

Hypnotherapy is a supportive and complementary approach that can promote positive change and wellbeing.

It is not intended to diagnose, treat, or replace medical or psychological care.

Results cannot be guaranteed, moreover, results from individual testimonials are for reference only and your own personal experience may differ to those shown on this site.

You must not rely on information on our website as an alternative to medical advice from your doctor or other professional healthcare provider.

If you have any specific question about any medical matter or if you think you may be suffering from any medical condition, you should consult your doctor or other professional provider before beginning hypnotherapy.

You should never delay seeking medical advice, disregard medical advice or discontinue medical treatment because of information on our website.