

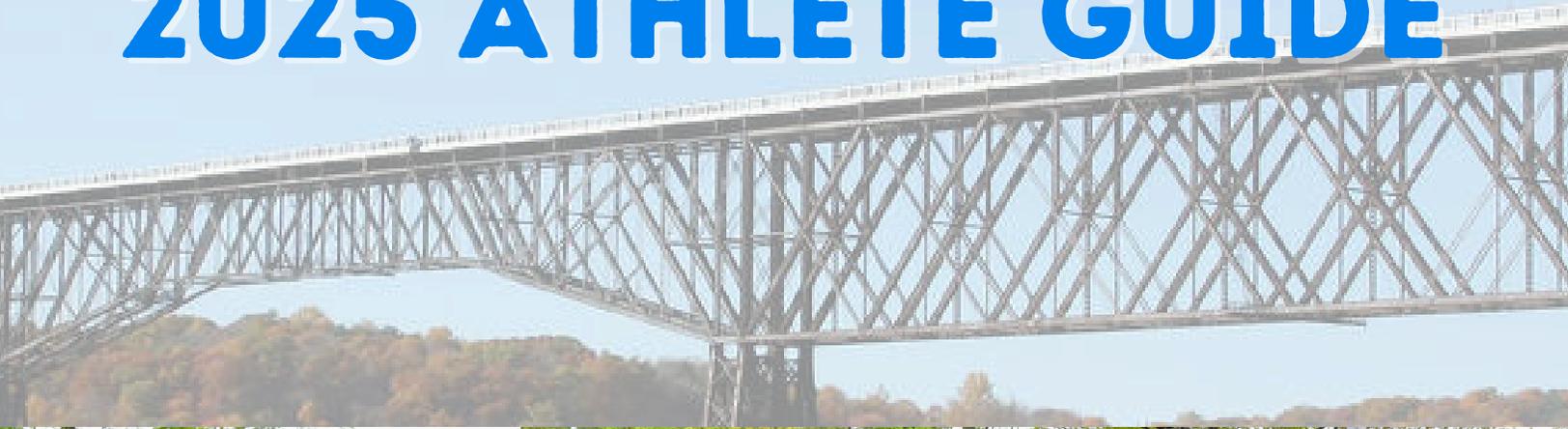
HUDSON VALLEY MARATHON

AT THE WALKWAY OVER THE HUDSON

SPONSORED BY Morgan Stanley

ANTONIO COPPOLA | FINANCIAL ADVISOR

2025 ATHLETE GUIDE



SUNDAY, MAY 4, 2025



319 Main Street, Saugerties, NY 12477
845.247.7275 | Alpha.Win

ATHLETE GUIDE | Highland, NY - May 4, 2025

Message from **ALPHA WIN**



Dear Alphaletes,

Alpha Win welcomes you to the third annual Alpha Win Hudson Valley Marathon at Walkway Over the Hudson, sponsored by Morgan Stanley. We look forward to kicking off our 2025 New York racing season with you!

Whether you have raced with us before, or this is your first time, it is our mission is to get you to the finish line with a smile and a sense of fulfillment. By completing an Alpha Win race, you will have tested your limits and accomplished a phenomenal feat that most people only dream to attain. We aim to deliver the best service and experience to help you achieve your goal.

The Hudson Valley Marathon would not be possible without the help and support of Walkway Over the Hudson, Dutchess Rail Trail, Hudson Valley Rail Trail, New York State Parks, Recreations and Historic Conservation, Dutchess County, and of course, the volunteers.

We are proud to continue offering A Distance For Everyone® at some of the most beautiful destinations across the country, including our four New York races; Hudson Valley Marathon, Hudson Valley Triathlon, Lake George Triathlon, and Saugerties Triathlon. In all, we will produce 9 races and host approximately 10,000 athletes this year, demonstrating our unending passion for the sport and our commitment to providing a fun and safe race for all.

We hope you, your family, and friends enjoy your Alpha Win experience. We look forward to having you join us again in 2025 and beyond!

