

Newsletter of the Paradise Garden Club, Paradise CA newsletter@paradisegardenclub.org ParadiseGardenClub.org

#### The Prez Sez



Mathin All Marketing All Marketing Marketing All Marketing and Hopefully all your gardens and plantings survived. Some of ours did, I did say some, right? Hopefully, your gardens are still providing its bounty for all your hard work and time. We have a friend who just today harvested, cooked and canned 18 lbs of tomatoes. We had quite a harvest of our very young peach trees, and I want to thank Wendy Wickland for several batches of her wonderful figs. The joy of eating freshly picked produce is a joy beyond compare and spurs us on to be hopeful about future

garden harvests.

The club has been and will continue to be active in community events. We had a very strong showing at the Health and Wellness Fair at Bille Park on September 14, where our representatives took the theme to heart. Carrie Max brought her oldfashioned wrought iron garden furniture along with pumpkins, signs and plants arranged in a homey fashion to sit around and enjoy interacting with the community. We have the upcoming Home and Garden show where we plan to have a booth for more of the same. We also have a day of action coming up sponsored by the Firesafe Council. In collaboration with Magalia Beautification the Firesafe Council has secured donations of landscaping materials such as compost, tools and a list of native plants suggested by our very own Ellen Michels and Steve Rodowick to help start reconstruction of the grounds of the Magalia Community Center.

Our meeting this month on October 14 at 1pm is as usual at the Terry Ashe Recreation Center and will feature Kathleen Elliot speaking on propagation. She is a truly knowledgeable member and offers a wonderful presentation. I hope to see you all there.

This is an even month so bring a snack to share if you are able and bring plants to be propagated. We will also have club t-shirts for sale.

Looking forward to seeing everyone!

Sincerely, T3

#### PGCI General Meeting, Monday, October 14, 1:00 p.m.

#### **Activity: Dividing Perennials**

**Presenter: Kathleen Elliott** 

of Mountain View Landscape Design and Horticultural Consultation

Please bring tools, gloves & several perennials from your garden to share. It's like a cookie swap! Kathleen will share best practices for successful propagation.

A special paper vote (confidential) will be taken by attending members during the October 14th meeting to determine which logo we want. Todd will be the proxy for absentees. If you cannot be at the meeting, contact Todd with your vote.

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## Beautification Team Report

What a beautiful few days we have had! The weather is just right to take

advantage and plant some new things. I went to Magnolia Gardens and the Plant Barn and bought pretty six packs that we planted at Foster and the library. We wanted to bring in some much needed pops of color to all areas, and we will do it again. As winter is coming, the small plants we put in the ground are perfect to get roots established and begin to flourish come spring.

That is something different! Putting plants in the ground rather than pulling them out!

As usual, we brought our trowels, hand rakes, buckets and all the usual tools. Mike made yummy cookies.



Photo by Joyce Hummel

Regardless of physical constraints, we gardeners find a way to dig in the dirt! Would you like to join us? Evidence of our team work in gardening is flourishing on the Ridge.

Jeudie

#### **Upcoming Events**

Paradise Garden Club meets every second Monday of each month at 1:00 at the Terry Ashe Center. All are welcome. (Odd months we bring cuttings, plants or seeds to share and even months we share food snacks.) \*Please bring your own beverage.\*

Monday, October 14 at 11:30 a.m. **PGCI Board Meeting** Everyone is welcome and encouraged to attend.

Monday, October 14, 1:00 p.m. Dividing Perennials

Presenter: Kathleen Elliott, Mountain View Landscape Design and Horticultural Consultation

It's time to play in the soil again and get our hands dirty. Please bring tools, gloves and several perennials from your garden to share. Like a cookie swap! Kathleen will share best practices for successful propagation.

Saturday, October 19 at 9:30 –12:30 **Community Climate Action Day** with Paradise Parks & Rec. It starts at Moore Road Ball Park. Behind field 1. Lunch included. Details at <a href="https://www.paradiseprpd.com/2024-10-19-community-climate-action-day">https://www.paradiseprpd.com/2024-10-19-community-climate-action-day</a>

Friday, November 1st from 9:00 to approximately 3:00 **Orland Bee Field Trip** November is Bee month for the Paradise Garden Club.

Our first scheduled field trip of the year is to Orland, the Queen Bee Capital of North America. Our plan is to go to Olivarez Bees, the Hive (restaurant), the Honey Bee Discovery Center, and more as time allows. See the following page 4 for details.

