



Protein is critical to building and maintaining muscle mass and strong bones. Studies show that individuals who eat a high-protein diet can increase muscle mass and feel fuller between meals. But for many people, it can be difficult to maintain a balanced diet that includes both high-quality protein and essential vitamins and minerals.

Enter Unicity Complete: a macronutrient-balanced meal replacement shake that is packed with high-quality whey protein, fiber, and essential vitamins and minerals. Unicity Complete makes it easy to support muscle mass maintenance and maintain balanced nutrition without the hassle of meal prep. Upgrade your daily nutrition with Unicity Complete.

Features

- Convenient meal replacement shake
- 20 grams of high-quality whey protein per serving
- 21 essential vitamins and minerals
- 4 grams of dietary fiber per serving
- 4 grams of net carbs per serving
- Rich and creamy vanilla flavor

Benefits



High-quality protein and fiber provide energy while limiting insulin spikes*



Promotes feelings of satiety*



Supports muscle mass maintenance*



A nutritious meal replacement

1.0

Whey protein with a PDCAAS of 1.0 (highest possible score)



Usage

Combine two rounded scoops (37 g) with 8–10 oz. (240–300 mL) of water or liquid of choice. Mix well and enjoy.

Ideal For

- Individuals looking for a nutritious meal replacement
- Individuals looking to get essential vitamins and minerals in their diet
- Individuals seeking low-carb (keto-friendly) and low-fat protein options
- Active individuals looking to maintain and build lean muscle mass
- Individuals who want to support metabolic health and body composition

Try this



Add a tablespoon of peanut butter and a dash of cinnamon to your blended Unicity Complete Vanilla.



Mix Unicity Balance with Unicity Complete Vanilla for a delicious orange creamsicle flavor and an added boost of fiber.



Mix Unicity Complete Vanilla with Oasis, and then add one cup of frozen berries. The combo will provide skin health support in a refreshing, berrylicious way.*



Mix Unicity Complete Vanilla with Matcha Energy and Super Green for an energy boost.

Featured ingredients

Whey Protein

Whey protein is a commonly used source of protein in protein drinks due to the high bioavailability and rich, creamy taste. This protein blend contains whey isolate, which is more easily digested than other protein sources. Overall, Unicity's whey protein blend has the highest PDCAAS score of 1.0, making Complete a high-quality protein option.

Inulin Fiber

Inulin fiber is a prebiotic fiber found in the roots of many different foods. It promotes gut health, heart health, and satiety. Inulin can also help increase the amount of calcium and other minerals you absorb from your diet.

Vitamins and Minerals

Unicity Complete contains many essential vitamins and minerals, including calcium, iron, and vitamins A, C, D, and B.

Nutrition Facts

Serving Size 2 Scoops (36.8 g) Servings Per Container About 30

| Amount Per Serving | | | |
|--------------------|----------------------|-----------|--|
| Calories 140 | Calories from Fat 35 | | |
| | % Dai | ly Value* | |
| Total Fat | 4 g | 6% | |
| Saturated fat | 1 g | 4% | |
| Trans fat | 0 g | | |
| Cholesterol | 45 mg | 15% | |
| Sodium | 180 mg | 8% | |
| Potassium | 320 mg | 9% | |
| Total Carbohydrate | 8 g | 3% | |
| Dietary Fiber | 4 g | 16% | |
| Soluble Fiber | 4 g | | |
| Sugars | 3 g | | |
| Protein | 20 g | | |

| Vitamin A | 100% | • | Vitamin C | 100% |
|------------|------|---|------------------|------|
| Calcium | 35% | • | Iron | 100% |
| Vitamin D | 100% | • | Vitamin E | 100% |
| Thiamin | 100% | • | Riboflavin | 100% |
| Niacin | 100% | • | Vitamin B-6 | 100% |
| Folic Acid | 100% | • | Vitamin B-12 | 100% |
| Biotin | 100% | • | Pantothenic Acid | 100% |
| Phosphorus | 10% | • | lodine | 100% |
| Magnesium | 35% | • | Zinc | 100% |
| Copper | 100% | • | Manganese | 100% |
| Chromium | 100% | • | | |

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--|--|--------------|------------------------------------|
| Total Fat Sat Fat Cholesterol Sodium Potassium Total Carbo Dietary Fil | Less than Less than Less than Less than | 65 g 20 g | 80 g 25 g 300 mg 2,400 mg |
| Dietary i ii | Jei | 23 g | 30 g |

INGREDIENTS: Protein Matrix (Whey Protein Concentrate, Non-GMO Soy Protein Isolate, Whey Protein Isolate, Milk Protein Isolate, Sodium Caseinate, Whey Powder), Inulin, Sunflower Oil. Vitamin Mineral Blend (Magnesium Oxide, Potassium Phosphate, Dicalcium Phosphate, Ascorbic Acid (Vitamin C), Vitamin E Acetate, Ferrous Fumarate, Biotin, Vitamin A Palmitate, Niacinamide, Zinc Oxide, Potassium lodide, Copper Gluconate, d-Calcium Pantothenate, Manganese Sulfate, Folic Acid, Vitamin D3, Pyridoxine Hydrochloride, Thiamine Mononitrate, Riboflavin, Chromium, Cyanocobalamin (Vitamin B12), Natural & Artificial Flavors, Fructose, Canola Oil, Calcium Carbonate, Maltodextrin, Potassium Citrate, Xanthan Gum, Mono & Di Glycerides, Sodium Chloride, Cellulose Gum, Carrageenan, Lecithin, Sucralose, Aloe Vera Gel Concentrate.

Contains: Milk and Soy

Designed for Health

Today, we face a health crisis unlike any the world has ever seen. Despite scientific advancements in medicine and health care, people are unhealthier than ever.

The good news is that this pervasive global health decline is completely reversible. As The Health Intervention Company, Unicity is committed to combating today's health crisis by developing products that are obsessively backed by science, rigorously tested, and masterfully produced—all to help millions around the world live better lives.

Complete Vanilla FAQs



Is Unicity Complete considered a full meal replacement?

Yes, Unicity Complete is considered a full meal replacement. You can drink Unicity Complete with the confidence that your body is receiving high-quality protein and the added nutrients that you may not be getting in your daily meals.

When should I take Unicity Complete?

Unicity Complete can be used to replace any of your regular meals throughout the day.

Is this product compatible with ketogenic or other low-carb diets?

Yes, this product contains only five grams of net carbohydrates per serving, so you can feel confident in adding Unicity Complete to your low-carb diet.

What if I'm pregnant or breastfeeding?

Unicity does not test products on pregnant or nursing women, therefore, the company cannot recommend usage for these demographics. We advise pregnant and breastfeeding women to consult their doctor for advice on all nutrition matters, especially dietary changes.

What is PDCAAs?

PDCAAs stands for Protein Digestibility Corrected Amino Acid Score. This score is given to proteins based on the amount of amino acids that are available after digestion of the protein. A score of 1 is the highest possible score and indicates that all amino acids are bioavailable from the protein source. Unicity Complete has a score of 1.

The Health Intervention Company - Unicity designs and develops innovative nutritional products that make healthy living doable in an on-the-go world.

