

MASH

MOMENTS OF SAFETY

JANUARY 2024

SLIPS, TRIPS AND FALLS

DID YOU KNOW?

Statistics show that almost 1 out of every 5 injuries reported to the Workers Compensation Board of Manitoba were related to a slip, trip or falls. Injuries caused by slips, trips, or falls are more likely to result in time off work. In fact, of the slips, trips or falls reported to the Workers Compensation Board of Manitoba, 61% resulted in time lost from work in 2017¹.



Slips, Trips and Falls are caused by unintended or unexpected changes in the contact between the feet and the ground or walking surface which results in a fall. Here are some common causes of slips trips and falls:

- Uneven or wet surfaces
- Environmental hazards e.g. rain, snow & ice
- Cluttered walkways
- Poor lighting
- Loose rugs, carpets, and cords
- Cabinet drawers not being closed
- Obstructed view or distracted walking
- Inappropriate footwear



read more:
mashmb.ca

hello@mashmb.ca | 431-478-1494
Unit 3-1680 Notre Dame Ave. Winnipeg, MB R3H 1H6



MASH

MOMENTS OF SAFETY

JANUARY 2024

SLIPS, TRIPS AND FALLS

Part 4.5(1) in the Manitoba Workplace Safety and Health Regulation states an employer must ensure that floors, platforms, walkways, ramps, and stairs available for use by a worker are maintained in a state of good repair and kept free of slipping and tripping hazards.

PREVENT SLIPS, TRIPS AND FALLS

- Inspect outdoor surfaces regularly
- Report incidents and near misses
- Clean spills immediately
- Use wet floor signs or barricades
- Keep walkways and stairs free of obstacles and clutter
- Check to ensure cords and cables are secured
- Secure loose rugs and mats
- Ensure proper lighting
- Focus on where you're walking
- Closing cabinet drawers
- Appropriate footwear.

It is important to practice good housekeeping, maintain walking surfaces, select proper footwear, and do not rush as these are critical for preventing fall incidents.

References

1. https://www.safemanitoba.com/Resources/Pages/SS_SlipsTripsFalls_19SWMB.aspx



read more:
[mashmb.ca](https://www.mashmb.ca)

hello@mashmb.ca | 431-478-1494
Unit 3-1680 Notre Dame Ave. Winnipeg, MB R3H 1H6

