

JULY 2025




INDEPENDENT LIVING ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>JULY</div>		<div>JULY BIRTHDAYS</div> <div>RONNA KURTZ 2ND - IL</div> <div>BOB JOHNSTON 2ND - HC</div> <div>ELIZABETH BUCKLAND 2ND - HC</div>	<div>MARGUERITE SEXTON - RANDELS 5TH - AL</div> <div>NANCY DAY 6TH - IL</div> <div>BARB DICKERSON 6TH - IL</div>	<div>ELLA MAE VAN HELTEN 12TH - IL</div> <div>MARY LOU OLAUSON 24TH - AL</div> <div></div>	<div>OPAL WILSON 28TH - AL</div> <div>HELEN PENMAN 29TH - HC</div> <div>DON JOHNSON 31ST - HC</div>	<div></div>
<div>Activities are subject to change due to weather or other circumstances. Changes will be posted.</div>	<div>CR = Community Room DR = Dining Room IL = Independent Living AL = Assisted Living HC = Health Center CS = Coffee Shop</div>	<div>1 10:30 Exercises - CR</div> <div>1:15 Bell Choir practice</div> <div>2:00 BBB game - PVV VS. SE Polk FB BOYS/rb floats</div> <div>3:00 “Chicken Soup for the Soul” to go - DR</div> <div>6:00 Cribbage - CR</div>	<div>2 9:00 Bank Iowa</div> <div>2pm Pegs/Jokers</div> <div>2pm Dominos - Community Room</div> <div>2:30 Bingo - AL Dining Room</div>	<div>3 10:30 Exercises - Community Room</div> <div>2:30 Bingo - HC</div> <div>4pm Devotions - Chapel</div>	<div>4 6:00 pm Movie - "The American Revolution"-channel 16.1 or 991</div> <div></div> <div>4TH OF JULY</div>	<div>5 1:30 Scrabble - outside/Chapel</div> <div>2:00 Dominos</div> <div>7pm Movie - "Siberia" - tv channel 16.1 or 991</div>
<div>6 9:45 am Church Service - Chapel</div> <div>9:45 Catholic Service - CR</div> <div>7pm Movie - "Storm Riders"- tv channel 16.1 or 991</div>	<div>7 2:30 pm Bingo - Assisted Living Dining Room</div> <div>1pm Shopping - Christopher Banks, Ankeny</div>	<div>8 10:30 Exercises - CR</div> <div>1:00 Chef’s Forum - DR</div> <div>1:15 Bell Choir practice - Chapel</div> <div>2:00 Bean bag baseball practice - DR</div> <div>6:00 Cribbage - CR</div>	<div>9 9:00 Bank Iowa</div> <div>10am WISE PROGRAM - Wellness Educational Program - Comm. Room</div> <div>1:00 20 ALTOONA CAMPUS KIDS KLUB STUDENTS - DR</div> <div>2pm Pegs/Jokers</div> <div>2pm Dominos - CR</div>	<div>10 9:30 Bank CSB</div> <div>10:30 Exercises - CR</div> <div>1:00 Book Club - Chapel</div> <div>4pm Devotions-Chapel</div> <div>4pm Home Slice Hand- made Pies/The Creamery ice cream/pie–Bondurant</div>	<div>11 9:30 Shopping - Walmart 10-11:30 Altoona Public Library - Chapel</div> <div>2:00 Bingo - DR</div> <div>3:00 Happy Hour - popcorn &amp; pop</div>	<div>12 1:30 Scrabble - outside/Chapel</div> <div>2pm Dominos - 2nd Floor Game Rm</div> <div>7pm Movie - "The Heart Always Knows" - tv channel 16.1 or 991</div>

