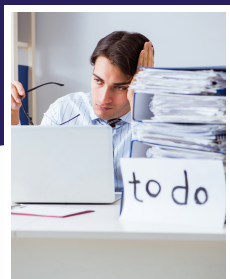




From Procrastination to Productivity

Reprioritise your tasks to increase your daily effectiveness so that you can go from doing nothing to doing everything that matters.

WORKSHOP
PD202



This workshop will help you learn how to find inspiration in everyday tasks to move away from procrastination and towards a more productive and efficient working day.

Who is this for?

All staff

How does it work?

In-Person

You will be part of an **interactive and engaging workshop** where you explore this topic using a variety of **activities** with an experienced facilitator.

Virtual

You will be part of an **interactive or informative** session using a variety of **learning tools** to share knowledge and opportunities to ask questions with an experienced facilitator.

What's included?

After attending this workshop, you will be able to:

- identify your procrastination habits
- utilise a simple method for prioritise every tasks
- find inspiration for activities that are not stimulating
- outline a productivity plan to set you up for success.

How is it delivered?

- | | |
|--------------------------------|--------------------------------|
| • In-person (UK only) | • Virtually (Global) |
| • 1.5 hours* | • 1 hour* |
| • Limited to 16 participants** | • Limited to 25 participants** |

* longer sessions available upon request.

** larger audiences available upon request.

How do I book?

To discuss your organisation's workshop requirements, please [book a free consultation call](#) or email us at info@amarkagroup.com.