## **JULY 2025 ASSISTED LIVING ACTIVITY CALENDAR**

Becky - Activity Director (515) 412-1385

**Dawn- Activity Assistant** (515) 412-1378

Duwii- Activity Assistant (010) 412-10								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
***  **  **		JULY BIRTHDAYS RONNA KURTZ 2ND - IL BOB JOHNSTON 2ND - HC	ELIZABETH BUCKLAND 2ND - HC MARGUERITE SEXTON - RANDELS 5TH - AL NANCY DAY 6TH - IL	BARB DICKERSON 6TH - IL ELLA MAE VAN HELTEN 12TH - IL MARY LOU OLAUSON 24TH - AL	OPAL WILSON 28TH - AL HELEN PENMAN 29TH - HC DON JOHNSON 31ST - HC	Daily Exercise on Prairie  Vista Village TV  Channel 991 at 10am  & 2pm		
Legend  CR = Community  Room  DR = Dining Room  IL = Independent  Living  HC = Health Center  CS = Coffee Shop	Activities are subject to change due to weather or other circumstances. Changes will be posted.	110:30 Exercises-CR 1:15 Bell Choir practice - Chapel 2pm BBB game - PVV VS. SE POLK FB boys 6:00 Cribbage - CR	<ul> <li>2 8:30 Podiatrist</li> <li>- Community</li> <li>Room</li> <li>9am Bank Iowa</li> <li>-lobby</li> <li>2:30 Bingo - Dining</li> <li>Room</li> </ul>	3 9:30 Shopping trip - Fareway 10:30 Exercises-CR 2:30 Bingo - Health Center Dining Room 4pm Devotions-Chapel	4 6:00 pm Movie -"The American Revolution"- channel 16.1 or 991  4TH OF JULY	5 1:30 Scrabble - outside/Chapel 7pm Movie - "Siberia" - tv channel 16.1 or 991		
6 9:45 am Church Service - Chapel 9:45 Catholic Church 7pm Movie - "Storm Riders" - tv channel 16.1 or 991	7 2:30 pm Bingo - Dining Room 1pm Shopping - Christopher Banks, Ankeny	8 10:30 Exercises-CR 1:15 Bell Choir prac Chapel 2:00 pm Beanbag Baseball practice - IL 2:30 Gary Wenner- strom piano player-DR 6:00 Cribbage - CR	9 8:45 Nail care 9am Bank Iowa-lobby 10am WISE PROGRAM - Wellness Educational Program - CR 1pm Visiting w/Altoona Campus Kids-IL Dining Room 2:30 Bingo w/Trinity 5th	10 9:30 Bank CSB 1pm Book Club-Chapel 3pm Tenant Focus -DR 4pm Devotions - Chapel 4pm Home Slice Hand- made Pies/The Creamery - Bondurant	11 10-11:30 Library - Chapel 2pm Bingo - IL 3:00 Happy Hour - Popcorn/pop	12 1:30 Scrabble - outside/Chapel 7pm Movie - "The Heart Always Knows" - tv channel 16.1 or 991		

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13 9:45 am Church Service - Chapel 9:45 Catholic Church 7pm Movie - "No Letting Go" - tv channel 16.1 or 991	<ul><li>14 Sing a long with Pat Hand</li><li>Chapel</li><li>2:30 Bingo</li><li>Dining Room</li></ul>	15 10:30 Exercises - CR 1:15 Bell Choir - Chapel 2:00 pm Beanbag Baseball practice - IL 6:00 Cribbage - CR	16 8:45 Nail care 9:00 Bank Iowa 10am WISE PROGRAM - Wellness Educational Program - Comm. Room 2:30 pm Bingo - DR	17 Shopping - Walmart 10am Parkinson's Meeting - Chapel 10:30 Exercises - CR 2:30 Bingo - HC 4pm Devotions-Chapel	18 2-2:45 "The Life of Thomas Mitchell" - presentation by Dawn Bentley-IL Dining Room 3:00 Happy Hour - Ice cream sundaes - lobby	19 1:30 Scrabble - outside/Chapel 7pm Movie - "July Rising" - tv channel 16.1 or 991
20 9:45 am Church Service - Chapel 9:45 Catholic Church 7pm Movie - "Faith of Angels" - tv channel 16.1 or 991	21 1pm Christmas in July - Cross stitch with Dawn - Crafts - Community Room 2:30 pm Bingo - Dining Room	22 10:30 Exercises - CR 1:15 Bell Choir practice 2pm Beanbag Baseball practice - IL Dining rm 6:00 Cribbage - CR	23 8:45 Nail care 9:00 Bank Iowa - lobby 10 am Catholic Mass 10am WISE PROGRAM -Community Room 1-2pm Visiting w/Altoona Campus Kids-IL DR 2:30 Bingo -w/Trinity/5th	24 9:30 Bank CSB 10:30 Exercises- CR 2:30 Bingo - Health Center Dining Room 4pmDevotions-Chapel	25 2:00 Bingo - Independent Living Dining Room 3:00 Happy Hour - sausage, cheese, crackers	26 1:30 Scrabble - outside/Chapel 7pm Movie - "My Secret Millionaire" - tv channel 16.1 or 991
27 9:45 am Church Service - Chapel 9:45 Catholic Church 7pm Movie - "Before and After" - tv channel 16.1 or 991	28 2pm Opal's 106th Birthday celebration - Dining Room	29 10:30 Exercises- CR 1:15 Bell Choir practice - Chapel 2pm Beanbag Baseball practice - IL Dining rm 6:00 Cribbage - CR	30 8:45 Nail care 9:00 Bank Iowa 10am WISE PROGRAM - Wellness Educational Program - CR 2:30 Bingo - DR	31 10:30 Exercises - CR 2:30 Bingo - Health Center Dining Room 4pmDevotions-Chapel	Green = Activities on PRAIRIE VISTA VILLAGE TV CHANNEL 16.1 OR 991	ORANGE = PLEASE SIGN UP FOR OUTINGS IN THE OUTING BOOK BESIDE THE ELEVATOR - 1ST FLOOR LIVING ROOM