











VINTON SENIOR CENTER – 915 WEST STREET, VINTON, LA

JULY 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
Daily:  Coffee & Biscuits 7:30 am -9 am		1 BREAKFAST WITH FRIENDS CHAIR EXERCISES BINGO 10AM	2 BREAKFAST WITH FRIENDS QUILTING WITH THE LADIES DOMINOES	3 Breakfast with Friends Chair exercises 9:30am to 9:45am BINGO 10am W/SPONSOR	4 CENTER CLOSED FOR THE 4 TH OF JULY	MEMBER OF MONTH SUSAN WELSH THANK YOU FOR ALL YOU DO!
POKENO EVERY Monday Morning 	7 Breakfast with Friends POKENO 10am	8 Breakfast with Friends Chair Exercise - 9:30 am to 9:45am BINGO 10am	9 Breakfast with Friends QUILTING DAY WITH OUR LADIES 7:30am to 12:45pm	10 Breakfast with Friends Chair Exercise- 9:30am to 9:45am BINGO 10am	11 Breakfast with Friends MEXICAN Train 9am to 12pm Beanbag Practice 10am to 12pm	POKENO Mondays at 10 am 
EVERY TUESDAY & THURSDAY AT 10 AM 	14 Breakfast with Friends POKENO 10am	15 Breakfast with Friends Chair Exercise- 9:30am to 9:45am BINGO 10am with HIXSONS	16 Breakfast with Friends QUILTING DAY WITH OUR LADIES 7:30am to 12:45pm	17 Breakfast with Friends Chair Exercise- 9:30am to 9:45am BINGO 10am	18 Breakfast with Friends MEXICAN Train 9:00am to 12pm	"RELAX" REFRESH AND ENJOY LIFE
	21 Breakfast with Friends POKENO 10am	21 Breakfast with Friends Chair Exercises 9:30am to 9:45am BINGO 10am	22 Breakfast with Friends QUILTING DAY WITH OUR LADIES 7:30am to 12:45pm	23 Breakfast with Friends Chair Exercise- 9:30am to 9:45am BINGO 10am	24 Breakfast with Friends MEXICAN Train 9:00am to 12pm	Beanbag Baseball at 10 am, on the 3 rd & 4 th – Wednesdays 
	27 Breakfast with Friends POKENO 10am	28 Breakfast with Friends Chair Exercises 9:30am to 9:45am BINGO 10am	29 Breakfast with Friends QUILTING DAY WITH OUR LADIES 7:30am to 12:45pm	30 Breakfast with Friends Chair Exercise- 9:30am to 9:45am BINGO 10am	31 Breakfast with Friends MEXICAN Train 9:00am to 12pm "	Mexican Train  Dominoes 9 am Friday