# JULY 2025 INDEPENDENT LIVING ACTIVITY CALENDAR

Becky - Activity Director (515) 412-1385

Dawn- Activity Assistant (515) 412-1378

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>13</b> 9:45 am Church Service - Chapel 9:45 Catholic Service - Community Room 7pm Movie - "No Letting Go"- tv channel 16.1 or 991	<b>14</b> Sing a long w/ Pat Hand  -Chapel <b>2:30 Bingo - AL Dining Room</b>	<b>15</b> 10:30 Exercises-CR 1:15 Bell Choir practice - Chapel 2pm Beanbag Baseball practice - DR 6:00 pm Cribbage - CR	<b>16</b> 9:00 Bank Iowa 10am <u>WISE PROGRAM</u> <u>- Wellness Educational Program - Comm. Room</u> 2 pm Pegs & Jokers 2pm Dominos - CR <b>2:30 Bingo - AL</b>	<b>17</b> 10:00 Parkinson's Meeting - Chapel 10:30 Exercises - CR <b>2:30 Bingo - HC</b> 4pm Devotions - Chapel	<b>18</b> 2-2:45 "The Life of Thomas Mitchell" - presentation by Dawn Bentley - Dining Room 3:00 Happy Hour - lobby - ice cream sundaes	<b>19</b> 1:30 Scrabble - outside/Chapel 2 pm Dominos 7pm Movie - "July Rising" - tv channel 16.1 or 991
<b>20</b> 9:45 am Church Service - Chapel 9:45 Catholic Service - CR 7pm Movie - "Faith of Angels" - tv channel 16.1 or 991	<b>21</b> 1pm Christmas in July - Cross stitch with Dawn - Crafts - Community Room <b>2:30 Bingo - Assisted Living Dining Room</b>	<b>22</b> 10:30 Exercises - Community Room 1:15 PVV Bell Choir practice - Chapel 2pm Bean Bag Baseball practice - DR 6:00 pm Cribbage - CR	<b>23</b> 9:00 Bank Iowa 10am <u>WISE PROGRAM</u> <u>- Wellness Educational Program - Comm. Room</u> 10am Catholic Mass 1:00 <u>20 ALTOONA CAMPUS KIDS KLUB STUDENTS</u> - DR 2pm Pegs & Jokers 2pm Dominos - CR <b>2:30 Bingo - AL DR</b>	<b>24</b> 9am Walking at Copper Creek Lake 9:30 Bank CSB 10:30 Exercises - CR 3PM CHIT CHAT THEN CASEY'S PIZZA 4pm Devotions-Chapel	<b>25</b> 9:30 Shopping - Fareway 2:00 pm Bingo - DR 3:00 pm Happy Hour - lobby -sausage, cheese, crackers	<b>26</b> 1:30 Scrabble - outside/Chapel 2 pm Dominos 7pm Movie - "My Secret Millionaire" - tv channel 16.1 or 991
<b>27</b> 9:45 am Church Service - Chapel 9:45 Catholic Service-CR 7pm Movie - "Before & After " - tv channel 16.1 or 991	<b>28</b> 2:00 pm Opal Wilson's 106th Birthday celebration - AL Dining Room 	<b>29</b> 10:30 Exercises-CR 1:15 PVV Bell Choir practice - Chapel 2pm BBB Game - <u>STAFF VS. RESIDENTS</u> - DR 6:00 pm Cribbage - CR	<b>30</b> 9:00 Bank Iowa 10am <u>WISE PROGRAM</u> <u>- Wellness Educational Program - Comm. Room</u> 2pm Pegs & Jokers 2pm Dominos - CR <b>2:30 Bingo -AL Dining Rm</b>	<b>31</b> 10:30 Exercises -CR 2:30 "Vintage Café" entertainment - Ed Kelly/ Jane Today - DR  4pm Devotions - Chapel	<b>Daily Exercise on Prairie Vista Village Channel 16.1 or 991 at 10am &amp; 2pm</b>	<b>ORANGE = PLEASE SIGN UP FOR OUTINGS IN THE OUTING BOOK IN THE MAIL ROOM!</b>