

# FEBRUARY 2026 INDEPENDENT LIVING ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b>FEBRUARY</b></p>		<p><u>FEBRUARY BIRTHDAYS</u></p> <p>CAROLE HALL 1ST HC </p>	<p>SHERYL WESTON 1ST HC </p> <p>DARLENE WATSON 3RD AL</p> <p>RAY ANDERSON 4TH IL</p>	<p>ELAINE JAMES 5TH IL</p> <p>ESTHER BREEN </p> <p>8TH IL</p>	<p>RUSS JOHNSON 17TH AL</p> <p>VAUGHN LIVINGSTON 19TH HC </p>	<p>VERN GULLING 26TH IL </p> 
<p>Activities are subject to change due to weather or other circumstances. Changes will be posted.</p>	<p><u>TUESDAY</u> <u>FEBRUARY 3RD</u> 3:00 "<u>CHICKEN SOUP FOR THE SOUL</u>"-SERVING OUT OF INDEPENDENT LIVING <u>RESIDENT ROOM 24E</u></p>	<p>CR = Community Room DR = Dining Room IL = Independent Living AL = Assisted Living HC = Health Center CS = Coffee Shop</p>	<p><u>ORANGE = PLEASE SIGN UP FOR OUTINGS IN THE OUTING BOOK IN THE MAIL ROOM!</u></p>	<p><u>Olympic Winter Games</u> Milano Cortina 2026 February 6-22nd Watch on NBC!</p>		<p><u>MEN'S BIBLE STUDY WITH MIKE</u> - Chapel <u>TUESDAYS, FEBRUARY 3RD AND 17TH</u></p>
<p>1 9:45 Church Service - Chapel 9:45 Catholic Service - Community Room</p>	<p>2 2:30 Bingo - AL Dining Room</p> 	<p>3 10:30 Exercises 10 Mens Bible Study/Chapel 1:15 Bell Choir- Chapel 2pm BBB practice - DR 3PM "<u>CHICKEN SOUP/ SOUL</u>" - IL ROOM 24E 6:00 Cribbage - CR</p>	<p>4 9:00 Bank Iowa 2pm Pegs/Jokers 2pm Dominos - Community Room 2:30 Bingo - AL</p>	<p>5 9:30 Bank CSB-lobby 10:00 Nostalgic Echoes - Chapel 10:30 Exercises - CR 2:30 Bingo - HC 3:00 Book Club -Chapel 4pm Devotions - Chapel</p>	<p>6 9:30 Shopping - Walmart 1:30 <u>Travel &amp; Taste with Dawn</u> - Destination - "<u>Alaska</u>"-Chapel 3:00 Happy Hour -lobby</p>	<p>7 1:30 Scrabble - outside Chapel 2pm Dominos - 2nd Floor Game Room</p>

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Becky - Activity Director (515) 412-1385

Dawn- Activity Assistant (515) 412-1378

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>8 9:45 Church Service - Chapel</p> <p>9:45 Catholic Service - CR</p> <p><b>5:30 Superbowl - NBC</b> </p>	<p>9 1:15 Baking - Assisted Living Dining Room</p> <p>2:30 Bingo - Assisted Living Dining Room</p>	<p>10 10:30 Exercises - CR</p> <p>1:15 Bell Choir practice - Chapel</p> <p>2pm BBB practice - Dining Room</p> <p>6:00 pm Cribbage - CR</p>	<p>11 9:00 Bank Iowa</p> <p>2 pm Pegs &amp; Jokers</p> <p>2pm Dominos - CR</p> <p>2:30 Bingo - AL</p>	<p>12 10:00 Nostalgic Echoes - Chapel </p> <p>10:30 Exercises - CR</p> <p>2:30 Bingo - HC</p> <p>4pm Devotions - Chapel</p>	<p>13 10 - 11:30 Altoona Public Library - Chapel</p> <p>2:30 Valentine's Social w/music by Beckie &amp; Shonda - HC Dining Room </p> <p>3:00 Happy Hour - Lobby</p>	<p>14 1:30 Scrabble - outside of Chapel</p> <p>2 pm Dominos</p> 
<p>15 9:45 Church Service - Chapel</p> <p>9:45 Catholic Service - Community Room</p>	<p>16 1:15 Crafts - Assisted Living Dining Room</p> <p>2:30 Bingo - AL Dining Room</p>	<p>17 10-11AM Mens Bible Study - Chapel</p> <p>10:30 Exercises</p> <p>1:15 PVV Bell Choir practice - Chapel</p> <p>2pm BBB Practice- DR</p> <p>6:00 Cribbage - CR</p> <p>SHROVE TUESDAY</p>	<p>18 9:00 Bank Iowa</p> <p>10am Catholic Mass - Chapel</p> <p>2pm Pegs &amp; Jokers</p> <p>2pm Dominos - CR</p> <p>2:30 Bingo - AL</p>	<p>19 9:30 Bank CSB-lobby</p> <p>10:00 Parkinsons Meeting - Chapel</p> <p>10:30 Exercises - Community Room</p> <p>2:30 Bingo - HC</p> <p>4pm Devotions - Chapel</p>	<p>20 1:30 Presentation about the Altoona Kitchen Band - Phyllis Murphy -Dining Room</p> <p>3:00 Happy Hour - lobby</p>	<p>21 1:30 Scrabble - outside of Chapel</p> <p>2 pm Dominos</p>
<p>22 9:45 am Church Service - Chapel</p> <p>9:45 Catholic Service - Community Room</p>	<p>23 2:30 Bingo - AL Dining Room</p> <p>4:00 Supper Out - Olive Garden</p>	<p>24 10:30 Exercises-CR</p> <p>1:15 PVV Bell Choir practice - Chapel</p> <p>2pm Bean bag</p> <p>baseball practice - DR</p> <p>6:00 pm Cribbage - CR</p>	<p>25 9:00 Bank Iowa</p> <p>2pm Pegs &amp; Jokers</p> <p>2pm Dominos - CR</p> <p>2:30 Bingo - AL DR</p>	<p>26 10:00 Nostalgic Echoes - Chapel </p> <p>10:30 Exercises - CR</p> <p>2:30 Bingo - HC</p> <p>3pm Chit Chat/Pizza - Dining Room</p>	<p>27 9:30 Fareway - shopping</p> <p>2pm Bingo - Dining Room</p> <p>3:00 Happy Hour - lobby</p>	<p>28 1:30 Scrabble - outside of Chapel</p> <p>2 pm Dominos</p>