do not form part of this privacy policy.

SCOPE OF THIS PRIVACY POLICY

4. This privacy policy applies only to the actions of Janette Klitou and Users with respect to this Service/Website. It does not extend to any websites that can be accessed from this Website including, but not limited to, any links it may provide to social media websites.
5. For purposes of UK GDPR, Janette Klitou is the “data controller”. This means that Janette Klitou determines the purposes for which and the way your Data is processed.

DATA COLLECTED

6. I may collect the following Data, which includes personal data, from you:
 - a. Identity information [e.g. full name]
 - b. Date of birth
 - c. Contact information [e.g. telephone number, email/postal address]
 - d. Case/session notes
 - e. Health data
 - f. GP details
 - g. Any relevant categories of personal data.
7. In each case, in accordance with this privacy policy.

HOW I COLLECT DATA

8. I collect Data in the following ways:
 - a. Data is given to me by you and
 - b. Data is collected automatically.

DATA THAT IS GIVEN TO ME BY YOU

9. Janette Klitou will collect your Data in several ways, for example:
 - a. By taking notes during an appointment
 - b. When you contact me by telephone or email
 - c. When you use the website.
10. In each case, in accordance with this privacy policy.

DATA THAT IS COLLECTED AUTOMATICALLY

11. To the extent that you access the Website, I will collect your Data automatically, for example:
 - I automatically collect some information about your visit to the Website. This information helps me to make improvements to Website content and navigation and includes your IP address, the date, times and frequency with which you access the Website and the way you use and interact with its content.

MY USE OF DATA

12. Any or all of the above Data may be required by me from time to time in order to provide you with the best possible service and experience when using my Service/Website. Specifically, Data may be used by me for the following reasons:
 - To respond to your enquiries.
13. In each case, in accordance with this Privacy Policy.
14. I may use your Data for the above purposes if I deem it necessary to do so for my legitimate interests. If you are not satisfied with this, you have the right to object in certain circumstances [see the section headed “Your rights” below].

WHO I SHARE DATA WITH

15. I may share your Data with the following groups of people for the following reason:
 - GP – only when safeguarding concerns.
16. In each case, in accordance with this Privacy Policy.

KEEPING DATA SECURE

17. I will use technical and organisational measures to safeguard your Data:
 - your data is physically stored under 2 locks and keys.
18. Technical and organisational measures include measures to deal with any suspected data breach. If you suspect any misuse or loss or unauthorised access to your Data, please let me know immediately by contacting me via this email address: janette@janetteklitou.com
19. If you want detailed information from Get Safe Online on how to protect your information and your computers and devices against fraud, identity theft, viruses and many other online problems, please visit: www.getsafeonline.org. Get safe Online is supported by HM Government and leading businesses.

DATA RETENTION

20. Unless a longer retention period is required or permitted by law, I will only hold your Data on my systems for the period necessary to fulfil the purposes outlined in this Privacy Policy or until you request that the Data be deleted.
21. Even if I delete your Data, it may persist on backup or archival media for legal, tax or regulatory purposes.

YOUR RIGHTS

22. You have the following rights in relation to your Data:

- a. Right to access-the right to request[i] copies of the information I hold about you at any time, or [ii] that I modify, update or delete such information. If I provide you with access to the information I hold about you, I will not charge you for it, unless your request is “manifestly unfounded or excessive”. Where I am legally permitted to do so, I may refuse your request, I will tell you the reason why.
- b. Right to correct- the right to have your Data rectified if it is inaccurate or incomplete.
- c. Right to erase-the right to request that I delete or remove your Data from my systems.
- d. Right to restrict my use of your Data-the right to “block” me from using your Data or limit the way in which I can use it.
- e. Right to data portability-the right to request that I move, copy or transfer your Data.
- f. Right to object-the right to object to my use of your Data including where I use it for my legitimate interests.

23. To make enquiries, exercise any of your rights set out above, or withdraw your consent to the processing of your Data [where consent is my legal basis for processing your Data], please contact me via this e-mail address:

janette@janetteklitou.com

24. If you are not satisfied with the way a complaint you make in relation to your Data is handled by us, you may be able to refer your complaint to the relevant data protection authority. For the UK, this is the Information Commissioner’s Office [ICO]. The ICO’s contact details can be found on their website at <https://ico.org.uk/>.

25. It is important that the Data I hold about you is accurate and current. Please keep me informed if your Data changes during the period for which I hold it.

LINKS TO OTHER WEBSITES

26. My website may from time to time, provide links to other websites. I have no control over such websites and am not responsible for the content of these websites. This privacy policy does not extend to your use of such websites. You are advised to read the privacy policy or statement of other websites prior to using them.

CHANGES OF BUSINESS OWNERSHIP AND CONTROL

27. Janette Klitou may, from time to time, expand or reduce my business and this may involve the sale and/or the transfer of control of all or part of Janette Klitou. Data provided by Users will, where it is relevant to any part of my business so transferred, be transferred along with that part and the new owner or newly controlling party will, under the terms of this privacy policy, be permitted to use the Data for the purposes for which it was originally supplied to us.
28. I may also disclose Data to a prospective purchaser of my business or any part of it.
29. In the above instances, I will take steps with the aim of ensuring your privacy is protected.

GENERAL

30. You may not transfer any of your rights under this privacy policy to any other person. I may transfer my rights under this privacy policy where I reasonably believe your rights will not be affected.
31. If any court or competent authority finds that any provision of this privacy policy [or part of any provision] is invalid, illegal or unenforceable, that provision or part-provision will, to the extent required, be deemed to be deleted, and the validity and enforceability of the other provisions of this privacy policy will not be affected.
32. Unless otherwise agreed, no delay, act or omission by a party in exercising any right or remedy will be deemed a waiver of that, or any other, right or remedy.
33. This Agreement will be governed by and interpreted according to the law of England and Wales. All disputes arising under the Agreement will be subject to the exclusive jurisdiction of the English and Welsh courts.

CHANGES TO THIS PRIVACY POLICY

34. Janette Klitou reserves the right to change this privacy policy as I may deem necessary from time to time or as may be required by law. Any changes will be immediately posted on the Website, and you are deemed to have accepted the terms of this privacy policy on your first use of the Website following the alterations. Please direct any questions you have to me by email at janette@janetteklitou.com
35. Last Updated: 28.08.2025