September 2025

WORLD HEART DAY

World Heart Day

10:00 a.m. – 11:30

a.m. Linda Gaskin

WESTLAKE SENIOR CENTER

2001 JONES ST 337-312-1053



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 CLOSED LABOR DAY	2 Bingo 10:00 a.m. – 11:30 a.m. Chair Exercise Hixson's Funeral Home & Kaleb	3 Bean bag baseball 8:30 – 9:30 GAME ACTIVITIES 9:30 – 11:30 a.m. Chanda w/Goodwill assist with smart phones	4. Chair Exercise Bingo 10:00 a.m. – 11:30 a.m. WSC	5 Bean bag baseball 8:30 - 9:30 GAME ACTIVITIES 9:30 - 11:30 a.m. Celebrating Grandparents Day Invite Grandkids to play games & have lunch	6 Alzheimer's Walk Civic Center
national GRANDPARENTS	8 Bean bag baseball 8:30 – 9:30 GAME ACTIVITIES 9:30 – 11:30 a.m.	9 Bingo 10:00 a.m. – 11:30 a.m. Chair Exercise The Verandah Lisa Hebert	10 Elvis is coming You don't want to miss this! Lunch served	11 Bingo 10:00 a.m. – 11:30 a.m. Chair Exercise Villages of Imperial Pointe Gumbo	12 BBB IOWA @ WSC 9:00 a.m.	PO-KE-NO
BINGO BINGO	15 Bean bag baseball 8:30 – 9:30 GAME ACTIVITIES 9:30 – 11:30 a.m.	16 9:00 - 9:30 a.m. Coffee w/Mayo Bingo 10:00 a.m 11:30 a.m. Chair Exercise Christina Burleigh State Farm	Beanbag Tournament in Iowa	18 Bingo 10:00 a.m. – 11:30 a.m. Chair Exercise Golden Outlook Angela Arceneaux	19 Bean bag baseball 8:30 - 9:30 GAME ACTIVITIES 9:30 - 11:30 a.m. Food for Seniors 8:00 am - 9:30 am	Happy Birthday Shirley Guthrie 1 Flo Matte 3 Jerri Rybicki 6 Bobby Tunwar 13 Loretta Reed 16 Earline DeVille 17 Angie Broussard 18
Hoppy Fall!	Beanbag Baseball with CPSO @ WSC	23 Bingo 10:00 a.m. – 11:30 a.m. Chair Exercise Johnson FH MB	24 Bean bag baseball 8:30 – 9:30 GAME ACTIVITIES 9:30 – 11:30 a.m. Crafting Circle	25 Bingo 10:00 a.m. – 11:30 a.m. Chair Exercise Albertsons Giving Shots 8:30 a.m. WSC Lori Pederson lunch	26 Bean bag baseball 8:30 - 9:30 GAME ACTIVITIES 9:30 - 11:30 a.m.	Ethel Chiasson 20 Earl Collier 29
	29 GAME ACTIVITIES 9:30 – 11:30 a.m.	30 Bean bag baseball 8:30 – 9:30 GAME ACTIVITIES 9:30 – 11:30 a.m. Bingo				

VOLUNTEERS NEEDED

This center relies on volunteers to help with special events...serve food, help clean up afterwards and seasonal decorations. If you would like to consider being a volunteer, please call 337-312-1053.

Sponsorship / Ambassadors

Ambassadors/Sponsors are needed to help make our events successful for our seniors. We are looking for individuals or businesses who want to participate in a long-term relationship with us and are willing to invest \$100 monthly or \$1200 annually to defer the cost of items needed for field trips, bingo, Pokeno, birthday celebrations, luncheons, and other special events such as Older American Month, Senior Center Month, and other events throughout the year. *Please call or email the center for more information at pgolding@calcoa.org or lgaskin@calcoa.org*.

WISH LIST / DONATIONS

The items listed below, is a wish list for activities, ongoing classes, and upcoming events at our center. We also accept **monetary donations**. Please call 337-312-1053 if you or someone you know would like to donate any of the following items on this Wish List.

Sponsors for Bingo - Bingo gifts are \$2.00 - \$3.00 Items such as: potatoes, onions, paper towels, stamps, coffee & creamer, laundry detergent, fabric softener, dish washing liquid, bleach, personal hygiene items (shampoo with conditioner, lotion, body wash, etc.) cough drops, meal in a box (Betty Crocker, etc.) fresh fruits, juice, cake mix with icing, pancake mix with syrup, canned meat, food storage containers, bottled water, juice, soda, tea, gift certificates to restaurants, car wash, etc. 1 consolation prize valued at least \$10.00.

Activity items needed: vinyl and HTV vinyl, cardstock, scrapbook paper & embellishments, ribbon, beads, acrylic paint, variety of birthday and get-well cards, and any other craft items.

Major Activity item Wanted: Shuffleboard Table and/or Foldable Indoor Table Tennis Table; Dart Board

Thank You Pam Golding, Program Coordinator pgolding@calcoa.org (337) 312-1053 office (337) 419-9765 cell