Sincerely,
The Alpha Win Team





48 HOUR SALE FOR
HUDSON VALLEY MARATHON 2026!
HUGE SAVINGS
WHEN YOU REGISTER

MONDAY & TUESDAY, May 5-6, 2025

Alpha Marathon

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Alpha Half Marathon

ONLY \$89

FOR HUDSON VALLEY MARATHON 2026

Register at Alpha.Win



319 Main Street, Saugerties, NY 12477
845.247.7275 | Alpha.Win

ATHLETE GUIDE | Highland, NY - May 4, 2025

Athlete Check-In and Bib Pick-Up

PHOTO I.D. IS REQUIRED TO RECEIVE YOUR BIB ON RACE WEEKEND!

Friday, May 2, 2025 – Athlete Check-In & Bib Pick-Up

Location: Fleet Feet Poughkeepsie

- 2:00 – 6:00 PM Athlete Check-in & Bib Pick-Up

Please note, Fleet Feet Poughkeepsie is NOT affiliated with this race. Any inquiries about bib pick-up or the Hudson Valley Marathon should be directed to the Alpha Win Team at info@alpha.win.

Saturday, May 3, 2025 – Pre-Race Party, Athlete Check-In & Bib Pick-Up

Location: The Pavilion at the Mid-Hudson Discovery Museum

- 2:00-6:00 PM Athlete Check-In and Bib Pick-Up
- 2:00-6:00 PM Vendor Expo
- 4:45 PM Pre-Race Speech
- 4:00-6:00 PM Pasta Dinner catered by BLACKBARN Hudson Valley.*
- 6:00 PM: Event Concludes

* The pasta dinner is included in registration costs for athletes. Athletes must RSVP when they register. Additional guests can pay \$15 for dinner upon arrival at the Pre-Race Party.

Ample parking for the Pre-Race Party is available at the Mid-Hudson Discovery Lot, Waryas Park Lot, and the Metro-North T&E Parking Lot. Additional parking is available at the Poughkeepsie Metro North Train Station parking lot.

*It is **HIGHLY RECOMMENDED** for athletes to check in on Friday or Saturday, due to high volume of check-ins expected on race morning*

Important Addresses

Friday Athlete Check-In and Bib Pick-Up:

Fleet Feet Poughkeepsie

1895 South Road, Poughkeepsie, NY 12601

Saturday Pre-Race Party, Athlete Check-In and Bib Pick-Up:

The Pavilion at the Mid-Hudson Discovery Museum

75 North Water Street, Poughkeepsie, NY 12601



Race Day Schedule of Events

PHOTO I.D. IS REQUIRED TO RECEIVE YOUR BIB ON RACE WEEKEND!

Sunday, May 4, 2025 - Race Day!

Location: West Entrance to the Walkway Over the Hudson

*Due to **high volume of athletes** participating in this race, it is **highly recommended** that athletes checking in on race day arrive **AT LEAST ONE HOUR** before their race begins. Athlete check-in will close 30 minutes before each race distance starts.*

- 5:00 AM Athlete Check-In Begins
- 6:00 AM – 2 PM Vendor Expo
- 6:30 AM Half Marathon and Marathon Athlete Check In concludes
- **7:00 AM Marathon and Half Marathon Start**
- 7:00 AM 5K Athlete Check In concludes
- **7:30 AM 5K Starts**
- 7:30 AM 10K Athlete Check In concludes
- **8:00 AM 10K Starts**
- 8:15 AM 5K Awards Ceremony
- 8:30 AM Friends & Family Mile Athlete Check In concludes
- **9:00 AM Friends & Family Mile Starts**
- 9:15 AM 10K Awards Ceremony
- 9:30 AM Newburgh Brewing Co. Beer Garden Opens on Hudson Valley Rail Trail
- 9:45 AM Half Marathon Awards Ceremony
- 10:00 AM Mile Awards Ceremony
- 11:30 AM Recognition of Top Marathoners
- 1:30 PM Event Concludes

Athletes arriving before 7 AM are welcome to park at the race site on Sunday morning. **NOTE: This parking lot is expected to be full by 6:30 am. Any athlete arriving after that time should park in the additional parking lot at available at 3555 route 9W, Highland, NY. Bus service to the race site will run all day.**

Important Addresses

Sunday Athlete Check-In and Race Site

Walkway Over the Hudson

87 Haviland Road, Highland, NY 12528

Additional Race Day Parking with Shuttle Pick Up

9555 Route 9W, Highland, NY 12528



THE OFFICIAL HUDSON VALLEY MARATHON

WEEKEND ITINERARY

FRIDAY, MAY 2

Beat the crowd on race morning with an early check-in at Fleet Feet Poughkeepsie! The Alpha Win team will be there to greet you on Friday, May 2 from 2-6 PM. Be sure to shop the newly renovated Fleet Feet Poughkeepsie storefront with an exclusive promo for Hudson Valley Marathon athletes included in your race bag.



