# Terms & Conditions – Reset, Restore, Retreat Mini Virtual Event

By registering for the Reset, Restore, Retreat Mini Virtual Event (the "Event") scheduled for September 20–21, 2025, you agree to the following:

### 1. Email Communications & Promotions

By opting in, you consent to receive emails related to the Event, including reminders, updates, and follow-up materials. You also agree to receive occasional newsletters and promotions from the event hosts, Absolute Best, Clarita Bassett and Vanessa Wareberg, RN, BSN. You may unsubscribe at any time by clicking the unsubscribe link in any email.

#### 2. Attendance Commitment

The Event is designed to be an immersive experience. By registering, you understand that to maximize your experience, it is best to:

- Attend both days of the Event via Zoom.
- Log in on time and remain fully present during the scheduled sessions.
- Clear your calendar and minimize distractions so you can receive the full benefit of the program.

## 3. Sharing the Event

We encourage you to invite friends and colleagues who may benefit. You may share the official registration link with others. However, each participant must register individually to receive access details. Sharing the private Zoom link without registration is not permitted.

# 4. Participant Engagement

To get the most out of the Event, you agree to:

- Be ready to engage fully, take notes, and participate in exercises and discussions.
- Approach the sessions with an open mind, curiosity, and respect for other participants.

## 5. Disclaimer

The Event is for educational and inspirational purposes only and does not replace medical, psychological, or professional advice. Always consult a qualified health professional regarding any questions or concerns about your health or wellness.

# 6. Liability

By participating, you release and hold harmless the hosts, facilitators, and any associated parties from liability for any direct or indirect loss, injury, or damage resulting from your participation in the Event.