



Iowa Senior Center
120E. 1st. St
Iowa, La. 70647
Monday---Friday 8am-1pm



August 2024

337-312-1781

SUN	MON	TUE	WED	Thu	FRI	SAT
Happy Birthday 	Kathy Fontenot Pat Fruge Trudy Daniels Verdie Oliver Vicki Royer	Ruth Daigle May LaRocca Joann Miller Greg Savent Evaine Oliver	Wanda Richard Ann Ardoin Margaret Thibodeaux Dominoe Candien Vickie LeBleu	1 8am Dominoes 9am Speed Bingo 10am Bingo w/Kalab Indpt. Medicare Agt. 11am Game	2 8am Dominoes & Breakfast with friends. 8:30 Walk Exercise	
National Friendship Day & Choc Chip Day	5 8am Dominoes 10am Grandparents Day Bingo	6 8am Dominoes 10am Bingocize Bingo + Exercise 11am Beanbag Baseball	7 8am Dominoes 8:30 Walk Exer 9am Standing & Chair Exer. 10am BB 	8 8am Dominoes 9am Speed Bingo 10am Bingo w/ Dodi Southern Home H. 11am Game	9 8am Dominoes & Breakfast 9am Beanbag w/ Moss Bluff SC at Home	Bring a Friend Day Thursday Aug 8th
 	12 8am Dominoes 10am Bingo with Angie Holland w/ Christus Hospice 11am Pokeno Left Handers' Day	13 8am Dominoes 10am Bingocize Bingo + Exercise 11am Beanbag Baseball	14 8am Dominoes 8:30 Walk Exer. 9am Stand & Chair & Beanbag Baseball 11am Lunch Regatta (Lake Arthur)	15 8am Dominoes 9am Speed Bingo 10am Bingo sponsored by D.A. Office (AB Franklin) 11am Game	16 8am Dominoes & Breakfast with friends 8:30 Walk Exercise 9am Chair Exercise Tell a Joke Day!	
National Fajita Day	19 8am Dominoes 10am Speaker & Bingo w/ Mary from Blue Cross Monthly Birthday 11am Pokeno	20 8am Dominoes 10am Bingocize Bingo + Exercise 11am Beanbag Baseball	21 8am Dominoes 8:30am Walk Exer. 9am Standing & Chair Exercise 10am Beanbag	22 8am Dominoes 9am Speed Bingo 10am Speaker & Bingo Lawanna with Brighten Bridge	23 8am Dominoes and Walk Exer. 10am Beanbag at The Verandah 5851 Gray Market Dr. Lake Charles	
	26 8am Dominoes 10am Bingo w/ Renea from The Verandah 11am Pokeno	27 8am Dominoes 10am Bingocize Bingo + Exercise 11am Beanbag Baseball	28 8am Dominoes 8:30 Walk Exercise 9am Standing & Chair Exercise 10am Beanbag	29 8am Dominoes 9am Speed Bingo 10am Bingo w/ Mandi Burk Indpt. Medicare Agt. 11am Game	30 8am Dominoes & Breakfast with friends 9am Beanbag w/ West Lake SC (Home)	