#### PGCI Monday, November 18, 1:00 p.m. California Native Bees

\*\*Please note date change. The meeting has been moved to the third Monday of the month due to Veteran's Day falling on the second Monday.\*\*

Speaker: Debbie Blake, Master Gardener

Most of us can recognize the non-native, ever-present European honeybees in our yards, but many are unaware that there are 1600 species of native bees that can be found in California.

This workshop will introduce us to a number of California native bees including bumblebees, leaf cutting bees, mason, & carpenter bees. Debbie will provide resources and information to help us understand the bees' lifespans & their plant and habitat needs, along with ways you can observe & support these valuable pollinators.

#### PGCI, Monday, December 9 at 1:00 p.m. Keeping Your House Plants Alive

Presenter: Cindy Dawson, Owner Déjà vu – Gardens Galore Nursery

As long-time Paradise nursery owner, Cindy has seen many plants leave her greenhouses alive and thriving, only to see them returned a few months later. Sound familiar? We may be gardeners but not all have a green thumb when it comes to indoor gardening. Perhaps Cindy can help us keep those holiday poinsettias and other living gifts alive a bit longer.



November is Bee month for the Paradise Garden Club. Our first scheduled field trip of 2024 will be to Orland, the queen bee capital of North America.

When: Friday, November 1st

Summary of Adventure: We'll start our visit at Oliverez Bees where premium quality queens are raised, packaged and shipped across the US and Canada. We'll then take a short ride to The Hive for a no-host lunch and visit to the gift shop, then conclude the day with a

trip to the Honeybee Discovery Center for a private tour. If time allows and we are up for more, we'll go a little farther north and stop by MoonBeam Farm and Country Store in Corning.



#### What you need to remember for this field trip:

- 1. Arrange your own transportation, carpooling is a personal option.
- 2. You will be around active bees. Wear long sleeves and closed toed shoes. We will be provided with veiled bee hats during the ranch tour.
- 3. If you have a bee allergy, take appropriate precautions.
- 4. Bring money for a meal at the Hive or bring a sack lunch. Consider bringing money for the gift shops too.
- 5. Check out the websites below for all destinations. Using Google maps as you travel is helpful. Google maps will tell you the driving time it takes from your home to our first destination below. We'll leave Paradise at 9 and return at approximately 3:00, or later, pending optional travel to Corning.

1. Olivarez Honey Bees, Inc., Orland <a href="https://www.ohbees.com/">https://www.ohbees.com/</a> 6398 Co Rd 20

2. Bees to Bloom, Orland <a href="https://beestoblooms.com/">https://beestoblooms.com/</a> 718 6th St

3. The Hive, Orland <a href="https://www.thehivekitchenandbar.com/">https://www.thehivekitchenandbar.com/</a> 730 6th St

4. The Honeybee Discovery Center, Orland

https://www.honeybeediscoverycenter.org/ 501 Walker St

5. The Moonbeam Farm & Country Store, CORNING, (Farm hrs.10-5/Store hrs.10-4) https://www.moonbeamfarm.com/ 3911 Columbia Ave

#### UC Master Gardeners of Butte County Workshops

Below is brief. Classes fill up fast. Best to register one month ahead if possible. Details on classes & locations go to <a href="https://ucanr.edu/sites/bcmg/Workshops/">https://ucanr.edu/sites/bcmg/Workshops/</a>

#### Gophers, Moles, and Voles

Wednesday, October 9, 10–11:30am Demonstration Garden, limit 25

#### **Composting**

Friday, October 25, 10–11:30am Demonstration Garden, limit 25

### Landscape Design 2 part series

Thursdays, November 7th and 14th 9:30–11:30am Pat's Barn, limit 30

#### **Native Bees** Co-sponsored with Paradise Garden Club Monday, November 18, 1–2:30pm Terry Ashe Recreation Center, limit 50

It's a Wrap! Autumn Garden Cleanup, Winter Prep, and Preservation

Co-sponsored with OLLI Saturday, October 19, 12:30–2pm Bradley 2 at The Social, limit 55

#### How to Use Our Garden Guide

Saturday, October 26, 9:30–11am Plant Barn Nursery, limit 15

#### **Bats**

Saturday, November 16, 11am–1pm Pat's Barn, limit 30

#### **Perennial Vegetable Gardening**

Tuesday, December 3, 1–2:30pm Pat's Barn, limit 30

Tip: Unclog house drains with natural ingredients that trigger a chemical reaction to help break down clogs that are not severe. Pour four cups of boiling water down the drain. Follow that with a cup each of 1) baking soda, 2) water, 3) white vinegar. Cover the drain with drain plug and wait 5 to 10 minutes. (Good time to do stretches while you wait.) After that pour another four cups of boiling water down the drain again. A good way to keep your drains spiffy.