SATURDAY, MAY 3

Our second annual Pre-Race Party at the Mid-Hudson Discovery Museum on Saturday, May 3 from 2-6 PM will be a can't-miss event with vendors, a pasta dinner, and pre-race speech!



Arrive on Sunday morning at the iconic Walkway Over the Hudson! Prepare to run across the longest elevated pedestrian bridge in the world, with breathtaking 360 degree views of the Hudson River Valley.

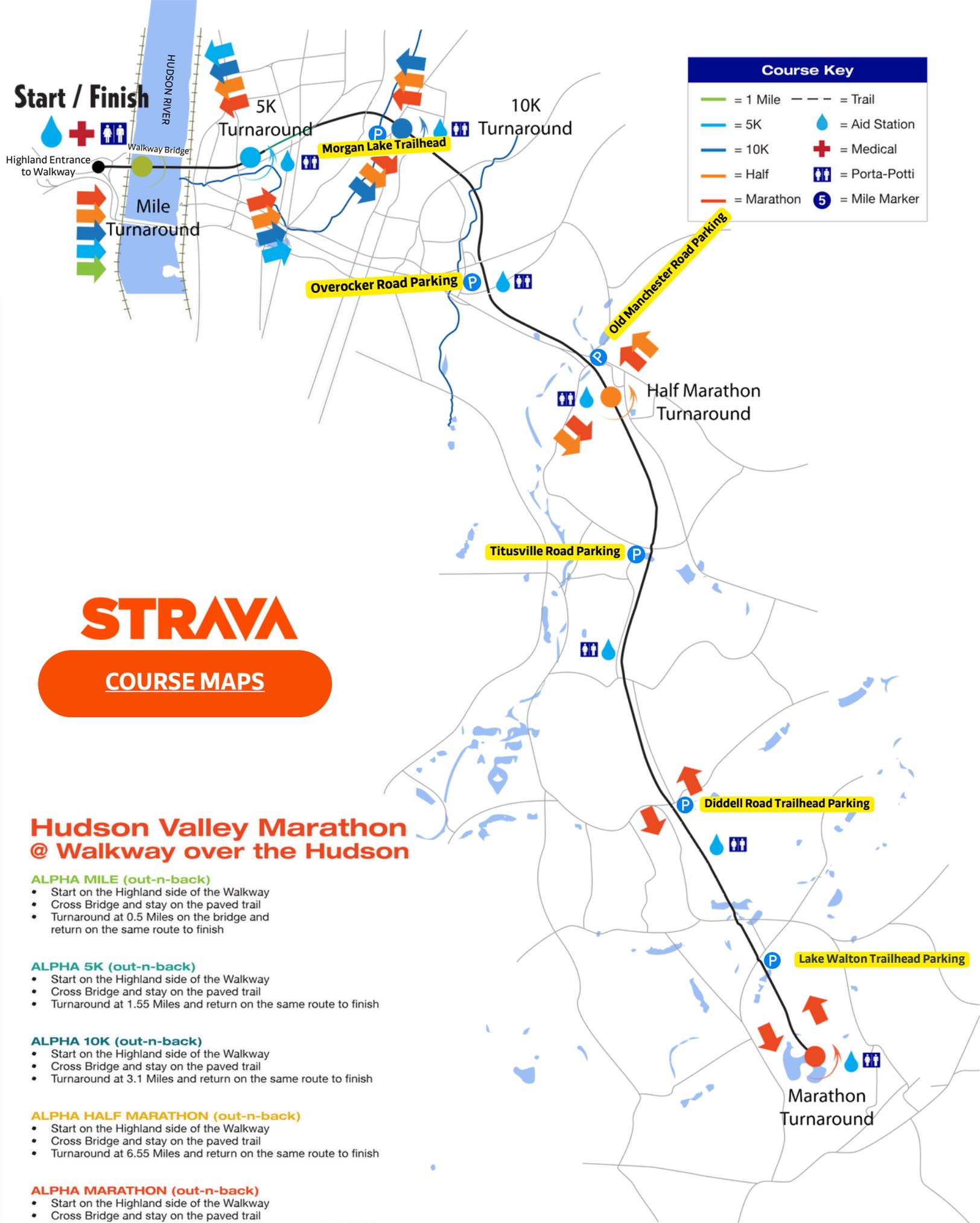
Enjoy a bustling vendor expo with booths from across the Hudson Valley and beyond!

