



Newsletter of the Paradise Garden Club, Paradise CA newsletter@paradisegardenclub.org ParadiseGardenClub.org

The Prez Sez



Welcome people to beautiful June in Butte County; flowers are blooming, new growth is both verdant and abundant and this year's Garden Tour Extravaganza is right around the corner. I would like to thank and give credit to all of you volunteers who selflessly gave your time, skills, and resources to this effort. As you know this is our major source of revenue that allows us to keep our club running and to provide us with the ability to enrich and support our community in all the ways that we do. So come out on Saturday and Sunday June 7th and 8th to say hello and

support our efforts.

Speaking of supporting the community, Jeudie's beautification team is working diligently on all the properties that we assist with from the monument on Clark and Elliot to the Elliot triangle at Skyway, the Foster triangle, the Public Library and our newest addition the demonstration garden at the Paradise Irrigation District. This area shows great potential for the community if given the care that Jeudie and her team can bring. Watch it grow!

Our next meeting is Monday, June 9th at 1pm at the Terry Ashe center. This month's meeting becomes hot on the tail of our tour, but this is a good thing as we are having a luncheon to thank all the homeowners and volunteers for all their hard work these past months. The August meeting is dark to give members a little time to recover from all their hard work putting on the tour.

Hope to see you at the Home and Garden Tour and at our luncheon!

Todd Hummel
PGCI President

PGCI General Meeting, Monday, June 9 @1:00 p.m.

Celebrating a Successful 2025 Garden Tour - It is time to celebrate! The club will provide lunch to express our appreciation to the garden tour homeowners and to all of you who participated in any way to make this tour a success.

Index

- | | |
|--|-----------------------------------|
| 1. Prez & Meeting Time | 5. General Minutes & Snakes |
| 2. Index, Beautification | 6. NGCI: Air Quality in Your Home |
| 3. Garden Tour Memos & Upcoming Events | 7. NGCI: Air Quality continued |
| 4. Board Minutes & Snakes | 8. Contemplate |

Beautification Team Report

Once again, this spring weather has been kind to The Beautification Team with no heat or rain. We worked at the Foster triangle deadheading many plants as well as cutting back the beautiful purple irises. Mint as a ground cover is lovely but too much of it was taking over so we cut it back and dug some of it out. Clovers have the same habit of spreading quickly so we thinned it out as well. The poppies were all finished so we removed some of them and left others to self-seed. We will remove those next time we are there. Weeds had found a way of growing between the cement crevasses as well as the usual places all over the garden. Foster now looks much better after completing our work.

Elliott and the Library are doing ok but will need attention on our next Thursday morning schedules. We had our first workday at the PID



Demonstration Garden. Ellen, our Master Gardener, and I completed a walk around a week prior. She wrote up her assessment of the plants and the layout with abundant suggestions we can refer to as we get more involved doing work there. This first day was spent doing some weeding and thinning of the sage and cone flowers. The cutting back of an old butterfly bush should stimulate healthy growth. Several younger ones continue to do well in the Butterfly Garden. PID employees, Marc Sulik and Chuck Bell have been caring for this garden for over five years. They came and worked with us and talked about their plans as well. We will include this garden in our weekly schedule.

Singular gardeners coming together each week to collaborate is the best part of the Beautification Team. We listen and care about each other as we pull weeds, cultivate plants, and bring beauty to each of the gardens we give our time around Paradise. Comradery and warm humor are healthy for flora and us. We look forward to your hands in the gardens next to ours. Grab your gloves and contact Jeudie for specific times and locations.

Jeudie

A note from Cheryl and Anne

Garden Tour Plant Sale & Non Plant Items

Tuesday & Thursday this week at HIGH NOON!

Please & thank you.

June 3, Tuesday : Non plant items i.e. donated items for the raffle need to be at Cheryl H's house by 8 - NOON for pricing.

June 5, Thursday: Plants, plant bowls—all plant items need to be at Anne P's house by 8 - NOON for pricing & sprucing up.

(All other non plant creations/items can brought to the plant sale early on June 7 to be priced at that time.

Your time & talents on these wonderful creations are much appreciated.



Upcoming Events



Paradise Garden Club meets every second Monday of each month at 1:00 at the Terry Ashe Center. All are welcome. (Odd months we bring cuttings, plants or seeds to share and even months we share food snacks.) ***Please bring your own beverage.***

PGCI General Meeting, June 9th at 1:00 p.m. Celebrating a Successful 2025 Garden Tour - It is time to celebrate and show our gratitude to the homeowners that shared their gardens & landscapes with us for the tour. The club will provide lunch to express our appreciation to the garden tour homeowners and to all of you who participated in any way to make this tour a success.