Some of us have kept memorial stumps and other objects in our yards from the 2018 fire. Stan carved this one in Linda's wildlife sanctuary.



#### Transform Your Pollinator Garden with Goldenrod and Asters

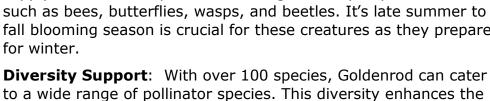
Two of my favorite plants for late summer pollinators are Goldenrod (Solidago) and Asters (Symphyotrichum).



Goldenrod: A Late-Season Powerhouse

Goldenrod often gets a bad rap, mistakenly blamed for hay fever due to its simultaneous bloom with ragweed; however, it's great for pollinator gardens.

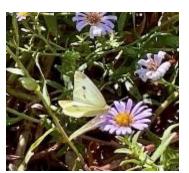
**Abundant Nectar and Pollen**: Goldenrod provides a bountiful supply of nectar and pollen, attracting a variety of pollinators such as bees, butterflies, wasps, and beetles. It's late summer to fall blooming season is crucial for these creatures as they prepare for winter.



resilience and sustainability of your pollinator garden.



Habitat and Shelter: The tall, thick stems of Goldenrod offer essential habitat and shelter for insects, aiding in the lifecycle of numerous pollinator species.



**Asters**: The Autumn Jewel

Asters, with their daisy-like blooms, add a spectacular burst of color to gardens in late summer and fall. Their versatility and benefits include:

**Extended Blooming Period**: Asters bloom from late summer into fall, overlapping with Goldenrod. This ensures a continuous supply of nectar and pollen for pollinators during a time when other flowers are fading.

Attraction of a Wide Range of Pollinators: These flowers are a magnet for bees, butterflies, and moths, including the beloved Monarch butterfly, providing essential fuel for their migration south.

**Diversity**: There are numerous species and cultivars of Asters, allowing gardeners to tailor plant selections to local climate conditions and specific pollinator preferences.



# Red Bluff Garden Club's Fall Luncheon and Program "Secret Gardens"

Saturday, October 12, 2024, 9:30-1:30
Rolling Hills Casino, Corning



#### Program Presentation by Chris Hunter

"Secrets to Loving Plants with Less Water"

Owner of Magnolia Gift & Garden, & The Plant Barn, Chico

Chris will share tips for success for waterwise gardening with natives and southwestern plants and more!

Wear your favorite garden hat...we will have a contest for some "best hats!"

#### FUN Day!!

Vendors for shopping

Silent Auction

Creative Table Centerpieces to be won

Door prizes

\$10 Free Pay in Casino

No need to be a gardener to attend!

Come, have fun , and be inspired!

#### Plated Luncheon - Choice of:

Harvest Berry Salad, baby spinach, feta cheese, fresh mixed berries, toasted pecans, honey pecan dressing

Cobb Salad, mixed greens topped with turkey, bacon, bleu cheese, tomato, chopped egg, choice of dressing

Carrot Cake included for dessert

Tickets \$30

Please call Judy Paul 530-200-5013 for tickets

Cash or Check only
Last day to purchase tickets 10/4









OCTOBER 19, 2024

BUTTE COUNTY

MOORE ROAD BALL PARK

6705 MOORE RD, PARADISE

9:00 AM - 12:30 PM





The Paradise Garden Club along with other groups and community businesses gathered in September for the 4th Annual Wellness Fair at Bille Park.

Carrie Max was generously supplied with fall harvest produce, plants and décor from Grocery Outlet to brighten our tent area. Carrie said it felt good for PGCI to be included in this event because gardening is good for mental, physical and emotional health.

Margaret included that it was fun to sit and talk with people about PGCI and those interested took our pamphlet.

Heather felt it was very good we were there.

"Gardening and the earth connection are so important." Many ideas for our presentation next year are being discussed.







## Thank you Grocery Outlet!



#### Paradise Garden Club September 9, 2024 Board Minutes

Meeting commenced at 11:30 AM

Present: Todd Hummel, Maragaret Hawe, Anne Pace, Jeudi Lovell, Wendy Wicklund & Cheryl Habriel

No corrections to July minutes.

**Finance report**: Margaret Hawe (treasure) see attached Audit completed July 18, 2024 by Todd Hummel (president), Margaret Hawe (treasurer), Wendy Wickland (recording secretary), Cheryl Habriel & Joyce Hummel (members at large). No irregularities found.

**Beautification**: Jeudi Lovell (chair) Foster and Elliott areas cleaned. Library mound okay. Monument needs weeding and repairs to border, Todd to check with TOP if they can rebuild the border.