Stick around after your race for the Alpha Win awards ceremony, and enjoy a celebratory beer from Newburgh Brewing Company located on the nearby Hudson Valley Rail Trail. All athletes 21 and over can redeem one free beer following the race!

After a record-breaking weekend, you'll want to lock in your entry for 2026 at record low prices. Before you head home, secure your spot for next year's race at Alpha.Win during the 2-Day Sale!

[CLICK HERE FOR RACE RESULTS!](#)

Start / Finish



Course Key			
—	= 1 Mile	---	= Trail
—	= 5K	💧	= Aid Station
—	= 10K	+	= Medical
—	= Half	♿	= Porta-Potti
—	= Marathon	5	= Mile Marker



Hudson Valley Marathon @ Walkway over the Hudson

ALPHA MILE (out-n-back)

- Start on the Highland side of the Walkway
- Cross Bridge and stay on the paved trail
- Turnaround at 0.5 Miles on the bridge and return on the same route to finish

ALPHA 5K (out-n-back)

- Start on the Highland side of the Walkway
- Cross Bridge and stay on the paved trail
- Turnaround at 1.55 Miles and return on the same route to finish

ALPHA 10K (out-n-back)

- Start on the Highland side of the Walkway
- Cross Bridge and stay on the paved trail
- Turnaround at 3.1 Miles and return on the same route to finish

ALPHA HALF MARATHON (out-n-back)

- Start on the Highland side of the Walkway
- Cross Bridge and stay on the paved trail
- Turnaround at 6.55 Miles and return on the same route to finish

ALPHA MARATHON (out-n-back)

- Start on the Highland side of the Walkway
- Cross Bridge and stay on the paved trail
- Turnaround at 13.1 Miles and return on the same route to finish

Race Information

ATHLETE CHECK IN & BIB PICK-UP

Friday, May 2 2-6pm Fleet Feet Poughkeepsie, 1895 South Road, Poughkeepsie, NY 12601

Saturday, May 3 2-6pm Pavilion at the Mid-Hudson Discovery Museum, 75 North Water Street, Poughkeepsie, NY 12601

Sunday, May 4 5-9am Walkway Over the Hudson, 87 Haviland Road, Highland, NY 12528

Online registration closes Saturday, May 3. **Photo identification** (ie: driver's license, passport, any government issued identification) **is mandatory for packet pickup**. Athletes may pick up other athlete's packets with their own photo identification AND a copy or picture of the other athlete's photo identification. Due to race morning time constraints, all runners are strongly encouraged to pick up their packets prior to race day.

Distance changes must be made known to administration by Friday, May 2. There will be no refund if moving down in distance. If you are moving up in distance, you will be required to pay the difference in registration fee.

PARKING: Parking at the race site is expected to reach capacity by 6:30 am. Additional parking is available with shuttles going to and from the race site at 9555 Route 9W, Highland, NY 12528.

NOTE: The Walkway Over the Hudson will be closed to the public from 5 am to 11 am. **Only participants will be allowed entrance onto the Walkway, starting at 7 am, from the Highland side only. Participants will not be able to enter from the Poughkeepsie side of the Walkway or cross the Walkway to get to the starting line.**

RACE NUMBER & TIMING CHIPS: The Hudson Valley Marathon uses Chip Timing Systems. DO NOT remove the chip from your bib. The bib must be worn EXPOSED on the FRONT of your body. If the bib is covered, worn on your back or you remove the chip, you will not receive a time. Race numbers and timing chips are non-transferable and must be worn only by the participant whom it is assigned.

RACE STARTS TIME:

Marathon	7 am
Half Marathon	7:10 am
5K	7:30 am
10K	8 am
Friend & Family Mile	9:00 am

WATER STOPS / AID STATIONS: There will be water stops / aid stations approximately every 1.5 miles on the course. Aid Stations will provide water, Zym Hydration, and Huma gels. Portable toilets will be placed at the Start/Finish areas, and at the aid stations on the course. Please be respectful of the environment and drop waste near water stops / aid stations.

