

# Reflect & Reset Week 2025

# **BONUS Visioning prompts**

If you'd like to delve deeper into your vision for 2026, here are some additional prompts to help you.

### Imagine it's December 2026.

You've lived another year in your business and you're feeling relaxed, grounded and glowing with quiet confidence that says..." I love what I do and I'm proud of what I've built".

Step into that vision and tell the story of your year as *if it's already happened*...

# Your year in business

What's changed for you this year? What have you done that's made you proud? What has your total revenue been? What have you achieved, shifted, simplified or expanded?

# • Your identity & message

What have you become known for? What do people see you as an expert in? What do people say about you when you're not around? What energy or vibe do you bring?

#### • Your clients & the work you do

Who are you working with? What are they like? What type of work are you doing? How are you delivering that? What impact have you had?

# Your marketing channels & content

How have you been more visible this year? What audience growth have you seen? How have new clients found you? How have you been building relationships? What have you enjoyed about most about promoting your business?

#### • Your business & life

What does a typical week look like? How do you manage your time? What tools, systems or people do you have around to support you? What personal development have you done this year?

#### Your mindset

How are you feeling right now in your business? What makes you smile? What mindset shifts have you had this year? How do you prioritise your own energy and self-care?



1. What 3 things matter most to you from this vision?

Why these? What would it mean for your business if you focused in on them?

2. What do you already know, from everything you've reflected on this week, that you want to bring with you, leave behind, or do differently as you move toward this vision?

Use your insights from Days 1 to 3 here. What's become clearer about what works for you and what doesn't?

3. If you only focused on one thing for the next 3 months, what would move you closest to this vision?

Let this be your main focus. One small step at a time.