PGCI General Meeting, July 14th at 1:00 p.m. Installation of Officers and our speaker will be PGCI member Kathleen Elliott, Master Gardener, and owner of Mountain View Landscape Design will help us understand how to create a Zen Garden.

Quiet, solitude and a connection with nature can be vital to one's peace and even help speed recovery from illness. Kathleen's presentation looks at gardens designed specifically for this purpose and then explores ways in which we can create therapeutic, healing spaces in our own home gardens.

NO MEETING IN AUGUST. Enjoy your vacations and gardens. We'll see you back September 8 at 1:00 pm.

PARADISE GARDEN CLUB
May 12, 2025 Board Minutes

Meeting commenced at 11:30 AM

Present: Todd Hummel, Cheryl Habriel, Margaret Hawe, Jeudie Lovell, Anne Pace, guest Wendy Wicklund.

The minutes from the March meetings were approved.

Treasurer's report – See attached report for details.

Beautification – Jeudie reports that attention was paid to all four of the sites they help at. Next Thursday they will look at the PID Demo Garden to see what needs to be done.

Scholarships – Cheryl reported that Tristan Bosch from Butte College has not sent the applicant information yet.

2025 Tour – Signs are out and sign-up sheets for workers are at back table today.

Master Gardeners – Ellen will check to see how many workers from Master Gardeners would need Tour booklets.

Garden of the Month – none this month or next because of the Tour.

Upcoming Activities

2025 Tour and Plant sale

Gratitude luncheon for homeowners June 9th at Terry Ashe

July speaker – Kathleen Elliott – Creating a Zen Garden

Meeting adjourned at 12:30

Respectfully submitted by Cheryl Habriel, Recording Secretary



king snake



gopher snake



striped racer



garter snake

These are the nonvenomous snakes in Butte County. Likely you've seen them look differently. Please send me (Nancy) your photos. Also, we are looking for someone to speak to PGCI about local snakes. Please let Anne know if you have a contact. Thanks.

PARADISE GARDEN CLUB
May 12, 2025 General Meeting

Meeting commenced at 1PM

Welcome and Pledge of Allegiance – Todd Hummel

Penny Pines

We have collected enough to fund four plantations.

Business Meeting

Treasurer's report – Budget Proposal. Cheryl made a motion to accept the proposed budget for 2025/26. It was seconded and the motion passed.

Beautification Jeudie reported on plantings at the Elliot and Foster triangles and the Library mound.

Today's Activity – We will have several stations for members to craft sellable items for the Tour.

Upcoming Activities

Sign-up sheets at back table for workers at the Tour.

2025 Tour and Plant sale

Gratitude luncheon for homeowners June 9th at Terry Ashe

July speaker – Kathleen Elliott – *Creating a Zen Garden*

Good of the Order

No Garden of the month this month or in June.

Meeting adjourned at 2:45

Respectfully submitted by Cheryl Habriel, Recording Secretary



The Rattle Snake is the only venomous snake found in Butte County.

"Rattlesnake vaccines for your dog are available through your vet. Local dog training is also available, wherein your dog learns not to interact with rattlesnakes."

<https://www.buttecounty.net/662/Wildlife>

**LOOK FOR THE PASH
DONATIONS CAN.**

Remember: Bring your cans & bottles to Northern Recycling. You can donate a portion of your proceeds to PASH.