AWARDS: Overall awards will be given to the top three male and female finishers in each distance and the top three male and female finishers in age groups.

PLEASE NOTE Athletes must be present at the Awards Ceremony to receive an award. Unclaimed awards may be shipped if request is made within two weeks after the event. Athlete is responsible for a \$10 shipping and handling fee.

VOLUNTEERING: It takes many volunteers to make race weekend happen. Those interested in helping (or have friends/family interested in helping) can sign up [online here](#). Positions are available Saturday and Sunday. Be sure to take the time and thank the volunteers who make race weekend possible.

LOST & FOUND: If you lose any clothing or equipment during the race weekend, please see Alpha Win staff at the on-site administration tent to claim it. Any valuables found should be turned into the administration tent. After the event, lost and found inquiries should be directed to Info@Alpha.Win



Rules

BAG CHECK: Bag check will be available for this race. Please bring your belongings in a clear bag. If you do not have a clear bag, we will provide one for you at the race site.

RULES OF COMPETITION:

The Hudson Valley Marathon at the Walkway Over the Hudson, presented by Alpha Win, is a sanctioned USA Track & Field (USATF) race and a Boston Qualifier. The Hudson Valley Marathon at the Walkway Over the Hudson will enforce all USATF rules and conduct guidelines. In order to ensure a safe, fair race, there are a few rules we would like to call to your attention. Failure to abide by these rules may lead to disqualification from the race. Please visit www.USATF.org to view a complete set of competitive rules.

SAFETY:

For everyone's safety, baby joggers, strollers, baby carriers, baby backpacks, inline skates, motorized scooters, bicycles, skateboards, canes, crutches, walkers, walking sticks and animals of any kind are prohibited from the course. Violators will be removed from the course. **Note:** Strollers are welcome in the Friends and Family Mile and the 5K. Please be prepared to start in the last group of runners.

ELECTRONIC DEVICES:

Runners are able to use headphones, but must do so at their own risk. The use of portable listening devices is discouraged for your safety and the safety of others. Runners must be aware of their surroundings at all times and this includes being able to hear any verbal warnings/instructions from police/course officials, or the sound of any vehicles and other participants on course. Becoming a hazard to fellow participants, spectators, course marshals, medical personnel, race officials, or police personnel will result in disqualification.

RACE COURSE COURTESY:

Please be courteous to other runners, volunteers, and officials. Please be aware of other runners and let passing runners through. Please help keep the city and county clean. Do not toss garbage on the road.

ASSISTANCE TO RUNNERS:

Assistance to runners is prohibited. If you do not have an official bib number, you are not permitted on the course.

DOG POLICY: ALL ALPHA WIN EVENTS ADHERE TO A STRICT NO DOGS POLICY

TIME LIMIT:

The time limit is 3.5 hours for the Half Marathon and 6.5 hours for the Marathon. The time limit will be strictly enforced in order to re-open city roads, close aid stations and allow volunteers to start cleaning the course. You may finish on your own, but you will not receive aid, a finisher's medal or time.

PRIZE MONEY:

Prize Money of \$2500 per section will be awarded to the top five overall finishers in the Male and Female divisions of the Naccarato Insurance Marathon as follows: 1st \$1000; 2nd \$750; 3rd \$400; 4th \$250; 5th \$100. Recipients must complete an Official W-9 form at the Admin Tent before departing the race site. Prize Money checks will be made payable and mailed to the recipient name and address on the W-9 form within 14 days. Checks will not be mailed without an official W-9 form on file. While every effort will be made to have accurate results on race day, verified results will be final within 48 hours and recipients will be notified of any changes.

ALL INFORMATION IS SUBJECT TO CHANGE.





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#ADISTANCEFOREVERYONE**



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WE ARE PROUD TO SUPPORT THE HUDSON VALLEY MARATHON!



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Explore the breathtaking beauty of the Hudson Valley like never before with Hudson Valley Detours. We invite you to embark on an extraordinary journey where thrilling outdoor activities curated by Alpha Win Racing, luxurious accommodations at Diamond Mills Hotel, indulgent spa and recovery services at the Waterside Spa, and exceptional dining experiences at BLACKBARN Hudson Valley await. Get ready to experience a world of natural wonders and extraordinary hospitality, all in one remarkable package.