A discussion regarding revising the club logo will be held at today's general meeting. A mail chimp will be sent to members. Nancy made a mock-up of the different choices. Members must be present to vote at the October general meeting.

Included in the mail chimp will be nomination of a new board member (Cheryl Habriel as Recording Secretary). Voting will also be at October general meeting.

Wendy has resigned as assistant membership chair due to health reasons. Margaret will continue in this position.

September 14<sup>th</sup> PGCI will have a booth at Paradise Stronger's Health Fair.

PGCI will partner with Magalia Beatification October 19<sup>th</sup> for the Butte Fire Safe Council's Day of Action. We will be planting natives at the Magalia Community Center.

October speaker: Kathleen Elliott – Dividing Perennials

Respectfully submitted: Cheryl Habriel, acting Recording Secretary

Thanks Deb!

Deb Halfpenny, Coordinator of Altacal Audubon's Certified Neighborhood Habitat Program spoke to PGCI in September giving us needed information to convert portions of our property into natural, drought tolerant California landscaping and habitat. We need to conserve & protect water resources and rebuild needed wildlife corridors within our community.

For more information: <a href="https://www.altacal.org/neighborhood-habitat-program">https://www.altacal.org/neighborhood-habitat-program</a>

#### Paradise Garden Club September 9, 2024 General Meeting Minutes

Meeting commenced at 1:00 PM

Welcome and flag salute

No corrections to July minutes.

Finance report: Margaret Hawe (treasure) see attached Audit completed July 18, 2024 by Todd Hummel (president), Margaret Hawe (treasurer), Wendy Wickland (recording secretary), Cheryl Habriel & Joyce Hummel (members at large). No irregularities found.

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If you have not seen this critter in your garden, count yourself lucky. It is beautiful, but it reeks havoc in a tomato patch. More on this in our November issue. Let's get a bit more savvy for next year's garden.



#### Native Plants: CALIFORNIA BAY LAUREL NUTS

#### By Joye Gephart of Divide Garden Club

When I discovered the hidden treasure of our native California Bay Laurel (*Umbellularia cali-fornica*) -- its edible, delicious nut meat, a delicacy cherished by

indigenous people -- I was captivated. These nuts, scattered all over the ground, are nature's gift, dropped from our trees as the fruit ripens in the months of October and November. They are a relative of the avocado, so I tried eating the fruit and found that if unripe, the fruit was too astringent to eat. However, if just right, it tastes like avocado.

Baynature.org <a href="https://baynature.org/">https://baynature.org/</a> says to "shuck the remnants of the avocado-like fruit and skin to reveal a shiny brown seed about the size of a hazelnut. Rinse the nuts thoroughly and spread them



©2022 Steven K. Harper —
"Many bay nuts fall from the tree or are eaten by animals before they reach this rich purple color."

out on a tray. Let them dry for a couple of weeks in a warm and well-ventilated location. Then they're ready for the next essential step: roasting. Or you can store them this way for up to a year before roasting. Roasting bay nuts rids them of the strong volatile oils that can irritate your throat and digestive system. There are different opinions out there on how high to heat the oven, how long to keep the nuts in, how often to check and stir them on the tray. One source suggests 350 degrees F for 60-90 minutes. Some recipes say 400 degrees F for 45 minutes. Whichever you choose, make sure to check the nuts every 30 minutes or so to turn them and check for any burning. They should be good when the insides have turned to a very dark brown, resembling a roasted coffee bean." Baynature.org goes on to state, "Once roasted, you can liberate the inner seeds from their hard shells with a nutcracker (or lightly with a hammer)—and snack on them as is, or proceed with whatever bay nut recipe strikes your fancy. Trying grinding the nuts and brewing as a coffee substitute or making chocolate-like desserts with it."

Source: <a href="https://baynature.org/article/how-to-forage-and-prepare-bay-nuts/">https://baynature.org/article/how-to-forage-and-prepare-bay-nuts/</a> Photo

Source: <a href="https://stevenkharper.com/">https://stevenkharper.com/</a>

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Life begins the day you start a garden. – *Chinese proverb* 

#### **Fall Garden Cleanup Tips**

As gardeners, we never want the gardening season to come to an end. But, in most of North America, we must welcome the coming cold months by preparing our gardens for winter. Follow the tips below for a few good basic steps in preparing your beloved garden for the coming chill:

- Dig up tender bulbs for storage until next year.
- As perennials quit blooming or die back, trim the dead foliage. You can compost the healthy trimmings to continue the cycle of nature.
- However, some perennials, if left alone, look great as winter interest and/or provide winter food for wildlife.
- Clean away any and all diseased plants and dropped leaves. It will make next year's gardening that much easier.
- If you live in an area with cold winters but not much snow as protection, mulching in the fall will protect your plant investments.
- Vegetable gardens are best completely cleared up to prevent any disease or pest overwintering.
- Move your indoor foliage plants back inside before even the first light frost.
- Remember your gardening tools. A thorough cleaning and sharpening now will save valuable time next spring.