Cans for cats & canines
<https://www.pashcares.org/>



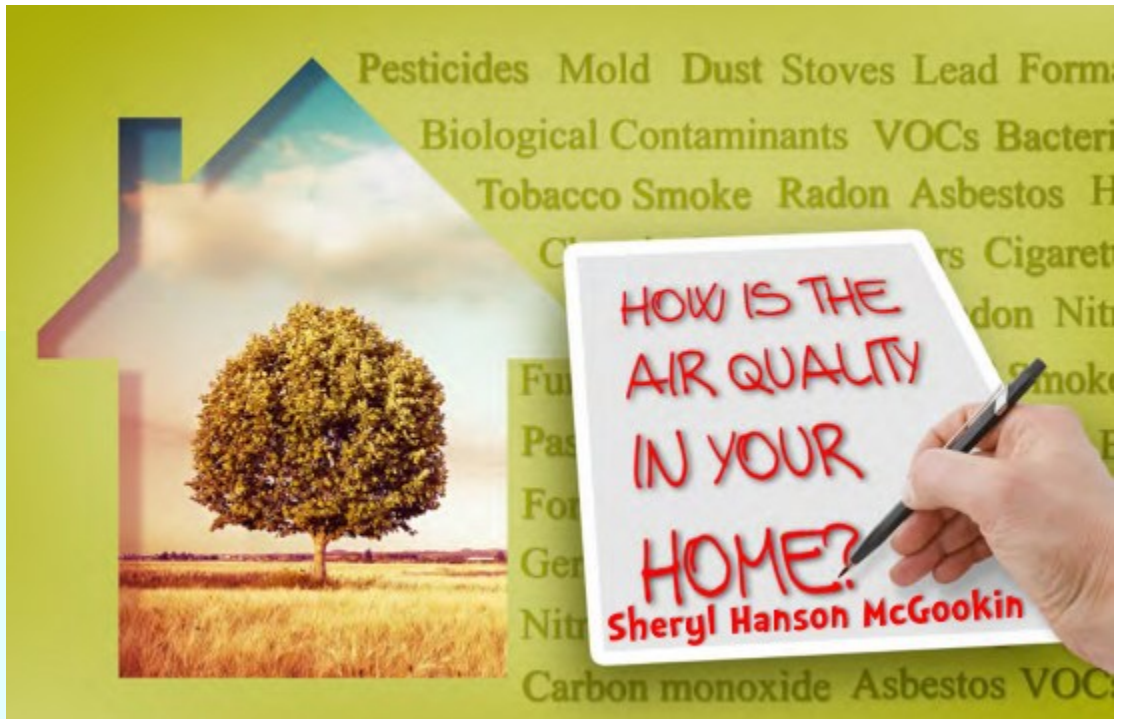
Let us take a few minutes to think about all the features of our homes that impact the air quality inside our homes and living spaces. The list is

considerable:
paint, carpeting, air fresheners, appliances, perfumes, pets, cleaners and detergents, mold and mildew, and heating and cooling systems, to name only a very few. These sources combine with the fact that as time marches forward, contractors build homes more tightly, thus keeping the outdoor elements from seeping inside and vice versa. Poor air quality can lead to adverse health issues, ranging from simple congestion to difficulty breathing and more serious conditions like cardiovascular disease. These are not just potential risks but real dangers that we should be aware of and address.

How do we know that our indoor spaces are having a negative impact on us? You may note improved health issues when you leave the room or building. Pay attention to noticeable odors and the sight of mold or mildew. It is safe to say that many pollutants go unnoticed and undetected. Headaches, nausea, dizziness, drowsiness, and breathing difficulties may be signs of poor indoor air quality.

How does one identify possible sources of indoor pollution? The [American Lung Association](#), [Good Housekeeping](#), the [Asthma and Allergy Foundation of America](#), the [Environmental Protection Agency](#), and [Harvard Health](#) are just a few trusted online resources. Exhaust, odors from paint, carpets and appliances, cleaning products, air fresheners, and leaky pipes are examples of sources that may cause adverse health effects.

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How do we improve the air quality of our homes and living spaces? If the pollutant is identifiable, you have the power to eliminate the source yourself or contact an appropriate agency for help. Avoid air fresheners; instead, consider using essential oil diffusers and beeswax candles. Fix leaky water fixtures, install a carbon monoxide detector, and use a ventilation hood to help reduce the effects of appliance emissions. Increase the ventilation and airflow in your home by opening doors and windows. It is good practice to change air filters in your HVAC system routinely. Consider purchasing stand-alone air filtration units for your home. (With pets in our home, we have three such units, and the filters need to be replaced every couple of months. We also have an agency visit our home annually to clean the HVAC system.) Use a vacuum cleaner equipped with a HEPA filter. Clean your window curtains and bedding. Dust and pet hair tend to accumulate and cling to curtains, bedding, and other clutter. You are the key to improving your indoor air quality.

Do house plants contribute to healthy air? This concept is a controversial topic, but as gardeners, removing them from our living spaces goes against our nature. As members of garden clubs, we know how to do this correctly. Plants filter the air we breathe and add humidity to our homes. However, they also attract and capture dust, so keeping them clean is essential. The soil in your planters can encourage the growth of mold and mildew, so be cautious of overwatering your houseplants. In addition, plants can attract pests. It is better to avoid using chemicals to eliminate these buggers - use mechanical removal techniques instead. Lastly, many years of scientific research determined that it would take approximately 680 plants in a 1,500-square-foot home or office to positively affect indoor air quality via house plants. Check out these short videos about Indoor Air Quality: [How to Understand Indoor Air Quality | Ask This Old House](#) and [How Indoor Air Quality Impacts Your Lungs](#).

Sheryl Hanson McGookin, of Rhode Island, is the NGC Air Quality Chair of the Environmental Concerns and Conservation Committee.

Contemplate



Photo & Haiku by Nancy Howe

Leaping rock to rock
Bellies full of garden pests
Thank you my lizards!