

NEXT30 GOALS DIGITAL WORKBOOK

For Faith-Based Entrepreneurs and Leaders
Ready to Unlock Real Impact in Just 30 Days

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1. INTRODUCTION: INCREMENTAL, NOT MONUMENTAL

Here's the deal: **you don't need a year to change your life.** In fact, most breakthroughs happen because of **consistent, daily action** over a short period. The **GSD NEXT30** is about showing up every day, doing small, intentional things that stack up to massive results. It's **incremental, not monumental**—because those small steps, taken consistently over 30 days, will create the shift you're looking for.

These 30 days will challenge you to **laser in on your goals** while staying grounded in your faith. This is where accountability kicks in: **You win faster when you run with others.** The **GSD Collective** thrives on collaboration, encouragement, and accountability. We're not just setting goals—we're achieving them **together.**

And yes, we're not shy about **financial success.** Impact matters, but so does profit. **Return on Mission (ROM)** and **Return on Investment (ROI)** are both critical—you need profits to fuel your purpose. Over the next 30 days, you'll grow not just personally but also **financially**, creating momentum in both your business and your life.

Proverbs 21:5 — “The plans of the diligent lead surely to abundance, but everyone who is hasty comes only to poverty.”

Translation? Thoughtful, intentional planning equals abundance. Hustle without direction just leads to burnout.

2. WHY 30 DAYS?

Thirty days isn't a lot of time—but **that's the beauty of it.** Research shows that a focused sprint toward a clear goal increases your chances of success. Behavioral studies reveal that **short-term goals are more effective** because they keep you engaged and give you momentum. With only 30 days, you're forced to **cut out distractions** and **focus on what really matters.**

Here's the bottom line: **a 30-day sprint sets the stage for long-term change.** Success isn't about going hard and burning out—it's about small wins, repeated daily, that lead to sustainable growth. And with **accountability** built in, you're far more likely to follow through and hit your targets.

Ecclesiastes 4:9-10 — “Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up.”

Translation? **Community and accountability** make all the difference. You're more likely to win when you run with others.

3. THE CORE 5 FRAMEWORK

To keep your growth **balanced and sustainable**, we focus on five core areas in the GSD Collective. Crushing it in just one area isn't enough—we need **all five to be thriving** for lasting success. Here's the breakdown:

- **Faith:** Stay connected to your purpose and align your actions with God's will.
- **Relationships:** Build deeper connections with the people who matter most.
- **Health:** Take care of your physical, mental, and emotional well-being.
- **Business:** Grow your business with intention and strategy.
- **Finance:** Manage your money like a pro—profit fuels your purpose.

4. GOAL-SETTING PRINCIPLES THAT WORK

1. **People Over Profits:** Relationships first. But remember—**profits matter too**, because without financial wins, you can't fund the mission.
2. **SMART Goals:** Specific, Measurable, Achievable, Relevant, Time-bound. You know the drill. Keep it tight and trackable.
3. **Faith as Your Superpower:** Believe in what God has called you to do, and act accordingly.
4. **Daily Action, Weekly Reflection:** The magic is in **consistent effort**. Check in weekly, course-correct when needed, and keep moving. This is where the GSD Planner comes in handy.
5. **ROM + ROI Focus:** Purpose and profit go hand-in-hand. **Return on Mission** means making impact; **Return on Investment** means building financial freedom to do even more.
6. **Chase Significance, Stumble into Success:** Focus on impact first—**success will follow**.

5. YOUR NEXT30 GOALS WORKSHEETS

A. 30-Day Vision Statement

In 30 days, what will success look like for you? This is your north star—the vision that will keep you motivated every day.

Example Vision Statement:

“In 30 days, I will have launched my webinar, improved my morning routine for better health, and created a new client pipeline that increases my revenue. I’ll also carve out intentional time with my family to strengthen those relationships.”

B. Goal-Setting by Core Area

Faith Goals

- Goal #1: _____
- Goal #2: _____
- Action Steps: _____

Relationships Goals

- Goal #1: _____
- Goal #2: _____
- Action Steps: _____

Health Goals

- Goal #1: _____
- Goal #2: _____
- Action Steps: _____

Business Goals

- Goal #1: _____
- Goal #2: _____
- Action Steps: _____

Finance Goals

- Goal #1: _____
- Goal #2: _____
- Action Steps: _____

6. WEEKLY PROGRESS TRACKERS

Each week, take time to reflect on your wins, challenges, and next steps. This will keep you accountable and allow you to pivot when needed.

Weekly Progress Tracker Example:

Week 1

- Wins: _____
- Challenges: _____
- Adjustments for Next Week: _____

Week 2

- Wins: _____
- Challenges: _____
- Adjustments for Next Week: _____

Week 3

- Wins: _____
- Challenges: _____
- Adjustments for Next Week: _____

Week 4

- Wins: _____
- Challenges: _____
- Adjustments for Next Week: _____

7. REFLECTION QUESTIONS

When the 30 days are up, use these prompts to capture what you've learned and plan your next steps:

1. What was the most **significant breakthrough** over the past 30 days?
2. Which goal gave you the most **fulfillment**?
3. What was the biggest **challenge**, and how did you overcome it?
4. How did your **faith influence** your actions?
5. How did your **business grow**, and what financial results did you achieve?
6. What relationships strengthened during this time?
7. What habits will you **carry forward** into the next 30 days?

8. CLOSING & COMMITMENT

You've just completed the **GSD NEXT30 Goals** sprint. The momentum you've built here is just the beginning. This isn't a finish line—it's the start of a new level. Write your commitment to keep going below.

Commitment Statement:

"I commit to building on the wins from these 30 days, continuing to pursue **both significance and financial success**. I will stay accountable, focus on daily actions, and remain grounded in my faith as I live out my purpose."

Matthew 25:21 — "His master replied, 'Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things.'"

Translation? **Small wins open the door to bigger opportunities.** Keep going.