

# UNICITY Cleanse



Most people have heard the phrase, “Take care of your body and it will take care of you.” But in today’s busy world, we don’t always get to eat the right foods with the right balance of nutrients to keep everything moving and functioning as it should, which leads to buildup of metabolic waste. Plus, the products we use every day, and even our environment, can cause harmful buildup over time.

Fortunately, our bodies are designed to eliminate waste material before it accumulates and causes health concerns. The liver, kidneys, and colon work together to ensure these harmful compounds don’t make it into the bloodstream. But when these systems aren’t working properly, it can cause fatigue, weight gain, insomnia, headaches, and joint and muscle pain. Sometimes it’s necessary to give our bodies a little extra help to keep things moving properly through the digestive system.

Unicity Cleanse is a powerful, 30-day system that helps to first cleanse the digestive system and then nourish a healthy microbiome. It helps the body clear the digestive tract, supports the replacement of good bacteria, and then nourishes the good bacteria with prebiotic ingredients—allowing a healthy microbiome to flourish.

## Benefits



Gently nourishes and cleanses the digestive system



Aids the body in eliminating toxins and waste



Helps promote digestive regularity



Supports a healthy microbiome



Increases satiety to curb appetite



Promotes overall digestive health

## Ideal For

- Individuals who want to cleanse their bodies of waste and toxins
- People looking to support their gastrointestinal system
- Those who experience occasional constipation
- People who want to increase their fiber intake
- Individuals wanting to maintain normal, healthy blood cholesterol and glucose levels
- Individuals wanting to bring a healthy balance to their intestinal biome

## What's inside

Unicity Cleanse comes with Paraway Plus, LiFiber, and Aloe Vera.



### Paraway Plus

Unicity Paraway Plus is comprehensive gastrointestinal support designed to bring your microbiome into balance, aid the body in the cleansing of unwanted materials, and help protect the digestive tract. Paraway Plus' exclusive herbal blend aids in supporting a healthy, balanced gut biome.



### LiFiber

LiFiber is a high-quality psyllium husk product that contains dietary fiber and a proprietary herbal blend that promotes gastrointestinal health. The herbal blend gently nourishes the digestive system, helping it maintain proper function over time and promote regularity. LiFiber also provides a plant-based source of fiber that most people lack in their diets, which helps move waste through the digestive tract and helps support an overall healthy microbiome.



### Aloe Vera

Unicity Aloe Vera provides a powerful, natural way to gently cleanse your intestines to promote a normal, healthy digestive system. It helps give your body the deep cleanse it needs to support digestive regularity and eliminate waste.

## Cleanse schedule

To get the most out of this 30-day cleanse, please follow these daily instructions.



#### Water

Drink at least 64 oz. (1.9 L) each day.



#### Paraway Plus

Take two capsules every morning for the first 10 days, then five capsules every morning for the next 20 days.



#### LiFiber

Mix one level scoop of LiFiber with 8–10 oz. (0.25 L) water. Drink immediately. Take 1–2 times daily.



#### Aloe Vera

Take one capsule with a full glass (8 oz. / 0.25 L) of water each day.

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**Tip:** While you may continue to eat as normal while taking the Unicity Cleanse Pack, we recommend maintaining a healthy, balanced diet with plenty of water.

## Designed for Health

Today, we face a health crisis unlike any the world has ever seen. Despite scientific advancements in medicine and health care, people are unhealthier than ever.

The good news is that this pervasive global health decline is completely reversible. As The Health Intervention Company, Unicity is committed to combating today's health crisis by developing products that are obsessively backed by science, rigorously tested, and masterfully produced—all to help millions around the world live better lives.

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## What to expect

The process of ridding your body of accumulated toxins and waste with Cleanse may cause some initial mild discomfort. This discomfort may include: blemishes, constipation, cramping, diarrhea, gas, bloating, nausea, and changes in your urine and stool— including the possibility of organisms in your stool.

As your body adjusts to cleansing, these uncomfortable symptoms will gradually diminish, and then disappear completely. However, if any of these symptoms persist, discontinue use and contact your doctor.

The Unicity Cleanse pack is intended for healthy individuals and is not for long-term use. Take only as directed. Do not take if you are pregnant, breastfeeding, or taking medications. Consult your health care provider before taking any Cleanse products if you have a medical condition.



The Health Intervention Company™ - Unicity designs and develops innovative nutritional products that make healthy living doable in an on-the-go world.

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\*Note: Maintaining a healthy diet and exercise regimen and getting plenty of sleep will help support a healthy immune system.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Customer Service: 1-800-864-2489  
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