

100 Intimacy Questions

1. If you could change only one thing about our lovemaking, what would that be?
2. Do you still enjoy making love? Why or why not?
3. Do you feel that our lovemaking has improved over the years?
4. How long do you think about sex before you are ready to go?
5. Do you feel our lovemaking lasts long enough?
6. Do you enjoy quickies?
7. How do you feel about pleasing your spouse sexually when you are not in the mood yourself?
8. Do you feel any sexual thing we have done in the past was sinful?
9. How are you most comfortable communicating your needs to your spouse?
10. What makes you feel sexually attractive?
11. What can your spouse do to make you feel sexually attractive?
12. Do you like the way your spouse feels when they come to bed?
13. Do you prefer making love while completely nude or do you prefer some sort of clothing to be left on?
14. How do you feel about hairy legs?
15. Does it bother you to make love if there are pets in the room?
16. How would you react if your spouse woke up during the middle of the night for lovemaking?
17. How would you feel about putting a mirror on the ceiling of our bedroom, or in some other suitable position?
18. Are there any issues related to our romantic life that are hurting our marriage?
19. What food do you most associate with making love?
20. What would you think of shopping with your partner for a new book of sexual techniques?
21. What is your favorite day of the week to make love?

22. What is your least favorite time of day to make love?
23. What are the most unusual things we have ever done while making love?
24. How have the changes that come with kids and age affected our lovemaking?
25. If you came home feeling romantic, what would you most like to find your spouse doing?
26. Do you prefer to be more passive or aggressive in the bedroom?
27. What are your thoughts on anal sex?
28. Who is more creative when it comes to making love?
29. When we are apart, what makes you think of me?
30. Do you enjoy taking a shower with your spouse?
31. What is something I do now that you wish I did more often?
32. What foods would you like to integrate into lovemaking?
33. How can your partner be more supportive of your desires in bed?
34. Do you require time to get ready for sex? How much?
35. What is your favorite form of foreplay?
36. How long do you think foreplay should be?
37. Has your spouse ever done anything in bed that made you angry?
38. Do you like it when your partner moans and yells out?
39. Would you enjoy it if your spouse talked more during lovemaking?
40. Do you ever worry about you or your spouse getting pregnant?
41. Do you find lovemaking comforting when you are sad?
42. What position do you find it easiest to climax?
43. What thrusting technique (slow, fast, shallow, deep, etc.) do you get the most pleasure from?
44. Do you feel like your testicles get enough attention from your spouse?
45. How hopeful are you that we will continue to have a healthy sex life well into our old age?
46. Do you like your breast to be touched?
47. Is there anything about our current romantic life that you find boring?

48. Do you think it is a good idea to get pills if he is no longer able to get firm erections?
49. What was the greatest disappointment you ever experienced in bed?
50. If you are in the mood and your spouse is not, what is the easiest way for him/her to satisfy your needs?
51. How do you feel about scheduling sex dates?
52. Where is your favorite place to make love?
53. Have you ever wanted to make love, but found yourself physically unable to?
54. What time of day do you find that you enjoy sex the most?
55. At what age was our lovemaking at its best?
56. Are you ever physically uncomfortable when you are making love?
57. Do you enjoy it when your spouse can have multiple orgasms?
58. How important is it that you have an orgasm when you are being intimate?
59. What is an appropriate length of time for foreplay?
60. Where is the oddest place we ever made love?
61. Where would you like to make love, where we have not yet done so yet?
62. Is there any place on your body, that you would prefer never to be touched?
63. What are your thoughts on masturbation?
64. Is there a sexual position for you that is off-limits?
65. Do you enjoy rough lovemaking?
66. What kind of music do you enjoy when making love?
67. What are your thoughts about the look/feel of an uncircumcised penis vs one that is cut?
68. How do you feel about satisfying your spouse when you are not in the mood for lovemaking?
69. How comfortable are you in expressing your needs to your partner?
70. Do you prefer your spouse to take a shower before making love?
71. What's the best sex you and I have ever had? What made it so good?

72. Do you like having your back rubbed?
73. What do you think influences your desire for lovemaking the most?
74. Is there anything we do as a couple that you enjoy but feel guilty about?
75. Who do you think gives the most of themselves when we make love?
76. Does the thought of your spouse coming on your body turn you on or off?
77. In areas of disagreement in terms of intimacy, is there room for compromise?
78. In what area of your love life are you and your spouse in the most disagreement?
79. What is one thing about lovemaking that you never told your spouse?
80. Would you enjoy it if your spouse talked “sexy” during lovemaking?
81. How can your spouse be more supportive of your desires in bed?
82. What is your favorite pet name that your spouse calls you?
83. What is your favorite form of foreplay?
84. Is there any foreplay that is off-limits?
85. How do you feel about public displays of affection?
86. What is your “go to” activity after lovemaking?
87. What aspect of your personality has the most negative impact on your lovemaking?
88. If you were to write a book about your lovemaking with your spouse, what would you call it?
89. Is there anything that your spouse does while making love that irritates you?
90. Are money-related issues affecting your lovemaking?
91. Is there anything about your spouse’s interactions with the opposite sex that makes you jealous?
92. Have you ever read books or viewed DVDs about lovemaking?
93. How do you feel about pornography?
94. How far would you go to please your spouse sexually?
95. How do you feel about cuddling?
96. What role does kissing play in lovemaking?
97. What is a sexual fantasy that you have had?

98. How often should we check in as a couple about how our sex life is going?
99. How do we know if we need the help of a coach or therapist in terms of our sex life?
100. Are the best days of intimacy the days ahead of us or the days behind us?