Alpha Win Racing



BLACKBARN
HUDSON VALLEY



DIAMOND MILLS

Getting to know Alpha Win

WHO ARE WE?

Alpha Win was formed in 2020 as a successor to HITS Endurance, and produces more than a dozen events annually in three states; New York, California and Florida, bringing endurance sport to the doorstep of athletes around the country. With the mantra “A Distance For Everyone®,” Alpha Win prides itself on catering to athletes of every level, from the first-time competitor to the elite athlete. With its family-friendly feel and beautiful locations, Alpha Win provides a destination racing series that anyone can enjoy.

Thomas (Tommy) Z Struzziere – Owner, CEO and Race Director Alpha Win

Tommy's interest in endurance sports started at an early age, going to watch his father race and joining in on some early morning track workouts. He fell in love with endurance sports and was named a USA Triathlon All-American age group triathlete at 12 years old. Throughout high school, he began to focus on running and despite several large-scale injuries, ran Division 1 Track and Cross Country at Syracuse University.

In 2020 Tommy took the reins of the family endurance business from his father, rebranding HITS Endurance to Alpha Win, bringing the company into the new decade with a new energy and vigor. With the mantra “A Distance For Everyone®,” Alpha Win prides itself on offering competitive opportunities for everyone, from the beginner athlete to the seasoned veteran, and everyone in between.

Tommy is a USAT-certified race director and has served as a Board Member on the USAT Multisport Committee. His races have been selected multiple times to host USAT Championship Events, including the USAT New York State Championship at Alpha Win Lake George in 2022 and 2025, USAT Military and First Responders National Championships at Alpha Win Palm Springs in 2023 and 2024, and USAT California State Championship at Alpha Win Napa Valley Spring in 2024.

Tommy continues to train in track and road racing, driving himself to be successful both personally and professionally, applying his passion and dedication for endurance sports into all aspects of Alpha Win.



Who is behind **Alpha Win?**

Thomas (Tom) G. Struzziari – Founder HITS Endurance, Assistant Race Director Alpha Win

In 1977, Tom founded what would become the largest equestrian show jumping company in the world, HITS Horse Shows. With the approach of “Grass Roots to Grand Prix,” Tom changed equestrian sport by offering competitive opportunities for riders at all levels, from first-time competitors to seasoned Olympians. HITS Horse Shows were chosen to host multiple international championships including Nations Cup, World Cup and Olympic Qualifying events.

In 2011, Tom combined his passion for events with his personal interest in a healthy active lifestyle and founded HITS Endurance, the predecessor to Alpha Win. He mirrored the competitive format from his equestrian success and brought it to triathlon, where he offered as many as five race distances in a weekend, from an Open introductory race to a 140.6 distance. Under his son’s direction, HITS Endurance, now Alpha Win, carries on this approach, reaching a broad range of athletes at more than a dozen races across the country.

Some of the original races and locations from HITS Endurance remain, such as the Palm Springs (CA) and Sarasota (FL) triathlons, but his son has added his own flair to the races and added some amazing locations such as Napa Valley and June Lake (CA) and Lake George (NY).

Tom continues his active lifestyle, running or biking most every day. He has completed bicycle rides across the United States and South America, and will be biking across Vietnam this summer.

Where will we go next?

Alpha Win is confident you will enjoy every aspect of your race experience, from the course, to the location, to the staff and the smile that will greet you at the finish line. With over 40 years of experience producing major athletic participation events, the Alpha Win team ensures high-quality endurance events with a focus on its participants. Alpha Win offers “A Distance For Everyone®,” because there is an Athlete in Everyone. Let Alpha Win be your next race.



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RACE WITH US



NEW YORK 2025 SERIES

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upcoming races, visit:

[Alpha.Win](https://www.alpha.win)

Hudson Valley Marathon

May 4, 2025:

[Register](#)

Hudson Valley Triathlon

June 28, 2025:

[Register](#)

Lake George Triathlon

August 30-31, 2025:

[Register](#)

Saugerties Triathlon

September 14, 2025:

[Register](#)

[**#ADistanceForEveryone**](#)