

FEBRUARY 2026 HEALTH CENTER ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FEBRUARY BIRTHDAYS  CAROLE HALL 1ST HC	SHERYL WESTON 1ST HC ESTHER BREEN 8TH IL 	VAUGHN LIVINGSTON 19TH HC 		<u>Olympic Winter Games 2026</u> February 6-22nd Watch on NBC!	ACTIVITIES ARE SUBJECT TO CHANGE DUE TO WEATHER OR OTHER CIRCUMSTANCES. CHANGES WILL BE POSTED.	<u>LOCATION LEGEND</u> IL = INDEPENDENT LIVING AL = ASSISTED LIVING DR = DINING ROOM RLR = REHAB LIVING ROOM
9:45 Church - Chapel <u>1</u> 9:45 Catholic Service - Community Room	2:30 Bingo - AL DR <u>2</u> 	10:00 Mens Bible Study/Chapel <u>3</u> 11:00 Devotions - Rehab living room 1:15 PVV Bell Choir practice - Chapel	9:00 Bank Iowa -lobby <u>4</u> 9:30 Sequence game - Dining Room 2:30 Bingo - AL	9:00 Nail care - DR <u>5</u> 9:30 Banks CSB-lobby 10:00 Nostalgic Echoes - music-Chapel 2:30 Bingo - DR 4pm Devotions-Chapel	12:45 Nail care - DR <u>6</u> 1:30 Travel & Taste with Dawn -Destination-"Alaska" - Chapel 3pm Happy Hour - lobby	2:30 Bingo - Independent Living Dining Room <u>7</u>
9:45 Church service - Chapel <u>8</u> 9:45 Catholic Service 3:30 Superbowl snacks - front lobby 5:30 Superbowl - NBC 	1:15 Sing a long w/Pat Hand - Chapel <u>9</u> 2:30 Bingo - Assisted Living Dining Room	11:00 Devotions - Rehab living room <u>10</u> 11:20 Balloon Volleyball - RLR 1:15 PVV Bell Choir practice - Chapel	9:00 Bank Iowa - lobby <u>11</u> 1:15 Dyeing Flowers w/ food coloring - DR 2:30 pm Bingo - AL	10:00 Nostalgic Echoes - music-Chapel <u>12</u> 2:30 Bingo - DR 4pm Devotions - Chapel 	9:00 Nail care - DR <u>13</u> 10:00 Altoona Public Library - Chapel 1:30 Valentine's Social w/ music by Beckie & Shonda - Dining Room 3pm Happy Hour-lobby 	 <u>14</u>
9:45 Church service - Chapel <u>15</u> 9:45 Catholic Service - Chapel	2:30 Bingo - Assisted Living Dining Room <u>16</u> PRESIDENTS DAY 	10:00 Mens Bible Study/Chapel <u>17</u> 11:00 Devotions -RLR 1:15 PVV Bell Choir - Chapel SHROVE TUESDAY	9:00 Bank Iowa - lobby <u>18</u> 9:30 Memory Game with Faith - Dining Room 10:00am Catholic Mass - Chapel 2:30 pm Bingo - AL	9:00 Nail care-DR <u>19</u> 9:30 Banks CSB-lobby 10am Parkinsons' Meeting - Chapel 2:30 pm Bingo - DR 4pm Devotions - Chapel	12:45 Nail care <u>20</u> 1:30 Presentation about the Altoona Kitchen Band - Phyllis Murphy - IL DR 3pm Happy Hour -lobby	2:30 Bingo - Dining Room <u>21</u>
9:45 am Church service - Chapel <u>22</u> 9:45 am Catholic Service - CR	 <u>23</u> 2:30 Bingo - Assisted Living Dining Room	11:00 Devotions - Rehab living room <u>24</u> 1:15 PVV Bell Choir practice - Chapel 2:30 Res Council - RDR	9:30 IN2L - Sing a long with Faith-South Living Rm <u>25</u> 1:15 "Two truths & a Lie" with Faith - Dining Room 2:30 pm Bingo - AL	10:00 Nostalgic Echoes - music-Chapel <u>26</u> 2:30 pm Bingo - DR 4pm Devotions - Chapel 	12:45 Nail care <u>27</u> 2pm Bingo - IL 3pm Happy Hour - lobby	2:30 Show & Tell - Bring anything that is special to you - picture, treasured item, etc. <u>28</u>