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HQ: The Brigg Martial Arts Centre
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KRMA Safeguarding Adults Policy 2025

October 2025

Created: 16/10/2025

Reviewed:

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Koku-Ryu Martial Arts – Safeguarding Adults Policy (2025)

1. Introduction

Koku-Ryu Martial Arts (KRMA) is committed to safeguarding the wellbeing and rights of all adults involved in our activities. We recognise that some adults may be more at risk of abuse, neglect, or exploitation due to age, disability, health conditions, or circumstances requiring care and support.

KRMA operates under the principles of the Care Act 2014 and follows guidance from the Ann Craft Trust, Sport England, and the British Martial Arts & Boxing Association (BMABA).

2. Policy Statement

KRMA believes every adult has the right to live free from abuse, neglect, and exploitation.

We are committed to:

- Providing a safe, respectful, and inclusive environment for all adults.
- Taking prompt, proportionate action to protect adults at risk.
- Promoting wellbeing, empowerment, and informed choice.
- Ensuring all staff and volunteers understand their safeguarding responsibilities.

3. Purpose

This policy ensures that everyone at KRMA understands:

- What adult safeguarding is.
- How to recognise and report concerns.
- Their responsibilities in preventing abuse or neglect.



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It applies to all instructors, staff, volunteers, students (aged 18+), visitors, and contractors involved in KRMA activities.

4. Definition of an Adult at Risk

Under the Care Act 2014, an *adult at risk* is a person aged 18 or over who:

- Has needs for care and support (whether or not the local authority is meeting those needs); and
- Is experiencing or at risk of abuse or neglect; and
- As a result of those needs, is unable to protect themselves from the risk or experience of abuse or neglect.

5. Types of Abuse

Abuse can take many forms and may occur inside or outside a martial arts setting, including:

- Physical abuse – hitting, pushing, misuse of medication.
- Sexual abuse – unwanted sexual acts or contact.
- Psychological or emotional abuse – intimidation, humiliation, controlling behaviour.
- Financial abuse – theft, fraud, or misuse of property or money.
- Neglect or acts of omission – ignoring medical or personal care needs.
- Discriminatory abuse – unequal treatment based on protected characteristics.
- Domestic abuse, modern slavery, and self-neglect are also recognised under the Care Act.

6. Principles of Adult Safeguarding

KRMA adopts the six key principles of adult safeguarding from the Care Act (2014):

1. Empowerment – supporting individuals to make their own decisions.
2. Prevention – acting early to stop harm before it occurs.
3. Proportionality – responding appropriately to the level of risk.



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4. Protection – providing support for those most in need.
5. Partnership – working with statutory agencies and families.
6. Accountability – being transparent in our safeguarding actions.

7. Responsibilities

All KRMA staff, instructors, and volunteers must:

- Complete safeguarding adults training appropriate to their role.
- Recognise potential indicators of abuse or neglect.
- Report all concerns immediately to the Designated Safeguarding Lead (DSL).
- Maintain confidentiality — sharing information only with those who need to know.

The DSL will:

- Record and investigate safeguarding concerns.
- Refer cases to the local authority safeguarding team when appropriate.
- Liaise with BMABA, police, or other agencies as required.
- Maintain safeguarding records securely and confidentially.

8. Reporting Concerns

If you are worried about an adult:

1. Ensure the person is safe from immediate harm.
2. Report your concern to the DSL as soon as possible.
3. If the person is in immediate danger, call 999.
4. If you believe a crime has occurred, contact the Police or Local Authority Adult Safeguarding Team.

All concerns will be recorded on KRMA's Safeguarding Incident Form and treated sensitively.



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9. Information Sharing

Information will be shared in line with the Data Protection Act 2018 and GDPR.

Confidentiality will be maintained, but concerns will be escalated when:

- There is risk of serious harm or danger.
- A crime has been committed.
- The adult lacks capacity and needs protection.

10. Safer Recruitment & Training

KRMA will ensure:

- All staff and volunteers are appropriately vetted (including DBS checks).
- Roles with safeguarding responsibilities receive enhanced training.
- Safeguarding Adults training is refreshed every 3 years or in line with BMABA guidance.

11. Partnership Working

KRMA will work collaboratively with:

- Local authority Adult Safeguarding Teams
- BMABA Safeguarding Support
- Ann Craft Trust and other relevant agencies to ensure joined-up responses to safeguarding concerns.

12. Monitoring & Review

- This policy will be reviewed annually or following any major safeguarding incident or legal update.
- Reviews will be led by the Designated Safeguarding Lead and Senior Leadership Team.



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13. Contact Information

Designated Safeguarding Lead (DSL): Kayleigh Humphreys

Email: admin@krma.co.uk

Emergency Services: 999

Local Authority Adult Safeguarding: [Insert local contact details]

BMABA Safeguarding Support: safeguarding@bmaba.org.uk | 01798 306546