-National Garden Bureau, ngb.org

#### The National Gardener, Fall 2015, page 16

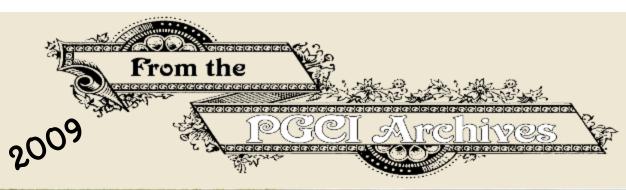


#### **Fried Green Tomatoes**

Green tomatoes can be stored inside to ripen as cooler temperatures arrive. However, if you haven't tried fried green tomatoes, you are in for a tart, tasty treat. Frying procedures are just like frying chicken or eggplant.

- 1. Choose firm green tomatoes.
- 2. Slice 1/4" thick
- 3. Salt & pepper tomatoes now.
- 4. Dredge in flour, then egg, then your choice of a)panko b)corn flakes c)cornmeal d) ground nuts (For extra crunchy, dredge twice.)
- 5. Fry in your favorite frying oil until brown, flipping to cook both sides.
- 6. Drain excess oil briefly on a paper towel. Be sure to remove from the paper towel after a minute. Otherwise, the towel will stick to your treat.
- 7. Cookie sheets are useful to lay out cooked tomatoes to drain on the paper towel.







President: Donna Beronda, 876-1926, Beronda@sbcglobal.net Editor: Pat Pickard, 877-4894, patpickard@gmail.com

Ann Benoit, Mt. View Christmas Trees "Gardens of Japan'

#### HARK YOUR CALENDA

Oct. 23, Friday 9:30-noon District General Meeting, Butte College

Oct. 23, Friday 9:30-11:30 Granny's Gardeners at E-6

Nov. 2, Monday, 1pm, Board Meeting at Lee Brasel's Home

Nov. 5, Thursday, Newslet ter deadline

Nov. 9, Monday, 1pm, Regu lar Meeting at Paradise Lutheran Church

### OVEMBER'S PROGR

Donna Merrill (Orland Orchid Society) "Orchids

## President's Message by Donna Beronda

Paradise Garden Club relies on you, the members to keep our club viable and active. Every June, you provide incredible support for our Garden Tour . . . volunteering your time to work as hosts and hostesses, sell plants, serve refreshments, answer gardening and composing questions and assist with the benefit drawing. Many of you have

worked on beautification projects such as the library, fire station, the triangles on Skyway and last year planting daffodils. Thanks to the efforts of our members the Town of Paradise is more beautiful, our local students are learning about gardening, and our forests are being replenished by the many Penny Pines plantations we have purchased. At Johnny Appleseed Days, I had the opportunity to talk to many ridge residents who came by our booth to express their appreciation for all we do. It is so rewarding to be recognized for good deeds, and their wonderful comments reflect on each of us.

Over the years I have noticed that the more one does—the more one is asked to do. With that in mind, and in light of your past support of PGCI projects, I am asking each member to make a special effort to encourage more daffodil plantings on the Ridge this year. Please take the time to contact your neighbors, your friends, your churches and businesses you frequent in town. Donations for daffodils are being collected at this meeting and throughout the month of October. Members are encouraged to donate funds for daffodils in their yards. I personally want to thank each of you for your continued support of "Daffodils Across the Ridge".

The Paradise Garden Club Board has been hard at work all year, planning programs and community projects. The Board, comprised of elected officers and committee chairs meets on the first Monday of every month except August and also handles the business of our club. Thanks to their tireless efforts, we have been able to streamline our business meetings. I am so proud to work with this awesome group of members!!

. . And that brings me to my last request of you . . . Pat Law and her Nominating Committee have done an awesome job of finding members willing and able to serve as elected officers for the 2010 calendar year. Unfortunately, we still need to fill two elected positions—2nd Vice President (in charge of publicity) and Recording Secretary. Today, I will ask the 2009 officers holding those positions to give you an overview of their jobs and responsibilities. I hope you listen carefully, and give serious consideration to serving as an elected officer in 2010. Our bylaws require we vote for our elected officers at the November meeting, and we need a full slate immediately.

ctober





## Contemplate

