

FEBRUARY 2026 ASSISTED LIVING ACTIVITY CALENDAR

Becky - Activity Director (515) 412-1385

Dawn- Activity Assistant (515) 412-1378

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|--|---|--|
|  <h2>FEBRUARY</h2> | | FEBRUARY BIRTHDAYS CAROLE HALL 1ST HC SHERYL WESTON 1ST HC | DARLENE WATSON 3RD AL RAY ANDERSON 4TH IL | ELAINE JAMES 5TH IL ESTHER BREEN 8TH IL | RUSS JOHNSON 17TH AL VAUGHN LIVINGSTON 19TH HC | VERN GULLING 26TH IL  |
| <p>Activities are subject to change due to weather or other circumstances. Changes will be posted.</p> | <p><u>Legend</u> CR = Community Room DR = Dining Room IL = Independent Living HC = Health Center CS = Coffee Shop</p> | <p>ORANGE = PLEASE SIGN UP FOR OUTINGS IN THE OUTING BOOK BESIDE ELEVATOR - 1ST FLOOR LIVING ROOM</p> | <p><u>Olympic Winter Games</u> Milano Cortina 2026 February 6-22nd Watch on NBC!</p> |  | <p><u>MEN'S BIBLE STUDY WITH MIKE - CHAPEL TUESDAYS FEBRUARY 3RD AND 17TH</u></p> |  |
| <p><u>1</u> 9:45 Church service – Chapel 9:45 Catholic Church - Community Room</p> | <p><u>2</u> 2:30 Bingo - Dining Room </p> | <p><u>3</u> 10:00 Mens Bible Study/Chapel 10:30 Exercises - Community Room 1:15 Bell Choir prac. - Chapel 2pm Bean bag practice-IL D. Room 6pm Cribbage - CR</p> | <p><u>4</u> 9:00 Bank Iowa 2:30 Bingo - Dining Room</p> | <p><u>5</u> 9:30 Bank CSB 10:00 Nostalgic Echoes - Chapel  10:30 Exercises - CR 1:00 Skipbo - DR 3:00 Book Club -Chapel 4:00 Devotions-Chapel</p> | <p><u>6</u> 1:30 <u>Travel & Taste with Dawn</u> - <u>Destination</u> - <u>“Alaska”</u> - <u>Chapel</u> 3:00 Happy Hour - lobby</p> | <p><u>7</u> 1:30 Scrabble - outside of Chapel 2:00 Bingo - IL Dining Room</p> |

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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|--|--|--|
| <p>8 9:45 Church Service - Chapel 9:45 Catholic Church -Community Room 3:30 Superbowl snacks - coffee shop 5:30 Superbowl - NBC</p>  | <p>9 1:15 Sing a long w/Pat Hand - Chapel 2:30 Bingo - Dining Room</p> | <p>10 10:30 Exercises - Community Room 1:15 Bell Choir practice - Chapel 2:00 Beanbag Baseball practice - IL Dining Room 6:00 Cribbage - Community Room</p> | <p>11 8:45 Nail care -1st floor living room 9:30 Dyeing Flowers w/food coloring - Dining Room 2:30 Bingo - DR</p> | <p>12 9:30 Walmart 10:00 Nostalgic Echoes - Chapel  10:30 Exercises - CR 1:00 Skipbo - DR 3:00 Tenant Focus - Dining Room 4pm Devotions-Chapel</p> | <p>13 2:00 Bingo - IL Dining Room 1:30 Valentine's Social w/music by Beckie & Shonda  - HC Dining Room 3:00 Happy Hour - lobby</p> | <p>14 1:30 Scrabble - outside of Chapel</p>  |
| <p>15 9:45 Church Service - Chapel 9:45 Catholic Church—Community Room</p> | <p>16 1:15 Crafts - Dining Room 2:30 Bingo - Dining Room PRESIDENTS DAY </p> | <p>17 10:00 Mens Bible Study/Chapel 10:30 Exercises-CR 1:15 Bell Choir practice - Chapel 2pm BBB - IL DR 6:00 Cribbage - CR <u>SHROVE TUESDAY</u></p> | <p>18 8:45 Nail care 9:00 Bank Iowa - lobby 10:00 Catholic Mass - Chapel 2:30 Bingo - DR</p> | <p>19 9:30 Bank CSB 10:00 Parkinson's Meeting - Chapel 10:30 Exercises - CR 1:00 Skipbo - DR 4:00 Devotions - Chapel</p> | <p>20 10am Altoona Public Library - Chapel 1:30 Presentation about the Altoona Kitchen Band - Phyllis Murphy - IL Dining Room 3:00 Happy Hour-lobby</p> | <p>21 1:30 Scrabble - outside of Chapel</p> |
| <p>22 9:45 am Church Service - Chapel 9:45 Catholic Church - Community Room</p> | <p>23 1:15 Baking - Dining Room 2:30 Bingo - Dining Room 4:00 Supper out - Olive Garden</p> | <p>24 10:30 Exercises - Community Room 1:15 Bell Choir practice - Chapel 2pm BBB practice - IL Dining Room 6:00 Cribbage - CR</p> | <p>25 8:45 Nail care 9:00 Bank Iowa - lobby 2:30 Bingo - DR</p> | <p>26 9:30 Fareway - Shopping  10:00 Nostalgic Echoes - Chapel 10:30 Exercises - CR 1:00 Skipbo - DR 4:00 Devotions - Chapel</p> | <p>27 2:00 Bingo - IL Dining Room 3:00 Happy Hour - lobby</p> | <p>28 1:30 Scrabble - outside of Chapel</p> |